

### **OPEN ACCESS**

EDITED BY
Tong Wang,
Duke University, United States

REVIEWED BY
Worradorn Phairuang,
Chiang Mai University, Thailand
Panpan Gu,
Fudan University, China
Zixu Wang,
Bicycle Therapeutics, United Kingdom

\*CORRESPONDENCE
Jin Hwa Lee

☑ jinhwalee@ewha.ac.kr

<sup>†</sup>These authors have contributed equally to this work and share first authorship

RECEIVED 08 July 2025 ACCEPTED 09 September 2025 PUBLISHED 30 September 2025

### CITATION

Kim NE, Lee J-Y, Lee GY, Lee CY, Park S, Ryu YJ and Lee JH (2025) Long-term exposure to fine particulate matter, ozone, and greenness and the risk of lung cancer: a retrospective cohort analysis within a national sample cohort.

Front. Public Health 13:1661937. doi: 10.3389/fpubh.2025.1661937

### COPYRIGHT

© 2025 Kim, Lee, Lee, Lee, Park, Ryu and Lee. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.

# Long-term exposure to fine particulate matter, ozone, and greenness and the risk of lung cancer: a retrospective cohort analysis within a national sample cohort

Nam Eun Kim<sup>1†</sup>, Ji-Young Lee<sup>2†</sup>, Ga Young Lee<sup>1</sup>, Chai Young Lee<sup>1</sup>, Sojung Park<sup>1</sup>, Yon Ju Ryu<sup>1</sup> and Jin Hwa Lee<sup>1\*</sup>

<sup>1</sup>Division of Pulmonary and Critical Care Medicine, Department of Internal Medicine, College of Medicine, Ewha Womans University, Seoul, Republic of Korea, <sup>2</sup>Inflammation-Cancer Microenvironment Research Center, College of Medicine, Ewha Womans University, Seoul, Republic of Korea

**Background and objective:** Given the rising incidence of lung cancer among never smokers and growing concerns about environmental risk factors, this study investigated the association between long-term exposure to air pollution and greenness and the risk of lung cancer.

**Methods:** We conducted a retrospective cohort analysis using data from the Korean National Sample Cohort (2002–2019), including 7,155 lung cancer patients and 28,620 propensity score-matched controls (matched by age, sex, and enrollment year). Long-term exposure to air pollution (quantified by  $PM_{2.5}$  and  $O_3$  concentrations) and greenness (quantified by the normalized difference vegetation index, NDVI) was estimated based on residential area. Cox proportional hazards models were used to assess associations between exposure and lung cancer risk.

**Results:** Among 35,775 participants, lung cancer patients had lower BMI, higher smoking exposure, lower household income, and higher comorbidity scores than controls.  $PM_{2.5}$  exposure showed a modest association with increased lung cancer risk in the highest tertile (aHR = 1.06; 95% CI = 1.01–1.13). O<sub>3</sub> exposure was consistently associated with elevated risk across all tertiles (aHR = 1.42; 95% CI = 1.34–1.50). Greenness exposure demonstrated a protective effect (aHR = 0.89; 95% CI = 0.86–0.91). Subgroup analyses indicated that  $PM_{2.5}$  effects were more pronounced among male never smokers,  $O_3$  exposure was associated with higher risk in female never smokers and males overall, and NDVI showed protective associations across all subgroups.

**Conclusion:** Long-term exposure to air pollution, particularly  $O_3$ , was significantly associated with an increased risk of lung cancer, independent of other confounders. In contrast,  $PM_{2.5}$  showed only a modest and inconsistent association, while high greenness exposure demonstrated a protective effect. These findings emphasize the need for region-specific environmental policies aimed at improving air quality and enhancing access to green spaces to reduce lung cancer risk.

KEYWORDS

particulate matter, ozone, greenness, lung cancer risk, air pollution

### Introduction

Particulate matter (PM) is classified by aerodynamic diameter, which determines how deeply particles penetrate into the respiratory tract. Fine particles (PM<sub>2.5</sub>;  $\leq$ 2.5 µm) can reach the alveoli and enter systemic circulation (1, 2). Long term exposure to PM<sub>2.5</sub> adversely affects multiple organ systems (3), contributing to respiratory diseases such as chronic obstructive pulmonary disease (4), cardiovascular disease (5), neurodegenerative disorders (6). These health effects are mediated by biological mechanisms including oxidative stress, inflammation, DNA damage, and epigenetic alterations (5, 7–9).

Ozone (O<sub>3</sub>), another major ambient air pollutant, is a highly reactive gas with well-documented adverse effects on both respiratory and cardiovascular health (10, 11). Large cohort studies have demonstrated that long-term exposure is associated with increased respiratory mortality, with a 10 ppb rise in ozone concentration conferring approximately a 4% higher risk of death from respiratory causes, independent of PM<sub>2.5</sub> exposure (12). In addition, ozone exposure has been linked to new-onset asthma in children and exacerbation of asthma symptoms in affected individuals (13). The underlying biological mechanisms involve oxidative stress and the generation of reactive oxygen species, which damage DNA, impair antioxidant defenses, and induce chronic airway inflammation and epithelial injury (14, 15). Collectively, these processes may contribute to cellular proliferation, mutagenesis, and the initiation of lung carcinogenesis (16).

Multiple epidemiological studies have demonstrated a significant association between exposure to PM2.5 and elevated lung cancer risk, particularly in cases with a higher concentration and longer duration of exposure. In the European ESCAPE study, each 5 μg/m³ increase in PM<sub>2.5</sub> concentrations was associated with an 18% increase in lung cancer risk (17). A large U. S. cohort study similarly reported increased rates of lung adenocarcinoma among never-smokers exposed to PM<sub>2.5</sub> (18). In another long-term investigation with a median follow-up of 10 years, PM<sub>2.5</sub> exposures was associated with a 12% increase in lung cancer risk (19). Meta-analyses further support these findings, consistently demonstrating that exposure to PM<sub>2.5</sub> or PM<sub>10</sub> is linked to elevated lung cancer risk (20). Evidence from East Asia aligns with these observations; large-scale cohort studies have reported significant associations between PM<sub>2.5</sub> exposures and both lung cancer incidence and mortality (21). A nationwide Chinese study also demonstrated significant associations between ambient PM2.5 concentrations and cause-specific mortality, including deaths from lung cancer (22). In Korea, an NHIS-based cohort study further reported elevated lung cancer mortality among individuals exposed to ozone alone or in combination with PM<sub>2.5</sub> with odds ratios ranging from 1.15 to 1.27 (23).

