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The influence of dietary supplementation with ginger ethanol extract on laying hens' production performance, antioxidant capacity, and gut microbiota

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This study aimed to investigate the effects of ginger ethanol extract (GEE) on the production performance, egg quality, serum biochemistry, antioxidant capacity, and gut microbiota of Dawu Golden Phoenix laying hens. The study included 288 Dawu Golden Phoenix laying hens, aged 44 weeks, which were randomly divided into four groups: CON (basal diet), GEE 200 (basal diet + 200 mg kg⁻¹ GEE), GEE 400 (basal diet + 400 mg kg $^{-1}$ GEE), and GEE 600 (basal diet + 600 mg kg $^{-1}$ GEE). The results demonstrated that dietary GEE significantly increased apparent ether extract (EE) digestibility (p < 0.05) compared to the basal diet. Hens that were fed GEE diets exhibited an improved feed-to-egg ratio (FCR) and increased levels of serum total protein (TP) and high-density lipoprotein cholesterol (HDL-C) (p < 0.05), along with reduced levels of serum total triglycerides (TG) and low-density lipoprotein cholesterol (LDL-C) (p < 0.05). Furthermore, dietary GEE (600 mg kg⁻¹) significantly increased serum antioxidant capacity and estradiol (E_2) levels (p < 0.05). No significant differences were observed in alpha and beta diversity across the groups, except for the Chao index (p < 0.05). Bacteroidota and Firmicutes predominated at the phylum level, while Bacteroides emerged as the dominant genus. The Firmicutesto-Bacteroidota ratio tended to increase in the GEE400 and GEE600 groups. At the genus level, hens that were fed 600 mg kg⁻¹ of GEE showed significantly higher abundances of Faecalibacterium and Rikenellaceae_RC9_gut_group, but lower abundances of Bacteroides and unclassified_o_Bacteroidales compared to the CON group (p < 0.05). Correlation analysis revealed that Lactobacillus and Faecalibacterium were positively correlated with antioxidant capacity, indicating that GEE improved antioxidant status by increasing the relative abundances of beneficial intestinal probiotics. The paper concludes with a discussion that GEE supplementation improved animal production by reducing the FCR value and enhancing apparent EE digestibility, while modulating serum biochemical parameters. It also enhanced the antioxidant function by regulating gut microbiota. Therefore, the optimal addition of GEE as a feed additive for laying hens is 600 mg kg^{-1} .

KEYWORDS

ginger ethanol extract, laying hens, egg quality, antioxidation, gut microbiota

1 Introduction

With increasing concerns about food safety, natural feed additives have gained widespread application in laying hen diets due to their eco-friendly characteristics and multifaceted bioactive properties (1). With increasing concerns about food safety, natural feed additives have gained widespread application in laying hen diets due to their eco-friendly characteristics and multifaceted bioactive properties. They effectively improve growth performance and feed conversion ratio (2), a egg quality, antioxidant status, and intestinal health (3, 4), thereby enhancing overall health parameters. Furthermore, phytogenic compounds exhibit the potential to optimize health parameters in poultry production systems. Consequently, the strategic incorporation of natural feed additives into poultry diets has emerged as a focal point for contemporary scientific research.

Ginger ethanol extract (GEE), one of the most prevalent natural feed additives, is derived from Zingiber officinale rhizomes and exhibits potent antioxidant, anti-inflammatory, and antimicrobial properties, along with modulatory effects on neurological activity (5-7). Pretreatment with GEE at doses of 100 and 500 $mg\,kg^{-1}$ body weight (oral administration) mitigates radiation-induced intestinal oxidative stress in mice (8). Growing evidence indicates that ginger-derived compounds, including GEE, enhance growth performance, egg quality, and antioxidant status in poultry (9, 10). Collectively, these findings demonstrate that ginger supplementation improves nutrient absorption, growth efficiency, and oxidative homeostasis in livestock. Recent research highlights a significant correlation between antioxidant capacity, gut microbiota composition, and production performance in animals (11). Despite these advances, the mechanistic effects of GEE on laying hen physiology-particularly regarding egg production, antioxidant pathways, and microbiome-host crosstalk—remain underexplored.

Therefore, the primary objective of this study is to evaluate the effects of dietary ginger ethanol extract (GEE) supplementation on production performance, egg quality, serum antioxidant biomarkers, and gut microbiota composition in Dawu Golden Phoenix laying hens during the production period. Furthermore, this study aims to determine the optimal GEE dosage for practical application as a natural feed additive.

2 Materials and methods

The experimental protocols were approved by the Institutional Animal Care and Use Committee (IACUC) of Henan Agricultural University (Approval No. 11-0099-2023), in compliance with the Guidelines for the Ethical Treatment of Laboratory Animals.

2.1 Materials

GEE was generously donated by Henan Anjin Biotechnology Co., Ltd. (Henan, China). Ginger rhizomes were thoroughly rinsed to remove soil and surface impurities. Subsequently, the cleaned samples were precisely sliced into uniform pieces approximately 3 mm in thickness to ensure consistent drying and extraction performance. These slices were then subjected to hot-air drying in an electric thermostatic drying oven at a temperature of 50 °C for 48 h, effectively reducing the moisture content while preserving thermolabile bioactive

compounds. Thereafter, the dried slices were ground using a grinder and sieved through a 60-mesh (0.28 mm) sieve. Ginger essential oils were extracted via ethanol as follows: dried ginger powder was mixed with 75% ethanol at a liquid-to-solid ratio of 8 mL g⁻¹, extracted at 20 °C-60 °C for 1 h, and then filtered. The resulting essential oil was collected and stored at 4 °C in the dark, preventing its exposure to direct light. The process and efficacy of GEE are as detailed in the patent.1 A powdered additive was prepared by mixing SiO2 as a carrier with GEE at a ratio of 2:1, followed by storage in a sealed container in a cool and dry place. The primary compounds of ginger essential oils were analyzed by Suzhou Panomix Biomedical Tech Co. Ltd. (Suzhou, China) using ultrahigh performance liquid chromatography-tandem mass spectrometry (UPLC-MS/MS) (Supplementary Table S1). The major compounds in GEE, including 6-gingerol, 8-gingerol, and 10-gingerol, were quantified using high-performance liquid chromatography coupled with tandem mass spectrometry (HPLC-MS/MS) (Supplementary Table S2).

