



## OPEN ACCESS

## EDITED BY

Jiao Lu,  
Xi'an Jiaotong University, China

## REVIEWED BY

Barbara Piekarska,  
Medical University of Warsaw, Poland  
Ruth Zomuansangi,  
Zoram Medical College and Hospital, India

## \*CORRESPONDENCE

Deping Wang  
✉ wangdepingent@hospital.cqmu.edu.cn

<sup>†</sup>These authors have contributed equally to this work and share first authorship

RECEIVED 08 May 2025

REVISED 23 September 2025

ACCEPTED 20 November 2025

PUBLISHED 04 December 2025

## CITATION

Gong X, Xu Y, Tu Y, Yuan C, Zheng Z, Song F, Rao M, Liu Y and Wang D (2025) Global, regional, and national burden of neonatal otitis media attributable to PM2.5 air pollution: findings from the Global Burden of Disease study 2021.  
*Front. Public Health* 13:1625071.  
doi: 10.3389/fpubh.2025.1625071

## COPYRIGHT

© 2025 Gong, Xu, Tu, Yuan, Zheng, Song, Rao, Liu and Wang. This is an open-access article distributed under the terms of the [Creative Commons Attribution License \(CC BY\)](https://creativecommons.org/licenses/by/4.0/). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.

# Global, regional, and national burden of neonatal otitis media attributable to PM2.5 air pollution: findings from the Global Burden of Disease study 2021

Xin Gong<sup>1†</sup>, Yinxia Xu<sup>2†</sup>, Yuxi Tu<sup>3†</sup>, Chao Yuan<sup>1</sup>, Zhenhong Zheng<sup>1</sup>, Faling Song<sup>4</sup>, Mengyu Rao<sup>5</sup>, Yan Liu<sup>6</sup> and Deping Wang<sup>7\*</sup>

<sup>1</sup>Department of Otolaryngology, Wushan County People's Hospital of Chongqing, Chongqing, China,

<sup>2</sup>Department of Paediatrics, Wushan County People's Hospital of Chongqing, Chongqing, China,

<sup>3</sup>Department of Otolaryngology, The First Affiliated Hospital of Chongqing Medical University, Chongqing, China, <sup>4</sup>Department of Radiology, Wushan County People's Hospital of Chongqing, Chongqing, China, <sup>5</sup>Department of Ultrasonography, Wushan County People's Hospital of Chongqing, Chongqing, China, <sup>6</sup>Department of Otolaryngology, Kaizhou District People's Hospital of Chongqing, Chongqing, China, <sup>7</sup>Department of Otolaryngology, The Second Affiliated Hospital of Chongqing Medical University, Chongqing, China

**Background:** Long-term exposure to fine particulate matter (PM2.5) may increase the risk of otitis media (OM) in neonates. However, the global burden of neonatal OM attributable to PM2.5 remains poorly understood. This study aims to assess the burden and epidemiological trends in neonatal OM (0–28 days old) attributable to PM2.5 from 1990 to 2021.

**Methods:** Using data from the Global Burden of Disease (GBD) study 2021, we estimated the number and rates of disability-adjusted life years (DALYs) and years lived with disability (YLDs) associated with PM2.5-related OM in neonates. This analysis was stratified by sex, sociodemographic index (SDI), region, and country. The estimated annual percentage change (EAPC) method was used to assess temporal trends. Decomposition analysis was conducted to identify the main drivers of change.

**Results:** Globally, the burden of neonatal OM attributable to PM2.5 levels declined from 1,363.136 DALYs (95% uncertainty interval [UI]: 512.175–2,946.844) in 1990 to 327.396 DALYs (95% UI: 156.269–626.363) in 2021. YLDs also decreased from 178.925 (95% UI: 82.305–314.825) to 165.301 (95% UI: 75.609–314.563). The burden of neonatal OM attributable to PM2.5 levels varied substantially across countries and regions, with higher numbers and rates of DALYs and YLDs in less-developed areas, where household PM2.5 pollution continues to play a crucial role. Decomposition analysis showed that epidemiological changes were the primary drivers behind the global decline in DALYs and YLDs, while population aging contributed to the increasing burden in low SDI regions.

**Conclusion:** Although the global burden of neonatal OM attributable to PM2.5 exposure has declined over the past three decades, it remains a persistent issue, particularly in resource-limited settings. Targeted interventions to reduce PM2.5 exposure—especially from household sources—are urgently needed to address these health disparities.