Based on accumulating evidence, the International Agency for Research on Cancer (IARC), a specialized agency of the World Health Organization (WHO), classified outdoor air pollution as a Group 1 carcinogen in 2013, indicating sufficient evidence of carcinogenicity in humans (24). Notably particulate matter, a major component of outdoor air pollution, was evaluated separately and was also classified as carcinogenic to humans. Subsequent longitudinal cohort studies have strengthened this conclusion by providing temporal evidence of the health burden attributable to air pollution. For example, examined temporal trends in lung cancer mortality attributable to PM<sub>2.5</sub> exposures in China over a 30-year span using age-period-cohort

analysis, demonstrating increasing burdens in older cohorts (25). Another investigation provided longitudinal insights into the health benefits of greenness, showing that reduced mortality was partly mediated by decreases in  $PM_{2.5}$  and  $NO_2$  exposures, thereby highlighting the complex and time-varying interactions among environmental factors (26).

Although O3 has been classified by the International Agency for Research on Cancer (IARC) as Group 3, indicating that its carcinogenicity in humans is not classifiable, emerging evidence suggests a potential association between  $O_3$  exposure and lung cancer risk. Long-term exposure to ambient  $O_3$  has been linked to lung tissue injury and chronic airway inflammation, processes that may increase the susceptibility to various pulmonary diseases, including cancer (14, 27). In addition, several studies have suggested that  $O_3$  may contribute to carcinogenesis when combined with  $PM_{2.5}$ , through mechanisms involving accelerated lung function decline and enhanced oxidative stress (28).

In this study, we aimed to analyze the effects of long-term exposure to two air pollutants ( $PM_{2.5}$  and  $O_3$ ) on the development of lung cancer using nationwide data from the Korean National Health Insurance Service (NHIS) between 2002 to 2019. We further assessed the potential protective effects of residential greenness and examined whether the associations of air pollutants with lung cancer differed according to smoking status and sex. We hypothesized that long-term exposure to  $PM_{2.5}$  and  $O_3$  would be associated with an increased risk of lung cancer, whereas residential greenness would be associated with a reduced risk.

# Materials and methods

### Study population

This study conducted a retrospective analysis utilizing the National Health Insurance Service-National Sample Cohort (NHIS-NSC) database, a comprehensive dataset managed by the NHIS, which encompasses a representative sample of the Korean population. The NHIS in Korea maintains records of all covered inpatient and outpatient visits, procedures, and prescriptions. The NHIS established the target population using the National Health Information Database (NHID) in 2002 and created the NHIS-National Sample Cohort (NHIS-NSC) by randomly selecting a representative sample of 1,137,896 individuals, corresponding to approximately 2.2% of the eligible Korean population at that time. The NHIS-NSC is a nationwide, retrospective cohort that spans from 2002 to 2019.

The study population comprised adults aged 20 years or older who had undergone at least one national health examination and for whom data on smoking status were available. The primary endpoint of this study was the occurrence of lung cancer identified during the follow-up period. Lung cancer cases were classified based on the International Classification of Diseases, 10th Revision (ICD-10) code C34.x. To reduce the possibility of reverse causation, individuals with a lung cancer diagnosis before 2003 were excluded from analysis. Incident cases were defined as those with a first recorded diagnosis of lung cancer between 2004 and 2019. Cases were defined as individuals receiving a first-time diagnosis of lung cancer within the study period. For the comparison group, control subjects without lung cancer were randomly selected and matched to cases in a 1:4 ratio using propensity

scores. Matching variables included age, sex, and year of cohort entry. Participants were tracked until the earliest of lung cancer diagnosis, death, or the end of 2019. Participants were censored at the time of death or at the end of the follow-up period if they did not develop lung cancer.

This study was approved by the Institutional Review Board (IRB) of Ewha Womans University Medical Center, Seoul, Republic of Korea (IRB number: SEUMC2021-08-003). The IRB waived the need to obtain informed consent considering the retrospective nature of the study. All procedures were conducted in accordance with the relevant guidelines and regulations outlined in the latest revision of the Declaration of Helsinki.

# Air pollution and green space exposure

The exposure variables used in this study were 5-year average concentrations of PM $_{2.5}$  and O $_3$  and the normalized difference vegetation index (NDVI). PM $_{2.5}$  and O $_3$  concentrations were estimated using a satellite-based spatiotemporal model based on aerosol optical depth data from the National Aeronautics and Space Administration (NASA). Estimates were calculated at a spatial resolution of 1 km  $\times$  1 km for each participant based on their residential address.

To determine the level of exposure to greenness, we used the NDVI, a satellite-derived metric that reflects vegetation density and plant health. NDVI data were collected from the Moderate Resolution Imaging Spectroradiometer (MODIS), as well as the Landsat 7 and 8 collections provided by the United States Geological Survey. The MODIS is the primary sensor for ground surface monitoring and is mounted on the Earth observation satellites Terra and Aqua. Its data are widely used to examine green space and other environmental factors. NDVI values were averaged for each participant based on the date of enrollment in the cohort. Long-term exposure to air pollution and green space was defined as the five-year average at participants' residential addresses prior to cohort enrollment.

### Statistical analysis

Descriptive statistics are expressed as the mean (standard deviation) for continuous variables and number (%) for categorical variables. Differences between groups were analyzed using the *t*-test for continuous variables and chi-square test for categorical variables. Kaplan-Meier analysis and the log-rank test were used to evaluate differences in lung cancer incidence across exposure categories. Cox proportional hazards models were applied to estimate the effects of air pollution and greenness on lung cancer risk by adjusting for confounding factors such as age, sex, smoking status, household income, residential area, body mass index (BMI), and Charlson Comorbidity Index (CCI). Subgroup analyses were performed to evaluate the associations of  $PM_{2.5}$ ,  $O_3$ , and green space exposure with lung cancer risk according to gender and smoking status, and the impact of O<sub>3</sub> was further examined by residential area. Adjusted covariates were selected based on established or suspected confounders identified in previous literature and known risk factors for the outcomes. Observations with missing values for any variable were excluded to preserve data integrity and ensure the validity of the results.

To assess the potential nonlinear association between exposure and lung cancer risk, we modeled the relationship using restricted cubic splines within the Cox proportional hazards framework. Hazard ratios (HRs) and 95% confidence intervals (CIs) were estimated across the full range of exposure. To enhance the precision of individual exposure assessment to air pollution and green space, we conducted a sensitivity analysis. For workers, who may be exposed to environmental factors at both their workplace and residence, these exposures were explicitly considered. Using data from the NHIS, we compared lung cancer risk by classifying health insurance subscribers into workplace-based and community-based groups. Hazard ratios (HRs) with 95% confidence intervals (CIs) were calculated for lung cancer risk. SAS version 9.4 (SAS Institute, Cary, NC, United States) was used for large-scale data management, and R software version 4.0.3 (R Foundation for Statistical Computing, Vienna, Austria) was used for data analysis. The primary R packages utilized were survival (v3.2-7), survminer (v0.4.8), splines (included in base R 4.0.3), dplyr (v1.0.2), and ggplot2 (v3.3.2), which facilitated comprehensive survival analysis, data processing, and high-quality visualization. The significance level was set at p < 0.05.