2.2 Birds, experiment design, and management

In this study, GEE was added to the diet of growing Japanese quail at concentrations of 200, 400, and 600 mg kg⁻¹, based on the findings of Mohamed et al. (12), which demonstrated that the body weight (BW) of chicks received 250 and 500 mg $kg^{\scriptscriptstyle -1}$ ginger powder significantly increased at 5 and 6 weeks of age, respectively, and Dosoky et al. (13) for laying Japanese quail, which demonstrated that ginger powder (250 and 500 mg kg⁻¹) enhanced blood serum properties and improved reproductive and productive performance. A total of 288 healthy, 44-week-old Dawu Golden Phoenix laying hens were obtained from the Poultry Breeding Center of Henan Province (Tongxu, China) and used in a 56-day study, following a 7-day acclimation period. Initial egg production rates showed no significant intergroup differences. Laying hens were randomly allocated into four dietary treatment groups (n = 6 replicates/group, 12 hens/replicate): CON (basal diet), GEE 200 (basal diet + 200 mg kg⁻¹ GEE), GEE 400 (basal diet + $400 \text{ mg kg}^{-1} \text{ GEE}$), and GEE 600 (basal diet + 600 mg kg^{-1} Laying hens were housed in a metal cage $(L \times W \times H = 38.5 \times 38 \times 34 \text{ cm})$, with three hens per cage. Four cages constituted one replicate unit under a 16: 8 h light: dark photoperiod and at 25 °C-28 °C. Laying hens were provided with ad-libitum constant access to powdered diets and water. The basal diets were formulated according to the National Research Council (NRC) (Table 1) (14) and the Chinese chicken feeding standards (NY/T 823-2020-Performance Terminology and Measurements for Poultry). To ensure uniform mixing in diets, GEE-containing feed was made by mixing GEE with SiO2 as solid support. At the end of the trial, six laying hens per replicate group were humanely euthanized by cervical dislocation. Samples were collected within 3 min of euthanasia,

¹ https://kns.cnki.net/kcms2/article/abstract?v=VgZR0u5wRbyKtDiN5Uobg6pu 30Pg3_sq5Ot5XudaGsqMLSZxWU4sZFBcT9l0m9eTyiMjcnCNPbLjcJFvg21625jlS_EB-isXiuayEpM5ySdHhGjUI7YTY58qyz1HGlAeulloaiHcXRTp-HhLYTsk5EE_cLwslj KuDoRtN5RpYP3BDa7cEYWaGqqA==&uniplatform=NZKPT&language=CHS

TABLE 1 Ingredient and nutrient composition of experimental diets (air-dry basis).

Ingredients	Content, %	Nutrient levels	Content
Corn	58.62	Metabolic energy ^b , KJ kg ⁻¹	11.39
Wheat	3.63	Crude protein ^c , %	15.29
Straw meal	1.00	Crude fatc, %	2.27
Soybean meal	24.08	Calcium ^c , %	3.49
Soybean oil	1.00	Total phosphorus ^c , %	0.58
CaCO ₃	8.80	Lysine ^b , %	0.81
DCP	1.40	Methionine ^b , %	0.36
Salt	0.37	Metabolic energy ^b , KJ kg ⁻¹	11.39
Methionine	0.10		
Premix ^a	1.00		
Total	100.00		

^aThe premix provides a per kg ration of the following elements: copper (20 mg), iron (80 mg), manganese (80 mg), zinc (59 mg), selenium (0.12 mg), iodine (0.55 mg), choline (250 mg), vitamin A (60,100 IU), and vitamin D3. The premix provides the following per kg ration: 20,000 IU of vitamin E, 200 mg of vitamin K3, 20 mg of vitamin B1, 60 mg of vitamin B2, 30 mg of niacin, 10 mg of pantothenic acid, and 0.5 mg of folic acid, in addition to 0.22 mg of biotin. The concentration of pantothenic acid is 10 mg, folic acid is 0.5 mg, and biotin is 0.22 mg.

following the American Veterinary Medical Association (AVMA) Guidelines for the Euthanasia of Animals (2020).

2.3 Productive performance and sample collection

Egg weight and production were recorded daily, while feed intake was measured weekly. These data were used to calculate average daily feed intake (ADFI), laying rate, average egg weight, average daily egg weight (ADEW), and feed-to-egg ratio (FCR = total feed intake/total egg weight).

Fecal samples were collected over a continuous 72-h period (days 53–55) using the total collection method for assessing nutrient digestibility. Proximate analyses of crude protein (CP; GB/T 6432-2018), dry matter (DM; GB/T 6435-2014), ether extract (EE; GB/T 6433-2006), phosphorus (GB/T 6437-2018), and calcium (GB/T 6436-2018) were performed according to Chinese national standards. Apparent nutrient digestibility was determined using acid-insoluble ash (AIA) as an inert marker, and it is calculated as follows:

 $\begin{aligned} & \text{Apparent digestibility of nutrients} \big(\% \big) = \\ & 1 - \frac{\text{content of nutrients in feces}}{\text{content of nutrients in feed}} \times \frac{\text{indicator content in feed}}{\text{indicator content in feces}} \end{aligned}$

Blood samples were collected from laying hens via wing vein venipuncture into ethylenediaminetetraacetic acid (EDTA)-coated vacuum tubes (BD Biosciences) following more than 8 h of overnight fasting. The samples were centrifuged at $1000 \times g$ for 5 min (4 °C). After separation, the serum was immediately stored at -80 °C until analysis. Concurrently, during euthanasia, cecal contents were aseptically collected into cryovials, snap-frozen in liquid nitrogen, and stored at -80 °C for 16S rRNA sequencing.

2.4 Quality assessment of eggs

At the 47th and 51st weeks of hen age (corresponding to 4- and 8-week experimental intervals), 36 eggs per treatment group were randomly selected. The eggs were stored at 25 ± 0.5 °C under 60% relative humidity and analyzed within 24 h post-collection. The egg shape index was evaluated by measuring the length and width using a digital Vernier caliper (606-01, Harbin Tools Electrical Co., Ltd., Harbin, China; accuracy, 0.2 mm). Eggshell thickness (ESS) was determined using a digital peacock dial gauge (P-1 Model, Meg Co. Ltd., Ozaki, Japan), after the removal of shell membrane. Haugh units, albumen height, and yolk color were recorded using an automated egg quality analysis instrument (DET-60000, NABEL Co., Ltd., Japan).

2.5 Serum biochemical parameters

Serum biochemical parameters were measured using an automatic biochemistry analyzer (Hitachi No. 7600-020, Hitachi High-Technologies Corporation, Tokyo, Japan) on day 56 of the trial. This analyzer quantified alanine aminotransferase (ALT), aspartate aminotransferase (AST), total protein (TP), albumin (ALB), total cholesterol (TC), triglycerides (TG), high-density lipoprotein cholesterol (HDL-C), and low-density lipoprotein cholesterol (LDL-C).

2.6 Serum antioxidant capacities

On day 56 of the trial, serum concentrations of total antioxidant capacity (T-AOC), catalase (CAT), superoxide dismutase (SOD), glutathione peroxidase (GSH-Px), and malondialdehyde (MDA) were measured using antioxidant assay kits (Nanjing Jiancheng Bioengineering Co., Ltd., Nanjing, China).

2.7 Serum reproductive hormone content

On day 56 of the trial, serum concentrations of progesterone (P_4), luteinizing hormone (LH), estradiol (E_2), and follicle-stimulating hormone (FSH) were measured using ELISA assay kits (Nanjing Jiancheng Bioengineering Co., Ltd., Nanjing, China).