## KEYWORDS

otitis media, PM2.5, air pollution, neonates, disease burden, GBD

## 1 Introduction

Ambient air pollution, particularly particulate matter (PM), has emerged as a critical public health challenge with significant global impacts, contributing to millions of deaths and disability-adjusted life years (DALYs) annually (1–3). PM2.5, classified as a Group 1 carcinogen by the International Agency for Research on Cancer, is one of the major drivers of both health burdens and economic losses (4, 5). Recent estimates suggest that, in 2019, PM2.5 contributed to 4.14 million deaths and 118.2 million DALYs globally (6). These fine particles can deeply penetrate the respiratory system, posing health risks across all ages, with particularly severe impacts on fetuses and neonates (7).

Otitis media (OM), a common inflammatory disease of the middle ear, is a significant health concern for children worldwide, with acute otitis media being the second most common childhood illness after upper respiratory tract infections (8, 9). OM can lead to hearing loss, developmental delays, and other adverse outcomes (10). Neonates, with their underdeveloped immune systems, are particularly vulnerable to OM, which often occurs as a complication of acute upper respiratory tract infections (11, 12). Previous studies have demonstrated a significant association between PM2.5 exposure and an increased risk of OM, including neonatal infections and other adverse neonatal outcomes (13, 14).

Despite the growing body of evidence linking PM2.5 exposure to OM, no comprehensive assessment has examined the burden of neonatal OM attributable to PM2.5. Understanding the epidemiological trends and disease burden of neonatal OM linked to PM2.5 is crucial for policymakers to allocate health resources effectively and develop targeted prevention strategies. Therefore, this study aims to analyze the global, regional, and national trends in the burden of neonatal OM attributable to PM2.5 from 1990 to 2021, based on the Global Burden of Disease (GBD) study 2021. Our findings are intended to inform evidence-based strategies for effective prevention and treatment policies.

## 2 Methods

### 2.1 Data extraction and case definition

This study utilized data from the GBD study 2021<sup>1</sup> to analyze the epidemiological trends and the disease burden of OM attributable to PM2.5 in neonates (0–28 days) globally. The GBD project systematically assesses the burden of 371 diseases and injuries, along with 88 risk factors, across 204 countries and territories (15). In the GBD database, OM is defined as an infection of the middle ear space and is categorized under ICD-10 codes H65–H75. PM2.5 pollution is classified as a Level 3 risk factor, including both ambient PM2.5 and household PM2.5 concentrations. Ambient PM2.5 is measured as the

population-weighted annual average concentration of fine particulate matter per cubic meter of air, while household PM2.5 is primarily generated by burning solid fuels for cooking (16). Further details regarding the modeling techniques employed can be found on the Institute for Health Metrics and Evaluation (IHME) website<sup>2</sup>.

In the GBD study 2021, the relationship between risk factors and health outcomes was evaluated using a comparative risk assessment framework. Briefly, exposure levels were estimated across populations; their associations with disease outcomes were quantified based on pooled relative risks from published studies; and the potential impact of reducing exposures to an ideal reference level was then calculated. Statistical adjustments were applied to ensure that overlapping risks were not counted more than once. It should also be noted that the attribution does not imply that each case of OM is directly caused by PM2.5 exposure; instead, it reflects the percentage of the disease burden that could be avoided at the population level if exposure to PM-related pollutants were reduced (17).

We extracted the number and rate of disability-adjusted life years (DALYs) and years lived with disability (YLDs) for neonatal OM burden attributable to PM2.5, along with their 95% uncertainty intervals (UIs), stratified by year, sex, region, and country. DALYs, a composite indicator of overall disease burden, are the sum of years of life lost (YLLs) and YLDs. The 204 countries and territories were divided into 21 GBD regions based on geographical locations. The sociodemographic index (SDI, data source: <https://ghdx.healthdata.org/gbd-2021>) was used to stratify countries into five groups as follows: low, low-middle, middle, high-middle, and high SDI regions (18).