# Results

We identified 672,951 individuals aged ≥20 years who underwent health examinations between 2002 and 2019 in the NHIS-NSC database. After excluding participants younger than 20 years, those diagnosed with lung cancer or who died during the 2002-2003 washout period, and those with missing smoking or BMI data, 7,155 patients with lung cancer remained. Using 1:4 propensity score matching, we selected 28,620 controls without lung cancer, yielding a final analytic cohort of 35,775 participants (Figure 1). The standardized mean differences for the propensity score matching variables, including age, sex, and enrollment year, were all below 0.1, indicating adequate covariate balance between the groups. A Love plot illustrating the covariate balance before and after matching is presented in the Supplementary Figure S1. Time-to-event analyses were conducted using a stratified Cox proportional hazards regression model based on the propensity score matching. The matched set ID was specified as strata, allowing the baseline hazard to vary across matched sets.

Baseline characteristics are summarized in Table 1. Compared with controls, patients with lung cancer had lower mean BMI, were more often current smokers with higher pack-years, and had lower household income, higher comorbidity scores, and were more likely to live in rural areas, and have higher CCI scores. The mean (standard deviation, SD) exposure levels for PM<sub>2.5</sub>, O<sub>3</sub>, and greenness (NDVI) were 29.01 (2.42)  $\mu$ g/m³, 34.79 (3.41) ppb, and 0.16 (0.11), respectively (Supplementary Table S1). Correlation analysis of PM<sub>2.5</sub>, O<sub>3</sub>, and NDVI showed that PM<sub>2.5</sub> and O<sub>3</sub> showed a weak positive correlation, and PM<sub>2.5</sub> and NDVI showed a weak negative correlation. There was almost no correlation between O<sub>3</sub> and NDVI (Supplementary Figure S2).

Significant associations were identified between lung cancer risk and exposures to air pollution and greenness (Figure 2). After adjusting for major covariates,  $O_3$  was associated with increased lung cancer risk (aHR = 1.612; 95% CI = 1.297–1.978), and the NDVI demonstrated a protective effect (aHR = 0.885; 95%

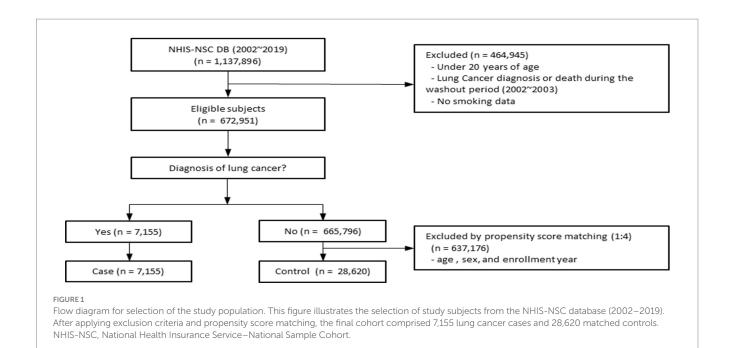


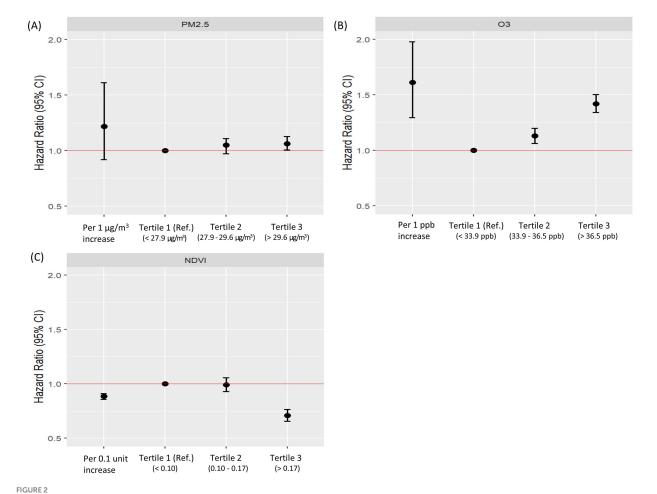
TABLE 1 Baseline characteristics.

Characteristics	Without lung cancer (n = 28,620)	Lung cancer ( <i>n</i> = 7,155)	P-value⁺
Age (years)*	76.7 ± 11.7	76.8 ± 11.9	0.338
20 ~ 59	2,599 (9.1)	649 (9.1)	0.995
60 ~ 70	13,637 (47.6)	3,414 (47.7)	
>71	12,384 (43.3)	3,092 (43.2)	
Men	19,300 (67.4)	4,826 (67.5)	0.982
BMI (kg/m²)	24.1 ± 0.2	$23.4 \pm 0.4$	<0.001
Smoking status			
Never	15,858 (55.4)	3,562 (49.8)	<0.001
Former	9,494 (33.2)	1,935 (27.0)	
Current	3,268 (14.4)	1,658 (23.2)	
Smoking (pack-years)	8.0 ± 17.5	13.7 ± 22.6	<0.001
Household income			
<\$ 2000	7,347 (26.5)	2,076 (30.0)	<0.001
\$ 2000-5,000	11,955 (43.1)	2,909 (42.1)	
>\$ 5,000	8,452 (30.4)	1,926 (27.9)	
Residential area			
Metropolitan	14,297 (50.0)	3,036 (42.4)	<0.001
Urban	11,089 (38.7)	2,838 (39.7)	
Rural	3,234 (11.3)	1,281 (17.9)	
CCI			
0	16,796 (91.6)	6,352 (88.8)	<0.001
≥1	1,510 (8.4)	803 (11.2)	

<sup>&</sup>lt;sup>†</sup> Two-sided chi-square and *t*-test where appropriate: \* The median age was 77 years in both groups, with an interquartile range of about 69 to 85 years, under the assumption of approximate normality. Standardized mean differences for age and age categories were all <0.01.