2.8 Microbial analysis

Total microbial genomic DNA was extracted from the cecal content of laying hens using the QIAamp Fast DNA Stool Mini Kit (Qiagen, Hilden, Germany). DNA purity and concentration were assessed using 1% agarose gel electrophoresis and a Nanodrop-1000 instrument (Thermo Fisher Scientific, Waltham, MA, USA), followed by dilution to 1 ng μ l⁻¹ with sterile water. The V3–V4 region of the bacterial 16S rRNA gene was amplified by PCR, with the amplicons verified on 2% agarose gel. PCR products were then purified using the Qiagen Gel Extraction Kit (Qiagen, Hilden, Germany) following the manufacturer's instructions. This purification step ensured the removal of any non-specific products or impurities, thereby enhancing the quality of the amplicons for downstream analyses.

Sequencing libraries were prepared using the TruSeq DNA PCR-Free Sample Preparation Kit (Illumina, USA) following the

^bThe metabolizable energy, lysine, and methionine values were calculated.

^cValues were measured.

manufacturer's protocol. The quality of the constructed libraries was assessed using a Qubit fluorometer (ThermoScientific) to ensure accurate quantification and integrity. Subsequently, high-throughput sequencing was conducted on an Illumina MiSeq platform (Illumina) at Major Bio. This approach ensured high-quality sequencing data and robust downstream analyses for the study.

Initial tags were filtered to ensure cleanliness and quality, while chimeric sequences were removed. Subsequently, the sequences with a similarity of 97% were grouped into operational taxonomic units (OTUs) using QIIME2 software. Alpha diversity indices, including Chao1, Shannon, and Simpson, and beta diversity were calculated using QIIME2 software and displayed with R software. Beta diversity was calculated using the Bray–Curtis index and visualized through principal coordinate analysis (PCoA) and non-metric multidimensional scaling (NMDS) plots. To infer functional potential, we performed Reconstruction of Unobserved States 2 (PICRUSt2) analysis of on the normalized amplicon sequence variant (ASV) table. This process predicted the abundance of Kyoto Encyclopedia of Genes and Genomes (KEGG) orthologs (KOs), which were then mapped to their respective biochemical pathways.

2.9 Data analysis

All data obtained in this experiment were statistically analyzed using the IBM SPSS Statistics 26.0 statistical package (SPSS Inc., Chicago, IL, USA). One-way analysis of variance (ANOVA) was used to compare the differences between GEE dietary supplements. Prior to ANOVA, the assumptions of normality (Shapiro–Wilk test) and homogeneity of variances (Levene's test) were verified, and the data met these assumptions. The differences between the groups were

assessed by Duncan's multiple comparisons. To evaluate the doseresponse trends, polynomial contrasts were used to test for linear and quadratic effects of dietary GEE supplementation. All results are presented as means \pm standard deviation (mean \pm SD), with statistical significance set at a p-value of <0.05.

3 Results

3.1 Production performance of laying hens among different GEE treatments

Effects of GEE on the production performance of laying hens are presented in Table 2. No significant differences were observed in the ADFI, ADEW, and laying rate among the four treatment groups during the trial period. However, the FCR of laying hens was significantly decreased with GEE supplementation during weeks 48–51 and displayed a linear dose response (p=0.034), with the lowest value observed in the 600 mg kg $^{-1}$ GEE group. This demonstrates that prolonged GEE supplementation beneficially affected the feed efficiency. No significant differences in the FCR were detected during weeks 44–47 or over the entire trial period (weeks 44–51).

3.2 Apparent nutrient digestibility of laying hens among different GEE treatments

The apparent nutrient digestibility of laying hens is shown in Table 3. No significant differences were recorded among groups regarding the apparent nutrient digestibility of DM, CP, Ca, and P. However, the addition of GEE significantly increased the

TABLE 2 Effects of ginger ethanol extract on the production performance in laying hens.

Items	GEE, mg kg ⁻¹			<i>p</i> -Value	p-	-Value				
	CON	200	400	600		Linear	Quadratic			
ADFI, g										
44-47 weeks	109.42 ± 5.36	107.61 ± 5.34	105.57 ± 3.99	105.59 ± 3.15	0.593	0.177	0.382			
48-51 weeks	112.97 ± 3.11	109.79 ± 8.54	107.92 ± 0.70	107.25 ± 4.70	0.427	0.098	0.235			
44-51 weeks	111.20 ± 4.48	108.70 ± 6.69	106.74 ± 2.94	106.51 ± 3.81	0.178	0.052	0.083			
ADEW, g										
44-47 weeks	52.84 ± 1.50	52.42 ± 1.37	51.47 ± 1.55	52.03 ± 1.57	0.453	0.220	0.347			
48-51 weeks	53.52 ± 0.32	52.5 ± 0.62	51.63 ± 1.91	52.69 ± 2.03	0.118	0.228	0.109			
44-51 weeks	53.18 ± 0.88	52.46 ± 0.67	51.54 ± 1.62	52.36 ± 1.72	0.226	0.176	0.086			
Laying rate, %	6									
44-47 weeks	93.15 ± 2.98	92.66 ± 2.73	92.81 ± 3.11	92.86 ± 2.98	0.994	0.908	0.809			
48-51 weeks	91.93 ± 1.19	91.27 ± 1.67	91.32 ± 3.44	92.31 ± 4.16	0.914	0.796	0.756			
44-51 weeks	92.54 ± 1.98	91.96 ± 1.72	92.06 ± 3.31	92.58 ± 3.47	0.970	0.937	0.883			
FCR	FCR									
44-47 weeks	2.07 ± 0.06	2.05 ± 0.06	2.05 ± 0.06	2.03 ± 0.06	0.711	0.250	0.521			
48-51 weeks	2.11 ± 0.01 ^a	2.10 ± 0.03^{ab}	2.09 ± 0.08^{ab}	2.04 ± 0.07 ^b	0.150	0.034	0.080			
44-51 weeks	2.09 ± 0.03	2.08 ± 0.03	2.08 ± 0.06	2.03 ± 0.07	0.259	0.064	0.156			

^{a, b}Means in the same row with different superscripts differ significantly (p < 0.05).

ADFI, average daily feed intake; ADWE, average daily weight eggs; FCR, feed egg ratio: total feed intake/total egg weight.

apparent EE digestibility in laying hens compared to the control group (p < 0.05).

3.3 Egg quality parameters of laying hens among different GEE treatments

Egg quality parameters of laying hens are presented in Table 4. The addition of GEE had no significant effect on the eggshell thickness, albumen height, Haugh unit, yolk color, or egg shape index during the overall trial.

3.4 Serum biochemical parameters of laying hens among different GEE treatments

Serum biochemical parameters of laying hens are shown in Table 5. The results demonstrated that the addition of 600 mg kg $^{-1}$ GEE significantly (p < 0.05) decreased TG and LDL-C levels compared to the control group. Similarly, the addition of GEE significantly increased TP and HDL-C (p < 0.05). Laying hens supplemented with 200 mg kg $^{-1}$ GEE exhibited a higher value for ALB (p < 0.05) than the control group, whereas no significant difference was observed among the 400 and 600 mg kg $^{-1}$ GEE groups. GEE supplementation had no significant effect on ALT, AST, and TC levels.