### 2.2 Statistical analysis

We assessed regional and national differences using DALY and YLD rates. The estimated annual percentage change (EAPC) method was used to characterize temporal trends in OM attributable to PM2.5. A log-linear regression model was fitted to the natural logarithm of the DALY or YLD rate over time, with the EAPC calculated as  $100 \times (\exp(\beta) - 1)$ , where  $\beta$  is the slope of the regression line. An upward trend was indicated by an EAPC with a lower 95% confidence interval (CI) greater than 0, while a downward trend was indicated by an EAPC with an upper 95% CI less than 0.

Hierarchical cluster analysis was performed to identify regions with similar changes in the disease burden. Decomposition analysis is a statistical approach that breaks down an overall change into the contributions of various factors, aiming to identify the factors that exert a significant impact on the change and quantify the extent of their influence (19). We utilized the Das Gupta decomposition method to quantify the contributions of population growth, aging, and epidemiological changes to the overall disease burden of neonatal OM attributable to PM2.5 from 1990 to 2021. *p*-values less than 0.05

<sup>1</sup> <https://vizhub.healthdata.org/gbd-results/>

<sup>2</sup> <https://www.healthdata.org/gbd/methods-appendices-2021>

were considered statistically significant. All analyses were conducted using R software (version 4.4.2).

## 3 Results

### 3.1 Spatiotemporal patterns of neonatal OM burden attributable to PM2.5

From 1990 to 2021, global DALYs and YLDs due to neonatal OM attributable to PM2.5 decreased significantly. DALYs declined from 1,363.14 (95% UI: 512.18–2,946.84) in 1990 to 327.396 (95% UI: 156.269–626.363) in 2021, representing a 76.0% reduction (Table 1). YLDs decreased from 178.93 (95% UI: 82.31–314.83) in 1990 to 165.30 (95% UI: 75.61–314.56) in 2021, corresponding to a 7.6% reduction (Supplementary Table S1). The DALY rate decreased from 0.220 per 100,000 in 1990 to 0.050 in 2021, indicating a 77.3% decrease. The EAPC for the DALY and YLD rates was  $-4.782$  (95% CI:  $-5.210$  to  $-4.352$ ) and  $-0.493$  (95% CI:  $-0.572$  to  $-0.413$ ), respectively.

Regional DALY and YLD rates showed varied trends, with significant declines in some regions and more moderate decreases in other regions. Central Europe experienced the largest DALY rate decrease (EAPC:  $-11.051$ ), while tropical Latin America saw the largest decline in the YLD rate. In 2021, Eastern sub-Saharan Africa had the highest DALY rate (171.137, 95% UI: 64.810–409.268), followed by South Asia and Western sub-Saharan Africa. Hierarchical clustering analysis (Figure 1) revealed distinct regional clusters with similar patterns of disease burden change, highlighting sharp decreases in Central Europe and moderate declines in South Asia and sub-Saharan Africa. Other regions exhibited stable or slightly decreased DALY and YLD rates.

The global distribution and temporal trends in DALY and YLD rates for neonatal OM attributable to PM2.5 across the 204 countries and territories are shown in Figure 2. At the national level, 12 countries—mostly in North Africa and the Middle East—still showed an upward trend in DALY rates, with Saudi Arabia and Poland showing the largest increases and decreases, respectively. Meanwhile, South Sudan had the highest DALY rate in 2021 (0.754, 95% UI: 0.208–2.087), while Slovenia had the lowest rate (0.002, 95% UI: 0.000–0.005).

Examining the contributions of ambient and household PM2.5 to the burden of OM attributable to PM2.5, household PM2.5 accounted for 76.3% of DALYs and YLDs globally in 2021. Ambient PM2.5 contributed more significantly to the burden in high- and high-middle SDI regions, while household PM2.5 was more pronounced in low-middle and low SDI regions (Figure 3). High-income regions, such as North America, Asia Pacific, Western Europe, and Australasia, had higher DALYs and YLDs from ambient PM2.5, whereas less developed regions, including Eastern sub-Saharan Africa and Oceania, had a greater burden from household PM2.5.

### 3.2 Burden and trends by sex

In 2021, male individuals exhibited higher DALY cases and rates globally compared to female individuals, with DALYs totaling 202.408 (95% UI: 87.580–464.706) for male individuals and 124.988 (95% UI:

56.509–232.048) for female individuals. DALY rates were 0.060 per 100,000 for male individuals and 0.039 per 100,000 for female individuals (Figure 4). Conversely, YLD cases and rates were comparable between the sexes. Interestingly, before 1997, female individuals had higher DALY cases and rates than male individuals. From 1990 to 2021, DALY cases and rates declined in both sexes. However, despite the overall downward trend during the study period, YLD cases and rates showed slight increases in both sexes after 2020 (Figure 4).