CI = 0.858–0.912). When exposures were categorized into tertiles,  $PM_{2.5}$  was significantly associated with increased lung cancer risk in the  $3^{\rm rd}$  tertile (aHR = 1.064; 95% CI = 1.006–1.127). O<sub>3</sub> showed a

positive association across all tertiles (aHR = 1.421; 95% CI = 1.342– 1.503). A high NDVI indicated significant protective effects in the  $3^{\rm rd}$  tertile (aHR = 0.709; 95% CI = 0.658–0.764). Hazard ratios for



Adjusted hazard ratios for lung cancer risk according to tertiles of  $PM_{2.5}$ ,  $O_3$ , and NDVI. This figure shows adjusted hazard ratios (aHRs) and 95% confidence intervals (CIs) for lung cancer risk according to tertiles of (A)  $PM_{2.5}$ , (B)  $O_3$ , and (C) NDVI. "All" represents the overall association in the total study population. "T1 (Ref.)" indicates the reference group (lowest tertile), while T2 and T3 indicate the middle and highest tertiles, respectively. The red horizontal line denotes aHR = 1.0 (the null value). Adjusted hazard ratios were adjusted for age, sex, smoking status, body mass index, household income level, residential area, and Charlson comorbidity index. aHR, adjusted hazard ratio; BMI, body mass index; CCI, Charlson Comorbidity Index; NDVI, normalized difference vegetation index.

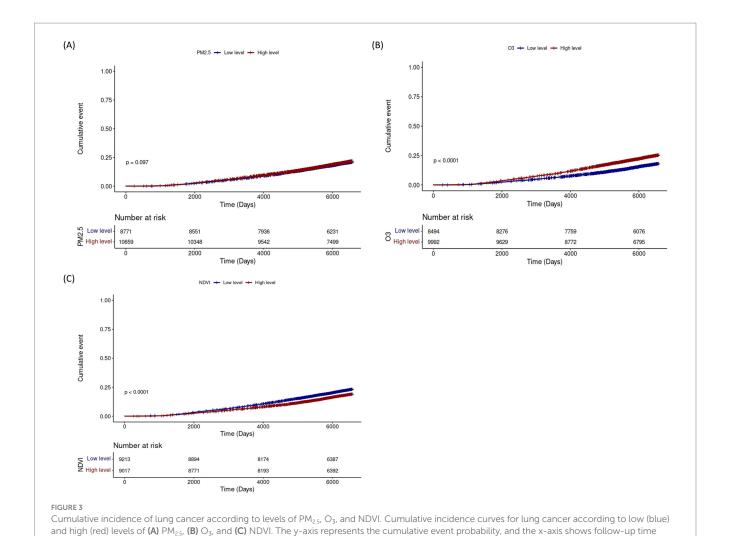
exposure by tertiles of air pollution and NDVI are provided in the Supplementary Table S2.

Kaplan–Meier analysis demonstrated higher cumulative incidence of lung cancer with high  $O_3$  exposure and with low NDVI (both p < 0.001) (Figure 3). In subgroup analyses,  $PM_{2.5}$  exposure was associated with increased lung cancer risk particularly among male never smokers and ex-smokers.  $O_3$  exposure showed a significant association with lung cancer risk among all male subjects and female never smokers, and the NDVI demonstrated the protective effects of greenness exposure regardless of sex and smoking status (Table 2). Results stratified by IQR increases in air pollution and NDVI, respectively, are presented in the Supplementary Table S3. There is a trend toward an increased risk of lung cancer associated with ozone exposure in rural areas, and the difference in effect between regions is of borderline statistical significance (Supplementary Figure S3).

The dose–response analysis demonstrated a nonlinear association between exposure and lung cancer risk. To further elucidate this relationship, we applied a restricted cubic spline model, and the resulting spline-based hazard ratio curve is presented in the Supplementary Figure S4. The curve indicates that the HR increases above a certain exposure level. The analysis of air pollution and green space exposure in relation to lung cancer risk between workplace-based and community-based groups yielded comparable results, with no statistically significant interactions observed upon inclusion of interaction terms in the model (Supplementary Table S4).

# Discussion

Overall, long-term PM $_{2.5}$  exposure was not significantly associated with lung cancer risk; however, participants in the highest tertile of exposure showed a 6.4% higher risk compared with those in the lowest tertile. In contrast, O $_3$  exposure was associated with a 61.2% increased risk of lung cancer, even after adjustment for potential confounding factors. Exposure to residential greenness, measured by the NDVI, was associated with a 12% lower risk of lung cancer, with the strongest protective effects observed in the highest tertile. A clear dose–response relationship was observed for PM $_{2.5}$ , O $_3$ , and greenness, with more pronounced effects at higher exposure levels.



(days). Numbers at risk at each time point are indicated below each panel. p-values compare incidence between exposure groups. NDVI, Normalized

Subgroup analyses indicated that never-smoking men were particularly susceptible to PM<sub>2.5</sub> exposure. This may reflect biological factors, such as sex-specific differences in pulmonary responses or the lack of adaptive mechanisms that could be present in smokers, although further research is needed to clarify this vulnerability (29). Previous studies have also reported that lung cancer risk among never smokers is influenced by ambient air pollution (30). For instance, the AHSMOG-2 cohort, predominantly composed of never smokers, demonstrated an elevated risk of lung cancer associated with PM2.5 exposure among individuals with long-term residence or greater time spent outdoors, indicating a dose-response relationship (31). In contrast, this association was not observed among current smokers, likely because the strong carcinogenic effect of smoking may mask the association with  $PM_{2.5}$  exposure. Consistent with this, a meta-analysis reported that the effect of PM2.5 was attenuated after adjusting for smoking status (32).

Difference Vegetation Index

Although recent studies have reported significant associations between  $PM_{2.5}$  exposure and lung cancer development among female never smokers, this association was not observed in our study. This discrepancy may be explained by sex-specific differences in susceptibility and exposure levels. For example, one cohort study found that males were more susceptible to lung cancer at lower  $PM_{2.5}$ 

concentrations (0–35  $\mu$ g/m³), whereas females demonstrated greater susceptibility at higher concentrations (35–75, 75–115, and 115–150  $\mu$ g/m³) (33). Similarly, a study conducted in Taiwan reported that residential PM<sub>2.5</sub> exposure above 30  $\mu$ g/m³ was associated with an increased risk of lung adenocarcinoma among females (34). In our cohort, the mean PM<sub>2.5</sub> concentration was 29.01  $\mu$ g/m³, which falls within the range associated with increased susceptibility among males but not females.

 $PM_{2.5}$  has been classified as a Group 1 carcinogen by the International Agency for Research on Cancer (IARC), a specialized agency of the World Health Organization (WHO), with proposed mechanisms involving oxidative stress, chronic inflammation, DNA damage, and epigenetic alterations. A dose–response relationship between  $PM_{2.5}$  exposure and lung cancer risk has been consistently demonstrated in epidemiological studies (35, 36). Although evidence regarding  $O_3$  remains inconclusive, our analyses showed that  $O_3$  was more strongly associated with lung cancer risk than  $PM_{2.5}$ , warranting consideration of several possible explanations.