3.5 Serum antioxidant parameters of laying hens among different GEE treatments

The effects of dietary GEE supplementation on serum antioxidant parameters of laying hens are summarized in Table 6. Compared to the control group, GEE supplementation significantly elevated SOD, GSH-Px, CAT, and T-AOC levels (p < 0.05), with a quadratic dose response (p < 0.001). Conversely, MDA levels were significantly reduced in the GEE-supplemented groups (p < 0.05), with a quadratic dose response (p < 0.001).

3.6 Serum reproductive hormones of laying hens among different GEE treatments

The effect of GEE supplementation on serum reproductive hormone levels in laying hens is presented in Table 7. The results

showed that 600 mg kg⁻¹ GEE supplementation significantly increased $\rm E_2$ levels compared to the control group (p < 0.05), whereas no significant differences were observed in the 200 and 400 mg kg⁻¹ GEE groups. However, LH, $\rm P_4$, and FSH levels remained unaffected by GEE supplementation at any dose.

3.7 Summary of sequence analysis

Across all dietary groups, 3,497 OTUs were identified as core microbiota shared among treatment groups. Distinct OTU distributions were observed for each group: CON contained 719 unique OTUs, GEE200 contained 248 OTUs, GEE400 contained 293 OTUs, and GEE600 contained 508 OTUs (Figure 1A). Figure 1B displays rarefaction curves reaching asymptotic saturation, evidencing adequate sequencing depth (saturation plateau attainment) and near-complete taxonomic coverage across samples.

3.8 Diversity of the cecal microbiota of laying hens

Alpha diversity in the ceca of laying hens at day 56 is presented in Figures 2A–E. Compared to the control group, dietary GEE supplementation significantly reduced the Chao indices (p < 0.05). The Shannon and Simpson indices were unaffected by the addition of GEE to the diet of laying hens. Multivariate analyses of Bray–Curtis distances using PCoA (axis1:40.94% variance) and NMDS (stress = 0.096) revealed a significant clustering pattern ($R^2 = 1.00$, p = 0.001) between the GEE-treated and control cecal microbiota.

3.9 Phylum-level dynamics of laying hens' cecal microbiota

The top 10 dominant bacterial phyla at the phylum level in the ceca microbiota of laying hens, as influenced by dietary supplementation with GEE, are illustrated in Figure 3A. These include *Bacteroidota* and *Firmicutes* among the groups, as well as *Spirochaetota*, *Actinobacteriota*, *Desulfobacterota*, *Synergistota*, *Proteobacteria*, __unclassified_k__norank_d__Bacteria, Campilobacterota, and *Deferribacterota*, with no significant intergroup differences observed. In addition, the predominant

TABLE 3 Effects of ginger ethanol extract on nutrient apparent digestibility in laying hens.

Items		p-Value	<i>p</i> -Value				
	CON	200	400	600		Linear	Quadratic
DM, %	74.07 ± 0.29	70.05 ± 0.09	72.31 ± 0.78	70.21 ± 0.46	0.356	0.054	0.065
CP, %	52.28 ± 3.88	52.44 ± 2.02	52.87 ± 2.2	53.15 ± 4.07	0.986	0.689	0.926
EE, %	81.69 ± 3.11 ^b	86.08 ± 0.49^{a}	87.2 ± 0.28 ^a	87.44 ± 1.21 ^a	0.010	0.004	0.003
Ca, %	38.78 ± 2.49	41.6 ± 0.59	42.59 ± 1.78	42.92 ± 6.63	0.531	0.151	0.312
P, %	32.58 ± 2.35	36.35 ± 1.5	34.15 ± 4.47	30.07 ± 3.32	0.171	0.315	0.080

DW, dry matter; CP, crude protein; EE, crude fat; Ca, calcium; P, phosphorus.

 $^{^{}a,b}$ Means in the same row with different superscripts differ significantly (p < 0.05).

TABLE 4 Effects of ginger ethanol extract on the egg quality in laying hens.

Items	GEE, mg kg ⁻¹			p-Value	p-	-Value				
	CON	200	400	600		Linear	Quadratic			
Egg shell thic	Egg shell thickness (ESS), mm									
47 weeks	0.38 ± 0.01	0.38 ± 0.01	0.38 ± 0.02	0.37 ± 0.01	0.416	0.466	0.341			
51 weeks	0.37 ± 0.01	0.37 ± 0.02	0.37 ± 0.01	0.37 ± 0.01	0.780	0.411	0.595			
Albumen heig	ght, mm									
47 weeks	6.37 ± 0.25	6.13 ± 0.28	6.05 ± 0.18	6.05 ± 0.41	0.229	0.060	0.110			
51 weeks	4.23 ± 0.05	4.15 ± 0.22	4.12 ± 0.46	4.13 ± 0.05	0.863	0.465	0.684			
Haugh units										
47 weeks	77.25 ± 2.44	78.72 ± 2.83	79.30 ± 1.11	78.42 ± 2.82	0.523	0.356	0.319			
51 weeks	60.97 ± 2.92	60.37 ± 2.23	60.77 ± 6.72	60.48 ± 1.53	0.993	0.879	0.984			
Yolk color										
47 weeks	13.70 ± 0.06	13.70 ± 0.19	13.73 ± 0.15	13.83 ± 0.08	0.278	0.078	0.140			
51 weeks	13.57 ± 0.1	13.55 ± 0.05	13.60 ± 0.09	13.62 ± 0.18	0.753	0.343	0.606			
Egg shape ind	Egg shape index, mm									
47 weeks	1.31 ± 0.01	1.31 ± 0.01	1.31 ± 0.01	1.31 ± 0.02	0.182	0.673	0.397			
51 weeks	1.30 ± 0.02	1.31 ± 0.01	1.31 ± 0.02	1.32 ± 0.01	0.166	0.029	0.082			

Different lowercase letters of peer shoulder notes indicate significant differences (p < 0.05), and no letters or identical letters indicate no significant difference (p > 0.05).

TABLE 5 Effects of ginger ethanol extract on serum biochemical indexes in laying hens.