### 3.3 Burden and trends by SDI

In 2021, DALYs and YLDs decreased with increasing SDI levels. The highest DALY and YLD cases were observed in low SDI regions (Figure 5; Table 1; Supplementary Table S1). DALY cases and rates decreased across all SDI quintiles. The largest DALY rate decrease was observed in low-middle SDI regions (88.7% decrease, EAPC:  $-5.856$ ). YLD cases in low SDI regions showed a consistent increase, while other SDI regions had moderate declines. YLD rates declined moderately in all SDI regions except in low SDI regions, where they remained stable (Figure 5; Supplementary Table S1).

### 3.4 Decomposition analysis

Decomposition analyses indicated that epidemiological changes had a significant impact on the decrease in the burden of neonatal OM attributable to PM2.5 (Figure 6). Globally, epidemiological changes were the primary contributors to this decline in DALYs, accounting for  $-104.98\%$  of the change, and this pattern was consistent across all SDI regions. Epidemiological changes contributed significantly to the decline in DALYs in low-middle ( $-106.75\%$ ) and low SDI ( $-175.19\%$ ) regions. Notably, aging (67.9%) drove increases in DALYs in low SDI regions. Among the 21 GBD regions, Eastern sub-Saharan Africa ( $-172.95\%$ ) and South Asia ( $-100.66\%$ ) showed the largest epidemiological contribution to the decline in DALYs, while aging (65.48%) contributed to increases in Eastern sub-Saharan Africa (Figure 6A).

For YLDs, epidemiological changes drove declines across all SDI regions, while population growth contributed to increases. Notably, aging (111.52%) was the main driver of rising YLDs in low SDI regions. Among the 21 GBD regions, the decline in YLDs was most significantly attributed to epidemiological factors in South Asia ( $-106.57\%$ ), Southeast Asia ( $-92.58\%$ ), and East Asia ( $-69.78\%$ ). Conversely, the increase in YLDs was most strongly attributable to aging in Central sub-Saharan Africa ( $-162.99\%$ ), Eastern sub-Saharan Africa ( $-115.57\%$ ), and Western sub-Saharan Africa ( $-107.83\%$ ) (Figure 6B).

## 4 Discussion

Our study provides a comprehensive analysis of the global burden of neonatal OM attributable to PM2.5, highlighting a significant decline in DALYs and YLDs over the past three decades. These findings are consistent with broader trends observed in the global burden of disease, where improvements in air quality and public

TABLE 1 DALY cases and rates for neonatal OM attributable to PM2.5 in 1990 and 2021, and the EAPC from 1990 to 2021 at the global and regional levels.