First, subgroup analyses revealed that  $O_3$  exposure was significantly associated with increased lung cancer risk in all male participants regardless of smoking status, and in female never and current smokers, but not in former smokers. Mechanistically, unlike  $PM_{2.5}$ , which can

TABLE 2 Subgroup analysis of lung cancer risk associated with air pollution and greenness exposure stratified by sex and smoking status.

Male		Female	
HR (95% CI)	aHR† (95% CI)	HR (95% CI)	aHR <sup>†</sup> (95% CI)
1.189 (1.031-1.372)	1.193 (1.035–1.376)	0.924 (0.824–1.037)	0.957 (0.853-1.073)
1.145 (1.011-1.297)	1.138 (1.004-1.289)	1.283 (0.656–2.507)	1.536 (0.778-3.036)
1.064 (0.928-1.220)	1.071 (0.934–1.229)	0.553 (0.333-1.002)	0.617 (0.345–1.103)
1.687 (1.442-1.973)	1.594 (1362-1.866)	1.044 (1.030-1.059)	1.358 (1.210-1.526)
1.414 (1.244–1.606)	1.399 (1.231-1.591)	0.822 (0.374-1.805)	0.926(0.413-2.075)
1.563 (1.354–1.803)	1.426 (1.235–1.646)	1.856 (1.101-3.130)	1.783 (1.054-3.016)
0.088 (0.077-0.102)	0.089 (0.077-0.103)	0.084 (0.074-0.095)	0.084 (0.074-0.095)
0.084 (0.074-0.096)	0.085 (0.075-0.098)	0.046 (0.017-0.122)	0.041 (0.014-0.123)
0.094 (0.080-0.111)	0.093 (0.079-0.109)	0.132 (0.078-0.221)	0.115 (0.065-0.205)
	1.189 (1.031-1.372) 1.145 (1.011-1.297) 1.064 (0.928-1.220)  1.687 (1.442-1.973) 1.414 (1.244-1.606) 1.563 (1.354-1.803)  0.088 (0.077-0.102) 0.084 (0.074-0.096)	HR (95% CI)  1.189 (1.031-1.372) 1.193 (1.035-1.376) 1.145 (1.011-1.297) 1.064 (0.928-1.220) 1.071 (0.934-1.229)  1.687 (1.442-1.973) 1.594 (1362-1.866) 1.414 (1.244-1.606) 1.399 (1.231-1.591) 1.563 (1.354-1.803) 1.426 (1.235-1.646)  0.088 (0.077-0.102) 0.089 (0.077-0.103) 0.084 (0.074-0.096) 0.085 (0.075-0.098)	HR (95% CI)  1.189 (1.031-1.372)  1.193 (1.035-1.376)  1.283 (0.656-2.507)  1.145 (1.011-1.297)  1.138 (1.004-1.289)  1.283 (0.656-2.507)  1.064 (0.928-1.220)  1.071 (0.934-1.229)  0.553 (0.333-1.002)  1.687 (1.442-1.973)  1.594 (1362-1.866)  1.044 (1.030-1.059)  1.414 (1.244-1.606)  1.399 (1.231-1.591)  0.822 (0.374-1.805)  1.563 (1.354-1.803)  1.426 (1.235-1.646)  1.856 (1.101-3.130)  0.088 (0.077-0.102)  0.089 (0.077-0.103)  0.084 (0.074-0.095)  0.084 (0.074-0.096)  0.085 (0.075-0.098)  0.046 (0.017-0.122)

<sup>†</sup> Adjusted hazard ratios (aHRs) were adjusted for age, body mass index (BMI), household income, residential area, and \* Charlson Comorbidity Index (CCI). \* PM<sub>2.5</sub> and O<sub>3</sub> were modeled per 1 µg/m³ and 1 ppb increase, respectively, and NDVI per 0.1-unit increase. The bold values denote statistical significance.

reach the peripheral alveoli, O<sub>3</sub> primarily affects the airway epithelium (16), leading to localized oxidative injury and chronic inflammation. Smokers, who often have pre-existing airway inflammation, may therefore exhibit heightened susceptibility to O<sub>3</sub> exposure. In addition, this increased risk may also reflect behavioral factors, as males generally spend more time outdoors, thereby increasing cumulative O<sub>3</sub> exposure.

Second, recent trends suggest that O<sub>3</sub> exposure may pose a greater health risk compared with PM<sub>2.5</sub> exposure. In Korea, as well as in North America and Europe, nationwide air pollution control policies have reduced the concentrations of major pollutants, including PM<sub>2.5</sub> (37). According to data from Statistics Korea, mean PM<sub>2.5</sub> levels decreased from 26.1  $\mu$ g/m<sup>3</sup> in 2015 to 23.6  $\mu$ g/m<sup>3</sup> in 2019 (38). In contrast, annual O<sub>3</sub> concentrations increased by approximately 13 ppb, corresponding to a 42% rise over a similar period, with higher levels in rural compared with urban areas (39). A Chinese study quantifying PM<sub>2.5</sub>-O<sub>3</sub> interactions similarly reported a 25.9% reduction in the health burden attributable to PM<sub>2.5</sub> but an 11.8% increase in the burden attributable to O<sub>3</sub>, primarily affecting cardiovascular, cerebrovascular, and respiratory diseases (40). Consistent with these findings, lung cancer incidence in our study was higher in rural areas. Although rural regions generally contain more green space, ambient O3 levels are often elevated in such areas. In urban environments, nitric oxide (NO) emitted from traffic and industrial sources reacts with O3, leading to reduced ambient concentrations. In contrast, in rural areas, O3 precursors such as NO2 can be transported by wind and undergo photochemical reactions more readily, resulting in higher O<sub>3</sub> concentrations (39).

Lastly, global warming has been suggested to contribute to a climate penalty effect, characterized by elevated  $O_3$  formation and adverse health outcomes. Mechanistically, higher temperatures facilitate photochemical reactions that increase ambient  $O_3$  concentrations. Biologically, chronic  $O_3$  exposure is associated with sustained airway inflammation and oxidative stress, which may promote carcinogenesis through DNA damage (41). From a public health perspective, vulnerable populations—including the older adult(s), socioeconomically disadvantaged individuals, and those with

limited access to cooling resources—may be at heightened risk of lung cancer during periods of elevated temperature and  $O_3$  levels (42).

In contrast to the adverse effects of air pollution, green environments may act as a protective factor against lung cancer. In our study, higher NDVI values were associated with reduced lung cancer risk, independent of sex and smoking status. Consistent with these findings, a meta-analysis reported significant reductions in lung cancer incidence and mortality with greater exposure to greenness (43). Moreover, another large-scale meta-analysis demonstrated that green space exerts a protective effect on respiratory health through multiple pathways, including improved air quality, reduced heat exposure, alleviated stress and inflammation, increased physical activity, and enhanced immune function (44).