Items	GEE, mg kg ⁻¹			<i>p</i> -Value	<i>p</i> -Value		
	CON	200	400	600		Linear	Quadratic
ALT, U L ⁻¹	62.13 ± 6.90	53.93 ± 16.04	53.23 ± 13.53	51.63 ± 15.11	0.777	0.399	0.461
AST, U L ⁻¹	222.08 ± 11.23	229.72 ± 5.57	230.34 ± 7.05	224.73 ± 3.91	0.272	0.060	0.100
ALB, g L ⁻¹	19.25 ± 0.63 ^b	23.68 ± 2.80°	20.30 ± 1.27 ^b	21.12 ± 1.75 ^b	0.003	0.405	0.065
TP, g L ⁻¹	37.88 ± 2.71 ^b	45.80 ± 5.46 ^a	50.27 ± 5.53 ^a	46.25 ± 6.21 ^a	0.004	0.006	0.020
TG, mmol L ⁻¹	13.10 ± 0.97^{a}	12.91 ± 1.11 ^{ab}	11.38 ± 1.09 ^b	8.83 ± 0.91°	< 0.001	0.061	0.196
TC, mmol L ⁻¹	2.47 ± 0.29	2.30 ± 0.55	2.15 ± 0.04	2.17 ± 0.06	0.556	0.876	0.086
LDL-C, g L ⁻¹	2.18 ± 0.14 ^a	2.12 ± 0.04^{a}	1.66 ± 0.09bc	1.56 ± 0.06°	< 0.001	0.268	0.165
HDL-C, g L ⁻¹	0.36 ± 0.01^{b}	0.48 ± 0.03^{a}	0.53 ± 0.06^{a}	0.41 ± 0.15^{ab}	0.004	0.196	0.171

AST, aspartate aminotransferase; ALT, alanine aminotransferase; GLU, glucose; ALB, albumin; TP, total protein; TG, total triglyceride; TC, total cholesterol; LDL-C, low-density lipoprotein cholesterol; HDL-C, high-density lipoprotein cholesterol. a.b.c Means in the same row with different superscripts differ significantly (p < 0.05).

TABLE 6 Effects of ginger ethanol extract on serum antioxidant status in laying hens.

Items		GEE, ı	p-Value	p-Value			
	CON	200	400	600		Linear	Quadratic
SOD, U ml ⁻¹	3656.65 ± 119.95°	4209.72 ± 40.55 ^b	4754.66 ± 230.88 ^a	4509.73 ± 326.92 ^{ab}	0.001	0.359	<0.001
GSH-Px, U ml ⁻¹	5636.63 ± 298.95 ^d	8895.39 ± 791.64°	11181.03 ± 835.93 ^b	13436.89 ± 889.04 ^a	< 0.001	0.031	< 0.001
CAT, U ml ⁻¹	74.62 ± 4.19 ^d	93.75 ± 5.48°	154.94 ± 11.40 ^b	183.17 ± 14.97 ^a	< 0.001	0.068	<0.001
T-AOC, nmol ml ⁻¹	2.05 ± 0.59 ^b	4.09 ± 0.63 ^a	4.09 ± 0.66^{a}	4.02 ± 0.89 ^a	< 0.001	0.831	<0.001
MDA, mmol ml ⁻¹	94.48 ± 3.27 ^a	47.17 ± 4.96 ^b	46.71 ± 1.93 ^b	44.95 ± 1.93 ^b	<0.001	0.507	<0.001

SOD, superoxide dismutase; GSH-Px, glutathione peroxidase; CAT, catalase; T-AOC, total antioxidant capacity; MDA, malondialdehyde. **. Means in the same row with different superscripts differ significantly (p < 0.05).

genera included *Bacteroidota* and *Firmicutes* among the groups, accounting for over 90% of the total microbiota in the cecal microbiota of laying hens. Compared to the control group (Figure 3B), the *Firmicutes/Bacteroidota* ratio was elevated in the GEE400 and GEE600 groups.

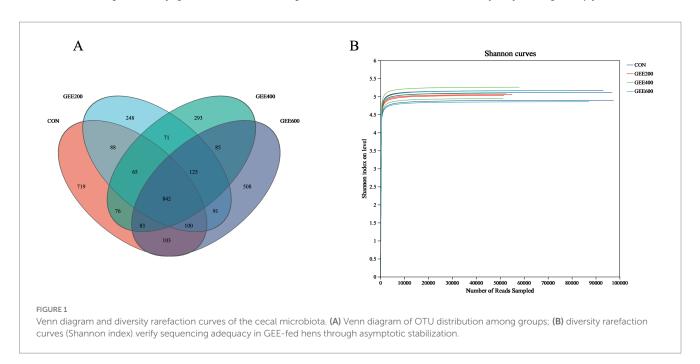
3.10 Genus-level dynamics of laying hens' cecal microbiota

The abundance of the top 10 bacterial genera at the genus level in the cecal microbiota of laying hens among different GEE treatments

TABLE 7 Effects of ginger ethanol extract on serum reproductive hormones in laying hens.

Items	GEE, mg kg ⁻¹				p-Value	<i>p</i> -Value	
	CON	200	400	600		Linear	Quadratic
E ₂ , pmol g ⁻¹	0.60 ± 0.05 ^b	0.64 ± 0.02^{ab}	0.66 ± 0.02^{ab}	0.69 ± 0.04^{a}	0.053	0.004	0.015
LH, ng g ⁻¹	0.29 ± 0.04	0.30 ± 0.03	0.29 ± 0.03	0.31 ± 0.01	0.579	0.265	0.002
P ₄ , pmol g ⁻¹	15.50 ± 27.69	15.87 ± 0.43	16.84 ± 1.38	16.88 ± 0.53	0. 634	0.194	0.178
FSH, U g ⁻¹	0.08 ± 0.01	0.08 ± 0.01	0.08 ± 0.01	0.09 ± 0.01	0.473	0.292	0.436

 E_2 estradiol; LH, luteinizing hormone; P_4 progesterone; FSH, follicle-stimulating hormone. **\frac{a.b.c}{c}\$ Means in the same row with different superscripts differ significantly (p < 0.05).



is illustrated in Figures 4A–C. Predominant genera included Bacteroides, Rikenellaceae_RC9_gut_group, unclassified_o_Bacteroidalesi, Ruminococcus_torques_group, and Faecalibacterium among groups. Heatmap visualization of species-level abundance is shown in Figure 4A, with the top five dominant genera at the genus level displayed in Figure 4B. Compared to the control group, the 600 mg kg⁻¹ GEE group showed significantly increased abundance of Faecalibacterium and Rikenellaceae_RC9_gut_group (p < 0.05), but reduced abundance of Bacteroides and unclassified_o_Bacteroidalesi in the 600 mg kg⁻¹ GEE group were lower (p < 0.05). No significant differences were observed between the 200 and 400 mg kg⁻¹ GEE groups, and Ruminococcus_torques_group abundance remained unaffected across treatments.