The protective role of greenness has also been observed in relation to air pollution–related outcomes. For example, a previous study reported that green space exposure was associated with reduced  $PM_{2.5}$ -related mortality, with urban residents experiencing greater benefits than rural residents (45). In our study, however, the incidence of lung cancer was higher in rural populations. This finding underscores the need for region-specific greening strategies, particularly because rural areas often experience elevated  $O_3$  levels due to long-range transport of precursors and enhanced photochemical reactions (38). Conversely, in urban settings, reductions in  $NO_x$  emissions can paradoxically increase  $O_3$  concentrations by reducing the scavenging of  $O_3$  by freshly emitted  $NO_3$  as illustrated in a case study from Zaragoza, Spain (46).

This study has several limitations. First, because the study population was restricted to Korea, regional differences in air pollutant composition, climate, and urban planning may limit the generalizability of our findings. For example, the toxicity of PM<sub>2.5</sub> can vary depending on dominant emission sources such as coal combustion or traffic emissions (47). O<sub>3</sub> levels are influenced by meteorological and climatic conditions (48), while access to green spaces differs substantially across countries (49). Therefore, multiregion cohort studies and meta-analyses are needed to confirm the applicability of our results in diverse environmental contexts.

Second, exposure estimates for PM<sub>2.5</sub>, O<sub>3</sub>, and greenness were derived from satellite-based models linked to residential addresses, which may not fully capture individual exposure variability, including workplace environments and indoor air quality.

Third, other air pollutants such as  $NO_2$  were not considered, which could confound the observed associations. Future studies incorporating multi-pollutant models are needed to better reflect real-world exposure conditions and to disentangle the independent and interactive effects of multiple pollutants on lung cancer risk. Such approaches are critical for advancing environmental epidemiology and informing effective public health policies (50, 51).

Fourth, residual confounding cannot be excluded. Unmeasured factors such as occupational exposures, lifestyle characteristics, dietary factors, and comorbidities may have influenced the results.

Fifth, NDVI reflects vegetation density but does not account for actual accessibility, quality, or individual utilization of green spaces (52). Future research should consider alternative metrics, such as proximity-based or quality-adjusted measures, to more accurately assess individuals' true exposure to green environments.

# Conclusion

In conclusion, while PM<sub>2.5</sub> has been classified as a Group 1 carcinogen by the International Agency for Research on Cancer (IARC), our findings indicate that long-term ozone exposure may represent an independent and underappreciated risk factor for lung cancer. Given anticipated changes in climate and atmospheric composition leading to rising and fluctuating ozone levels, ozone should be considered not only a short-term respiratory irritant but also a potential long-term contributor to lung carcinogenesis. Moreover, increasing access to urban green spaces may help mitigate lung cancer risk. Targeted early detection and prevention programs, particularly for high-risk groups such as never smokers and residents of high-ozone regions, may be warranted based on environmental exposure data. Finally, further research is needed to elucidate the biological pathways underlying ozone-related carcinogenesis, to examine interactions between PM<sub>2.5</sub> and O<sub>3</sub>, and to clarify the protective role of greenness across diverse populations and urban settings. Collectively, these findings provide evidence to inform global environmental interventions aimed at reducing the burden of lung cancer attributable to air pollution.

# Data availability statement

The original contributions presented in the study are included in the article/Supplementary material, further inquiries can be directed to the corresponding author.

### **Ethics statement**

The studies involving humans were approved by IRB of Ewha Womans University Medical Center. The studies were conducted in accordance with the local legislation and institutional requirements. Written informed consent for participation was not required from the

participants or the participants' legal guardians/next of kin in accordance with the national legislation and institutional requirements.

### **Author contributions**

NK: Conceptualization, Writing – original draft, Writing – review & editing. J-YL: Data curation, Formal analysis, Funding acquisition, Investigation, Methodology, Software, Writing – original draft. GL: Writing – review & editing. CL: Writing – review & editing. SP: Investigation, Writing – review & editing. YR: Conceptualization, Investigation, Writing – review & editing. JL: Conceptualization, Investigation, Project administration, Resources, Supervision, Validation, Visualization, Writing – review & editing.

# **Funding**

The author(s) declare that financial support was received for the research and/or publication of this article. This work was supported by the National Research Foundation of Korea (NRF-2020R1A5A2019210 and NRF-2022R1I1A1A01068568).

### Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

### Generative AI statement

The authors declare that no Gen AI was used in the creation of this manuscript.

Any alternative text (alt text) provided alongside figures in this article has been generated by Frontiers with the support of artificial intelligence and reasonable efforts have been made to ensure accuracy, including review by the authors wherever possible. If you identify any issues, please contact us.

### Publisher's note

All claims expressed in this article are solely those of the authors and do not necessarily represent those of their affiliated organizations, or those of the publisher, the editors and the reviewers. Any product that may be evaluated in this article, or claim that may be made by its manufacturer, is not guaranteed or endorsed by the publisher.

# Supplementary material

The Supplementary material for this article can be found online at: https://www.frontiersin.org/articles/10.3389/fpubh.2025.1661937/full#supplementary-material

### References

- 1. Kim K-H, Kabir E, Kabir S. A review on the human health impact of airborne particulate matter. *Environ Int.* (2015) 74:136–43. doi: 10.1016/j.envint.2014.10.005
- 2. Oberdörster G, Oberdörster E, Oberdörster J. Nanotoxicology: an emerging discipline evolving from studies of ultrafine particles. *Environ Health Perspect.* (2005) 113:823–39. doi: 10.1289/ehp.7339
- 3. Sangkham S, Phairuang W, Sherchan SP, Pansakun N, Munkong N, Sarndhong K, et al. An update on adverse health effects from exposure to PM2.5. *Environ Adv.* (2024) 18:100603. doi: 10.1016/j.envadv.2024.100603
- 4. Yan M, Ge H, Zhang L, Chen X, Yang X, Liu F, et al. Long-term PM2.5 exposure in association with chronic respiratory diseases morbidity: a cohort study in northern China. *Ecotoxicol Environ Saf.* (2022) 244:114025. doi: 10.1016/j.ecoenv.2022.114025
- 5. Rinaldi R, Russo M, Bonanni A, Camilli M, Caffè A, Basile M, et al. Short-term air pollution exposure and mechanisms of plaque instability in acute coronary syndromes: an optical coherence tomography study. *Atherosclerosis.* (2024) 390:117393. doi: 10.1016/j.atherosclerosis.2023.117393
- 6. Lee J, Weerasinghe-Mudiyanselage PDE, Kim B, Kang S, Kim J-S, Moon C. Particulate matter exposure and neurodegenerative diseases: a comprehensive update on toxicity and mechanisms. *Ecotoxicol Environ Saf.* (2023) 266:115565. doi: 10.1016/j.ecoenv.2023.115565
- 7. Thangavel P, Park D, Lee YC. Recent insights into particulate matter (PM(2.5))-mediated toxicity in humans: an overview. *Int J Environ Res Public Health.* (2022) 19:7511. doi: 10.3390/ijerph19127511
- 8. Morales-Rubio R, Amador-Muñoz O, Rosas-Pérez I, Sánchez-Pérez Y, García-Cuéllar C, Segura-Medina P, et al. PM(2.5) induces airway hyperresponsiveness and inflammation via the AhR pathway in a sensitized Guinea pig asthma-like model. *Toxicology.* (2022) 465:153026. doi: 10.1016/j.tox.2021.153026
- 9. Zhao J, Gao Z, Tian Z, Xie Y, Xin F, Jiang R, et al. The biological effects of individual-level  $PM_{25}$  exposure on systemic immunity and inflammatory response in traffic policemen. *Occup Environ Med.* (2013) 70:426–31. doi: 10.1136/oemed-2012-100864
- 10. Turner MC, Jerrett M, Pope CA 3rd, Krewski D, Gapstur SM, Diver WR, et al. Long-term ozone exposure and mortality in a large prospective study. *Am J Respir Crit Care Med.* (2016) 193:1134–42. doi: 10.1164/rccm.201508-1633OC
- 11. Malley CS, Henze DK, Kuylenstierna JCI, Vallack HW, Davila Y, Anenberg SC, et al. Updated global estimates of respiratory mortality in adults ≥30Years of age attributable to long-term ozone exposure. *Environ Health Perspect.* (2017) 125:087021. doi: 10.1289/EHP1390
- 12. Jerrett M, Burnett RT, Pope CA 3rd, Ito K, Thurston G, Krewski D, et al. Long-term ozone exposure and mortality. *N Engl J Med.* (2009) 360:1085–95. doi: 10.1056/NEJMoa0803894
- 13. Nuvolone D, Petri D, Voller F. The effects of ozone on human health. Environ Sci Pollut Res Int. (2018) 25:8074–88. doi: 10.1007/s11356-017-9239-3
- 14. Wiegman CH, Li F, Ryffel B, Togbe D, Chung KF. Oxidative stress in ozone-induced chronic lung inflammation and emphysema: a facet of chronic obstructive pulmonary disease. *Front Immunol.* (2020) 11:1957. doi: 10.3389/fimmu.2020.01957
- 15. Pryor WA, Squadrito GL. The chemistry of peroxynitrite: a product from the reaction of nitric oxide with superoxide. *Am J Phys.* (1995) 268:L699–722. doi: 10.1152/ajplung.1995.268.5.L699
- 16. Russo RC, Togbe D, Couillin I, Segueni N, Han L, Quesniaux VFJ, et al. Ozone-induced lung injury and inflammation: pathways and therapeutic targets for pulmonary diseases caused by air pollutants. *Environ Int.* (2025) 198:109391. doi: 10.1016/j.envint.2025.109391
- 17. Raaschou-Nielsen O, Andersen ZJ, Beelen R, Samoli E, Stafoggia M, Weinmayr G, et al. Air pollution and lung cancer incidence in 17 European cohorts: prospective analyses from the European study of cohorts for air pollution effects (ESCAPE). *Lancet Oncol.* (2013) 14:813–22. doi: 10.1016/S1470-2045(13)70279-1
- 18. Puett RC, Hart JE, Yanosky JD, Spiegelman D, Wang M, Fisher JA, et al. Particulate matter air pollution exposure, distance to road, and incident lung cancer in the nurses' health study cohort. *Environ Health Perspect*. (2014) 122:926–32. doi: 10.1289/ehp.1307490
- 19. Huang YJ, Lee PH, Chen LC, Lin BC, Lin C, Chan TC. Relationships among green space, ambient fine particulate matter, and cancer incidence in Taiwan: a 16-year retrospective cohort study. *Environ Res.* (2022) 212:113416. doi: 10.1016/j.envres.2022.113416
- 20. Ciabattini M, Rizzello E, Lucaroni F, Palombi L, Boffetta P. Systematic review and meta-analysis of recent high-quality studies on exposure to particulate matter and risk of lung cancer. *Environ Res.* (2021) 196:110440. doi: 10.1016/j.envres.2020.110440
- 21. Liu X, Mubarik S, Wang F, Yu Y, Wang Y, Shi F, et al. Lung cancer death attributable to long-term ambient particulate matter (PM2.5) exposure in east Asian countries during 1990–2019. Front Med Lausanne. (2021) 8:742076. doi: 10.3389/fmed.2021.742076
- 22. Yang J, Zhou M, Li M, Yin P, Hu J, Zhang C, et al. Fine particulate matter constituents and cause-specific mortality in China: a nationwide modelling study. *Environ Int.* (2020) 143:105927. doi: 10.1016/j.envint.2020.105927