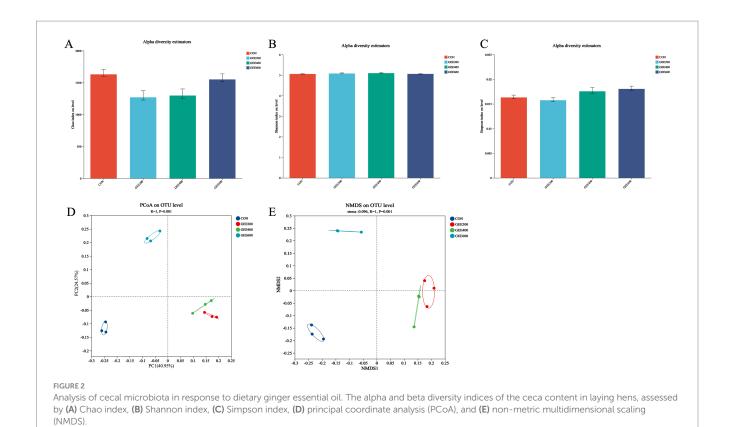
3.11 Genus LEfSe analysis

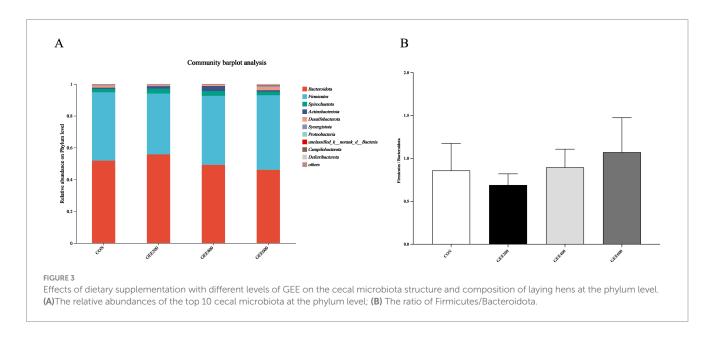
Linear discriminant analysis effect size (LEfSe) analysis identified the top five differentially abundant microbial taxa (LDA score >2, p < 0.05) in the cecal microbiota of laying hens, with taxonomic distribution visualized in Figure 5A and a phylogenetic cladogram presented in Figure 5B. In the control group, g_Alistipes, o_Erysipelatrichales, f_Erysipelatoclostridiacea, g_Erysipelatoclostridium, and g_Sellimonas increased. In GEE200, o_Christensenellales, f_Christensenellaceae,

g_Christensenellaceae_R-7_group, f_Barnesiellaceae, and g_Barnesiella markedly increased. In GEE400, o_Coriobacteriales, c_Coriobacteriia, p_Actinobacteriota, g_Lachnoclostridium, and o_Peptococcales increased. In GEE400, g_Faecalibacterium, o_Acidaminococcale, c_Negativicute, g_Phascolarctobacterium, and f_Acidaminococcaceae increased.

3.12 Correlation analysis

To delineate the functional interplay between gut microbiota dynamics and antioxidant status, Spearman's rank-order correlation analysis was systematically conducted (Figure 6) to assess associations with serum levels of oxidative biomarkers: malondialdehyde (MDA), glutathione peroxidase (GSH-Px), total antioxidant capacity (T-AOC), catalase (CAT), and superoxide dismutase (SOD) in laying hens. The MDA level was positively correlated with the abundance of *Ruminococcus_torques_group*, whereas the MDA level was negatively correlated with the abundance of *Lactobacillus* (p < 0.05). The T-AOC activity was positively correlated with the abundance of *Lactobacillus* (p < 0.05). Moreover, the CAT activity was positively correlated with the abundances of *Faecalibacterium* and *Phascolarctobacterium* (p < 0.05), whereas the CAT activity was negatively correlated with the abundances of *unclassified_o_Bacteroidales* and *Alistipes* (p < 0.05).





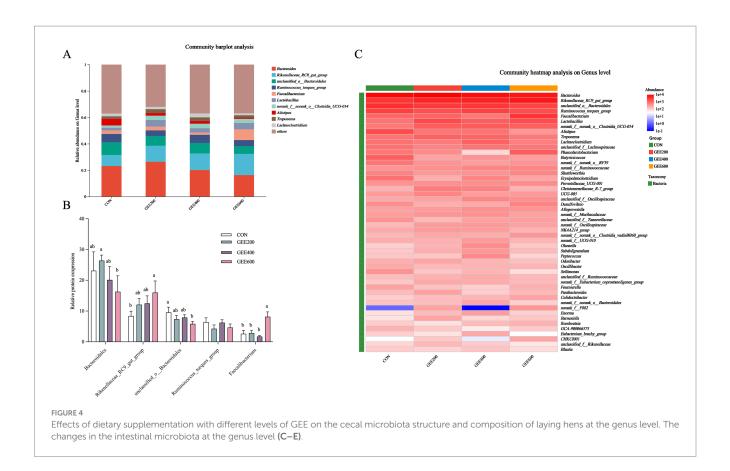
3.13 Functional prediction based on PICRUSt2

Following the functional prediction using PICRUSt2 (Figure 7), this study further analyzed the pathway-level functional classifications of the predicted genes. Major enriched pathways included carbohydrate metabolism, amino acid metabolism, energy metabolism, metabolism of cofactors and vitamins, translation, replication and repair, nucleotide metabolism, membrane transport,

and glycan biosynthesis and metabolism. These variations in metabolic pathways may influence the antioxidant capacity and performance of laying hens.

4 Discussion

Egg-laying hens frequently encounter multiple stressors arising from their environmental conditions and the inherent physiological



demands of reproduction (15), which ultimately impair egg production and quality. In recent years, plant extracts have gained attention as sustainable alternatives, offering concentrated sources of key bioactive compounds, including plant essential oils, polyphenols, flavonoids, and polysaccharides. These natural formulations exhibit high potential to enhance egg quality and support digestive function in laying hens (16–18). Ginger oil contains bioactive compounds such as α -zingiberene, β -pinene, camphene, α -farnesene, β-sesquiphellandrene, which demonstrate strong antioxidant activity, free radical scavenging, metal chelating, and enzyme inhibition capacities (19). In the current study, the dietary supplement GEE did not affect the ADFI, ADEW, or laying rate but significantly increased the feed conversion ratio (FCR) during weeks 5–8 of the experiment. Laying hens fed the 600 mg kg⁻¹ GEE-supplemented diet, exhibited the most favorable FCR, while the poorest FCR was recorded in laying hens that were fed the basal diet. The change in FCR due to the supplementation of GEE in the laying hen diet can be attributed to its impact on nutrient digestibility, which is reflected in the improvement of daily body weight gain and FCR (20, 21). The current results of this study are consistent with those of Al-Ghamdi (22), who used a ginger and cinnamon oil mixture (0.25 mL + 0.25 mL kg⁻¹ diet) on 1-day-old quail that significantly improved the FCR and antioxidant capacity. In addition, Dosu et al. (23) found that using 0.75% ginger root extract in broiler chickens improved the FCR and body weight. Furthermore, Mohamed et al. (12) reported that dietary supplementation with 500 mg kg⁻¹ ginger powder significantly improved the feed conversion ratio for Japanese quail. However, Dosoky et al. (13) demonstrated that ginger powder supplementation (250 and 500 mg kg⁻¹) had no significant effect on egg-laying rate, average egg weight, or feed

conversion ratio for Japanese quail laying rate from 12 to 21 weeks of age. The discrepancy may be related to the species of avian, the dose of ginger, and the ginger essential oil. Above all, these results demonstrate that dietary GEE or ginger powder is a potent feed additive to increase feed conversion ratio, which may be due to ginger's ability to improve antioxidant properties in animals. The crude apparent fat (EE) digestibility was significantly improved due to the supplementation of GEE in the diet of laying hens, which explains the improvement of the FCR in laying hens treated with GEE in their diet. Amber et al. (2021) reported that dietary supplementation with ginger root powder in rabbits under heat stress enhanced the growth productivity and nutrient digestibility (24).

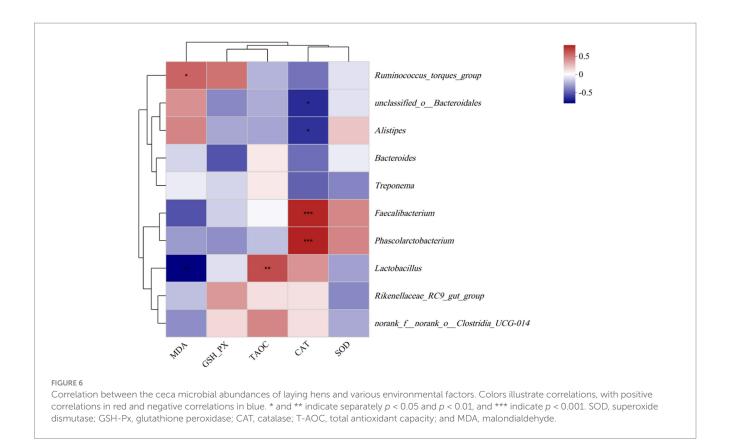
Dietary supplementation with GEE had no effect on the eggshell thickness, albumen height, Haugh unit, yolk color, or egg shape index of laying hens among groups, which is inconsistent with the results of Nemati et al. (25), who suggested that supplementation with ginger root powder (0.5, 1, and 1.5 g kg⁻¹) has no significant effect on the egg quality of laying Japanese quails, including the shape index, albumen index, albumen, yolk, and shell. The Haugh unit value of eggs from laying hens was evaluated after the administration of GEE in this study, which may be due to the antioxidant properties of ginger essential oil. Previous studies have reported that dietary supplementation with ginger in poultry diets improves the activity of antioxidant enzymes and decreases the content of MDA (26, 27), which benefits egg quality, such as Haugh units and egg yolk (28). Similar to the results in the current study, Wen et al. (9) reported that dietary supplementation with ginger root had no significant effects on shell thickness, albumen height, Haugh unit, or shell strength of laying hens' eggs, which may be related to the dose of ginger extract. Nemati

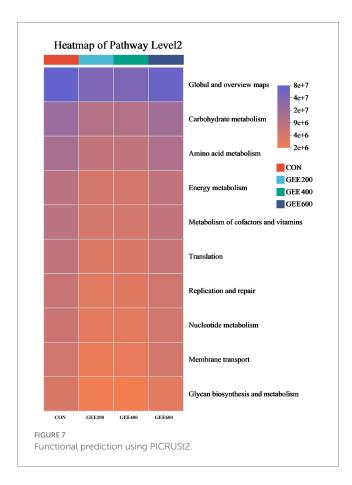


et al. (25) reported that dietary supplementation with ginger root powder (0.5, 1, and 1.5 g kg $^{-1}$) did not affect the quality of quail eggs (e.g., shape index, albumen index, albumen, yolk, and shell) (25). However, it improved the total antioxidant capacity and decreased the MDA content in serum.

In the present study, the total serum triglycerides and low-density lipoprotein cholesterol decreased with dietary supplementation of GEE in laying hens, while total protein, ALB, and high-density lipoprotein cholesterol increased. These results are consistent with the

findings of Herve et al. (29), who reported that laying Japanese quail treated with ginger (*Zingiber officinale, Roscoe*) essential oil at doses of 50, 100, and 150 μ L kg⁻¹ body weight for 9 weeks showed decreased triglycerides and low-density lipoprotein cholesterol levels. Al-Ghamdi (22) also noted an increase in high-density lipoprotein cholesterol and a decrease in triglycerides and low-density lipoprotein cholesterol in quail treated with ginger and cinnamon oil mixture (0.25 mL + 0.25 mL kg⁻¹ diet). Similarly, Habibi et al. (27) demonstrated that dietary supplementation with 150 mg kg⁻¹ ginger





essential oil significantly increased total protein and albumin levels in the serum of broiler chicks. Qorbanpour et al. (7) reported that broiler chickens receiving 0.25% ginger showed no significant effect on high-density lipoprotein cholesterol and low-density lipoprotein cholesterol concentrations. Lower high-density lipoprotein cholesterol and higher triglyceride levels can result in metabolic syndrome. The results from the current study indicate that dietary supplementation with GEE improved the EE digestibility and the health of laying hens.

Production performance was gradually positively related to the antioxidative capacity of laying hens (30). Shen et al. (31) demonstrated that reactive oxygen species increase during the reproductive process. The activities of total antioxidant capacity, glutathione peroxidase, and superoxide dismutase were lower, and the malondialdehyde level was higher in the livers of 580-day-old laying hens than in those of younger laying hens during the reproductive process and aging. Therefore, improving and repairing the antioxidant capacity are necessary reproductive processes. The antioxidant properties of ginger and GEE have been attributed to the accumulation of antioxidant compounds such as phenolic compounds (32, 33). Ginger (Zingiber officinale) has demonstrated antioxidant effects by increasing the activities of glutathione peroxidase and total antioxidant capacity and decreasing the malondialdehyde level (34). Herve et al. (35) reported that dietary supplementation with ginger (Zingiber officinale, Roscoe) essential oil improved the antioxidative state of male Japanese quail by increasing the serum antioxidant enzyme activities of catalase, superoxide dismutase, and glutathione, while decreasing the level of malondialdehyde. Notably, the activity of antioxidant enzymes is a crucial indicator of antioxidant function in laying hens. In the present

study, the serum contents of superoxide dismutase, glutathione peroxidase, catalase, and total antioxidant capacity were significantly increased, while the serum level of malondialdehyde decreased significantly in laying hens treated with GEE. The increases in superoxide dismutase, glutathione peroxidase, catalase, and total antioxidant capacity, as well as the decrease in malondialdehyde, may be attributed to the antioxidant effect of GEE (35). Overall, these results demonstrate that dietary supplementation with GEE may be a potent antioxidative agent for improving the health status of animals.

The decrease in antioxidant capacity is also associated with changes in the secretion of reproductive hormones, which are closely linked to the production performance of laying hens. He et al. (36) confirmed that the increase in production performance was positively related to the antioxidant capacity of laying hens. El Makawy et al. (37) indicated that the enhancement of antioxidant capacity, including the increase in superoxide dismutase and catalase, and the decrease in malondialdehyde in mice after the addition of ginger oil, was consistent with the elevation of reproductive hormones. This finding aligns with the results of the present research: dietary supplementation with GEE increased the levels of estradiol, luteinizing hormone, progesterone, and folliclestimulating hormone, further clarifying the reason for the improvement in FCR with the supplementation of GEE in laying hens. Consistent with this study, the increase in production performance and antioxidant capacity is associated with an improvement in reproductive hormones in laying hens (38).