- 23. Jin T, Lee S, Seo J, Ye S, Kim S, Oh JK, et al. Long-term ambient ozone exposure and lung cancer mortality: a nested case-control study in Korea. *Environ Pollut*. (2025) 375:126299. doi: 10.1016/j.envpol.2025.126299
- 24. International Agency for Research on Cancer. IARC. Lyon: Outdoor air pollution a leading environmental cause of cancer deaths International Agency for Research on Cancer (2011).
- 25. Wu X, Zhu B, Zhou J, Bi Y, Xu S, Zhou B. The epidemiological trends in the burden of lung cancer attributable to PM2.5 exposure in China. *BMC Public Health*. (2021) 21:737. doi: 10.1186/s12889-021-10765-1
- 26. Wu C, Liu J, Li Y, Qin L, Gu R, Feng J, et al. Association of residential air pollution and green space with all-cause and cause-specific mortality in individuals with diabetes: an 11-year prospective cohort study. *EBioMedicine*. (2024) 108:105376. doi: 10.1016/j.ebiom.2024.105376
- 27. Guo H, Liu J, Wei J. Ambient ozone, PM(1) and female lung cancer incidence in 436 Chinese counties. *Int J Environ Res Public Health*. (2021) 18:10386. doi: 10.3390/ijerph181910386
- 28. Valavanidis A, Vlachogianni T, Fiotakis K, Loridas S. Pulmonary oxidative stress, inflammation and cancer: respirable particulate matter, fibrous dusts and ozone as major causes of lung carcinogenesis through reactive oxygen species mechanisms. *Int J Environ Res Public Health*. (2013) 10:3886–907. doi: 10.3390/ijerph10093886
- 29. May L, Shows K, Nana-Sinkam P, Li H, Landry JW. Sex differences in lung cancer. *Cancers (Basel).* (2023) 15:3111. doi: 10.3390/cancers15123111
- 30. Lim JU, Yoon HK. Narrative review: association between lung cancer development and ambient particulate matter in never-smokers. *J Thorac Dis.* (2022) 14:553–63. doi: 10.21037/jtd-21-655
- 31. Gharibvand L, Shavlik D, Ghamsary M, Beeson WL, Soret S, Knutsen R, et al. The association between ambient fine particulate air pollution and lung cancer incidence: results from the AHSMOG-2 study. *Environ Health Perspect*. (2017) 125:378–84. doi: 10.1289/EHP124
- 32. Hamra GB, Guha N, Cohen A, Laden F, Raaschou-Nielsen O, Samet JM, et al. Outdoor particulate matter exposure and lung cancer: a systematic review and meta-analysis. *Environ Health Perspect.* (2014) 122:906–11. doi: 10.1289/ehp/1408092
- 33. Ma Z, Meng X, Chen C, Chao B, Zhang C, Li W. Short-term effects of different PM2.5 ranges on daily all-cause mortality in Jinan, China.  $Sci\ Rep.\ (2022)\ 12:5665.\ doi:\ 10.1038/s41598-022-09057-4$
- 34. Yang SC, Lin FY, Wu TI, Wu CD, Wang JD. PM(2.5) exposure and risk of lung adenocarcinoma in women of Taiwan: a case-control study with density sampling. *Respirology*. (2022) 27:951–8. doi: 10.1111/resp.14316
- 35. Huang F, Pan B, Wu J, Chen E, Chen L. Relationship between exposure to PM2.5 and lung cancer incidence and mortality: a meta-analysis. *Oncotarget*. (2017) 8:43322–31. doi: 10.18632/oncotarget.17313
- 36. Yoo J, Lee Y, Park Y, Lee J, Choi JY, Lee H, et al. Update in association between lung cancer and air pollution. *Tuberc Respir Dis (Seoul)*. (2025) 88:228–36. doi: 10.4046/trd.2024.0092
- 37. Amann M, Kiesewetter G, Schöpp W, Klimont Z, Winiwarter W, Cofala J, et al. Reducing global air pollution: the scope for further policy interventions. *Philos Trans A Math Phys Eng Sci.* (2020) 378:20190331. doi: 10.1098/rsta.2019.0331
- 38. Kim SW, Kim KM, Jeong Y, Seo S, Park Y, Kim J. Changes in surface ozone in South Korea on diurnal to decadal timescales for the period of 2001–2021. *Atmos Chem Phys.* (2023) 23:12867–86. doi: 10.5194/acp-23-12867-2023
- 39. Mongju J, Woo Jin K, Jongbae H, Sun-Young K. Exploration of the spatial and temporal patterns of surface ozone concentrations for development of ozone prediction model in South Korea. *J Korean Soc Atmos Environ*. (2022) 38:100–25. doi: 10.5572/KOSAE.2022.38.1.100
- 40. Lu Z, Guan Y, Shao C, Niu R. Assessing the health impacts of PM2.5 and ozone pollution and their comprehensive correlation in Chinese cities based on extended correlation coefficient. *Ecotoxicol Environ Saf.* (2023) 262:115125. doi: 10.1016/j.ecoenv.2023.115125
- 41. Ware LB, Zhao Z, Koyama T, May AK, Matthay MA, Lurmann FW, et al. Long-term ozone exposure increases the risk of developing the acute respiratory distress syndrome. *Am J Respir Crit Care Med.* (2016) 193:1143–50. doi: 10.1164/rccm.201507-1418OC
- 42. Bell ML, Zanobetti A, Dominici F. Who is more affected by ozone pollution? A systematic review and meta-analysis. *Am J Epidemiol.* (2014) 180:15–28. doi: 10.1093/aje/kwu115
- 43. Li J, Xie Y, Xu J, Zhang C, Wang H, Huang D, et al. Association between greenspace and cancer: evidence from a systematic review and meta-analysis of multiple large cohort studies. *Environ Sci Pollut Res.* (2023) 30:91140–57. doi: 10.1007/s11356-023-28461-5
- 44. Tang M, Liu W, Li H, Li F. Greenness and chronic respiratory health issues: a systematic review and meta-analysis. *Front Public Health.* (2023) 11:1279322. doi: 10.3389/fpubh.2023.1279322

- 45. Ji JS, Zhu A, Lv Y, Shi X. Interaction between residential greenness and air pollution mortality: analysis of the Chinese longitudinal healthy longevity survey. *Lancet Planet Health.* (2020) 4:e107–15. doi: 10.1016/S2542-5196(20)30027-9
- 46. Escudero M, Lozano-Rojo Á, Hierro J, del Valle J, Mantilla E. Urban influence on increasing ozone concentrations in a characteristic Mediterranean agglomeration. *Atmos Environ*. (2014) 99:322–32. doi: 10.1016/j.atmosenv.2014.09.061
- 47. Lelieveld J, Evans JS, Fnais M, Giannadaki D, Pozzer A. The contribution of outdoor air pollution sources to premature mortality on a global scale. *Nature*. (2015) 525:367–71. doi: 10.1038/nature15371
- 48. Staten PW, Lu J, Grise KM, Davis SM, Birner T. Re-examining tropical expansion. Nat Clim Chang. (2018) 8:768–75. doi: 10.1038/s41558-018-0246-2
- 49. Nieuwenhuijsen MJ, Khreis H, Triguero-Mas M, Gascon M, Dadvand P. Fifty shades of green: pathway to healthy urban living. *Epidemiology.* (2017) 28:63–71. doi: 10.1097/EDE.0000000000000549
- 50. Dominici F, Peng RD, Barr CD, Bell ML. Protecting human health from air pollution: shifting from a single-pollutant to a multipollutant approach. *Epidemiology*. (2010) 21:187–94. doi: 10.1097/EDE.0b013e3181cc86e8
- 51. Mauderly JL, Samet JM. Is there evidence for synergy among air pollutants in causing health effects? *Environ Health Perspect.* (2009) 117:1–6. doi: 10.1289/ehp.11654
- 52. Markevych I, Schoierer J, Hartig T, Chudnovsky A, Hystad P, Dzhambov AM, et al. Exploring pathways linking greenspace to health: theoretical and methodological guidance. *Environ Res.* (2017) 158:301–17. doi: 10.1016/j.envres.2017.06.028