The gut microbiota affects the health, antioxidant capacity, and production performance of animals (11). Therefore, the effects of dietary GEE supplementation on the cecal microbiota in laying hens were sequenced and analyzed. The alpha diversity index reflects the result of the diversity of microorganisms. The higher level of the Chao1 index indicates a lower abundance of dominant species in the community (39). The higher the Shannon index, the greater the community diversity and species distribution, and the higher the Simpson index, the better the uniformity of gut microbiota species (40). In this study, there was no significant effect of dietary supplementation with GEE on the Shannon and Simpson indices. However, a significant decrease in the Chao1 index was observed in the 200 and 400 mg kg⁻¹ GEE groups compared to the control and 600 mg kg⁻¹ GEE groups, which may be related to the amount of GEE in the diet of laying hens. In addition, previous research demonstrated that a higher FCR is associated with a lower alpha diversity index of the gut microbiota (41, 42), which is consistent with the results of this study.

Bacteroidota and Firmicutes are key components of the gut microbiota and are known to include short-chain fatty acid-producing bacteria (43), which provide energy for animal metabolic activities by fermenting carbohydrates and degrading plant-derived materials (44). In addition, they promote intestinal barrier function (45), thereby improving the FCR (46). From the phylum level results, it can be depicted that Bacteroidota and Firmicutes in the ceca of laying hens are predominant, and the Firmicutes and Bacteroidota ratio increased in the 600 mg kg⁻¹ GEE groups compared to the control group. The results of this study were inconsistent with previous research (42, 47), which demonstrated that Firmicutes and Bacteroidota are the predominant phyla in avian microbiota. In addition, Bacteroidota, Firmicutes, and Actinobacteriota are the dominant gut microbiota, which elevated the FCR in chickens (48). Pretreatment with GEE at

levels of 100 and 500 mg kg⁻¹ body weight (oral administration) mitigates radiation-induced intestinal oxidative stress in mice (8).

At the genus level, the abundances of Faecalibacterium and Rikenellaceae_RC9_gut_group significantly increased in the 600 mg kg⁻¹ GEE group. Faecalibacterium was abundant in the cecal microbiota of laying hens, which is beneficial to humans and animals (49). Wang et al. (50) demonstrated that ginger juice increased the relative abundance of Faecalibacterium in the gut microbiota of humans from 5.85 to 7.79%. The increase in Faecalibacterium abundance proved that laying hens were in good health after feeding 600 mg kg⁻¹ GEE. Health-promoting gut microbes include Faecalibacterium, a microbe that produces butyric acid, whose antioxidant effects on the body are fundamentally derived from the regulation of the Nrf2 gene and GSH-Px. The increase in the abundance of Faecalibacterium indicated that the level of butyric acid produced increased, thereby increasing its antioxidant capacity (51, 52). Curcumin stimulates the growth of Lactobacillus in cecal, and this activity is related to its anti-inflammatory effect. The relative abundance of lactic acid bacteria increased significantly, thereby increasing the potential population of beneficial bacteria in the cecum (53). Luo et al. (54) reported that supplementation with ginger volatile oil increased the abundance of Lactobacillus in the ceca of mice, thereby inhibiting the proliferation of MDA-MB-231 breast cancer cells. Rikenellaceae_RC9_gut_group in the gut had a potential protective impact by altering the fecal metabolites of weaned piglets (55). All the above results demonstrated that changes in Faecalibacterium and Rikenellaceae_RC9_gut_group in the ceca are beneficial for animal health, which is inconsistent with this research, as the supplementation of GEE increased the FCR in chickens.

The correlations between antioxidant capacity and gut microbiota showed that bacteria from the genus Faecalibacterium had positive associations with antioxidant capacity, while Ruminococcus_torques_group, unclassified_o_Bacteroidales, and Alistipes had negative relationships with antioxidant capacity. Faecalibacterium and Lactobacillus have been proven to be beneficial for production performance. According to the functional prediction using PICRUSt2, CUR supplementation may enhance the antioxidant capacity of laying hens by affecting short-chain fatty acid synthesis. The addition of GEE significantly increased their relative abundance at the genus level, indicating that GEE improved antioxidant effects by elevating the relative abundance of intestinal beneficial probiotics.

5 Conclusion

In conclusion, GEE increased production performance by improving the FCR, total protein, high-density lipoprotein cholesterol, antioxidant capacity, and estradiol in serum, while decreasing total triglyceride and low-density lipoprotein cholesterol levels in serum, as well as enhancing cecal beneficial microflora in laying hens. Dietary supplementation of 600 mg kg⁻¹ GEE to Dawu Golden Phoenix laying hens is the appropriate dosage in the present study. In the future, GEE aligns with global trends toward sustainable and welfare-friendly animal production. The observed improvements in FCR could directly reduce production costs and environmental impact. Moreover, the enhancement of antioxidant capacity suggests the potential for creating premium, value-added products. Based on our results,

we propose that a dosage of 600 mg kg⁻¹ diet warrants further pilot-scale evaluation as a potential strategy to enhance productivity and sustainability in the laying hen industry. Furthermore, using omics technologies (e.g., RNA-sequencing and metabolomics) would provide a system-level understanding of GEE's mechanism of action, identifying key genes and metabolic pathways beyond antioxidant responses.

Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

Ethics statement

The animal study was approved by the experimental protocols were approved by the Institutional Animal Care and Use Committee (IACUC) of Henan Agricultural University (Approval No. 11-0099-2023), in compliance with the Guidelines for the Ethical Treatment of Laboratory Animals. The study was conducted in accordance with the local legislation and institutional requirements.

Author contributions

SJ: Data curation, Methodology, Investigation, Writing - original draft, Funding acquisition. JS: Data curation, Methodology, Formal analysis, Writing - review & editing, Software. MZ: Methodology, Investigation, Writing - review & editing, Data curation. XhL: Methodology, Writing - review & editing, Conceptualization. KY: Methodology, Writing - review & editing, Investigation. ES: Methodology, Investigation, Writing - review & editing, Formal analysis, Writing - original draft. PW: Methodology, Investigation, Writing - review & editing. CL: Methodology, Writing - review & editing, Investigation. LW: Writing - review & editing, Visualization, Investigation, Methodology. XxL: Resources, Methodology, Investigation, Writing - review & editing. QY: Investigation, Project administration, Funding acquisition, Supervision, Writing - review & editing, Methodology. ZY: Validation, Writing - review & editing, Visualization. XD: Writing - review & editing, Visualization, Validation. JC: Methodology, Resources, Writing - review & editing, Project administration, Funding acquisition, Investigation.

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Conflict of interest

ZY was employed by Henan Anjin Biotechnology Co., Ltd. XD was employed by Henan Delin Biological Product Co. Ltd.

The remaining authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fvets.2025.1652982/full#supplementary-material

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