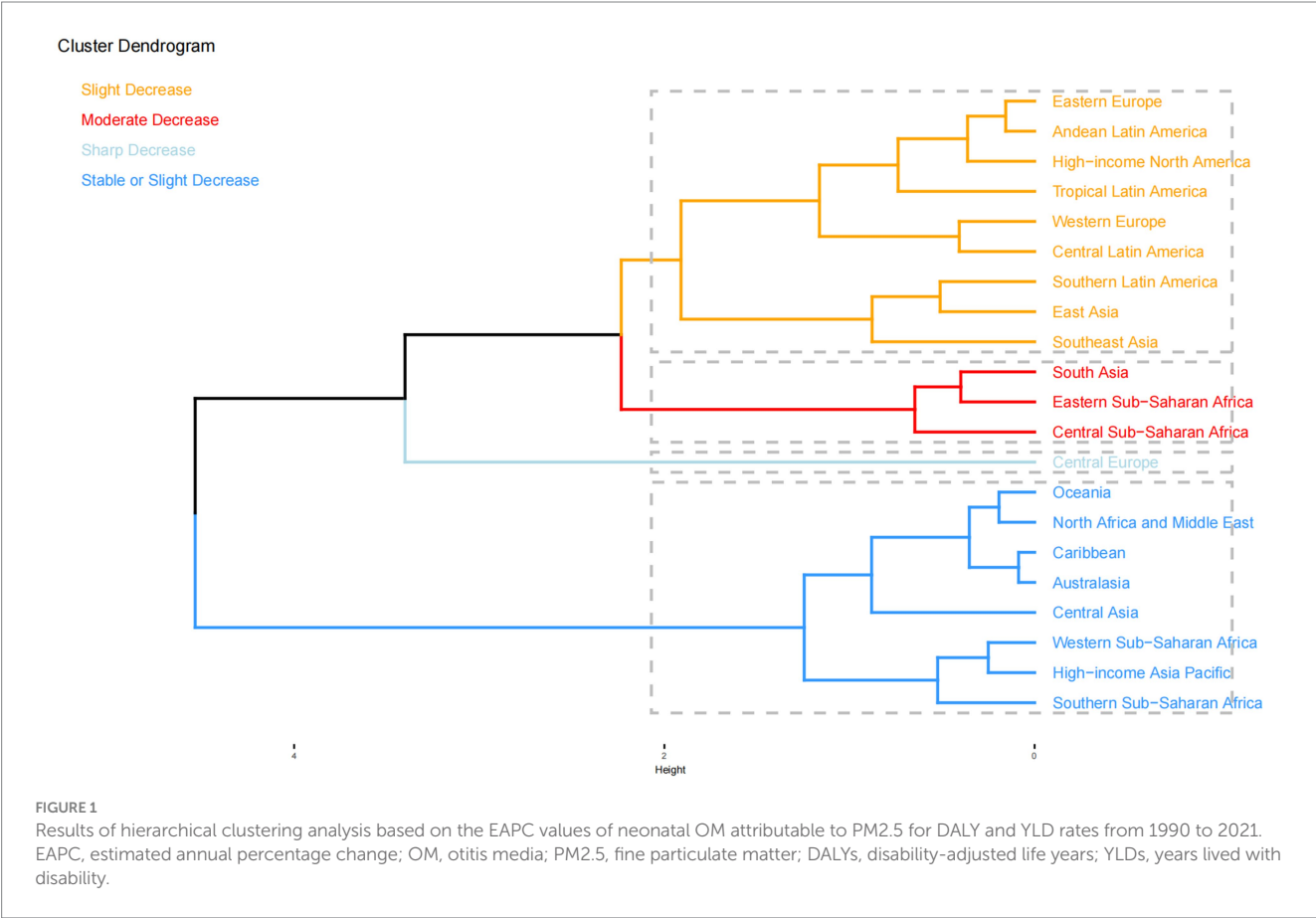
Location	1990		2021		1990–2021
	DALY cases, (95% UI)	DALY rate, per 100, 000 (95% UI)	DALY cases, (95% UI)	DALY rate, per 100, 000 (95% UI)	EAPC, %, (95% CI)
Global	1363.136 (512.175, 2946.844)	0.220 (0.083, 0.475)	327.396 (156.269, 626.363)	0.050 (0.024, 0.095)	−4.782 (−5.210, −4.352)
SDI					
High	33.247 (21.599, 44.032)	0.054 (0.035, 0.071)	4.048 (2.125, 7.034)	0.008 (0.004, 0.013)	−5.019 (−5.627, −4.407)
High-middle	43.537 (28.160, 62.612)	0.047 (0.030, 0.067)	6.227 (3.133, 11.331)	0.009 (0.004, 0.016)	−4.493 (−4.811, −4.173)
Middle	160.241 (99.153, 235.522)	0.080 (0.049, 0.117)	32.023 (16.915, 58.052)	0.018 (0.010, 0.033)	−3.827 (−4.202, −3.450)
Low-middle	523.212 (93.478, 1586.695)	0.302 (0.054, 0.915)	71.834 (34.692, 133.927)	0.037 (0.018, 0.070)	−5.856 (−6.657, −5.048)
Low	601.827 (223.230, 1402.169)	0.663 (0.246, 1.544)	213.006 (89.491, 472.662)	0.129 (0.054, 0.285)	−5.558 (−6.152, −4.960)
Regions					
Andean Latin America	3.647 (1.246, 9.309)	0.069 (0.024, 0.176)	1.134 (0.514, 2.257)	0.018 (0.008, 0.037)	−4.622 (−4.802, −4.442)
Australasia	0.101 (0.008, 0.315)	0.007 (0.001, 0.020)	0.075 (0.009, 0.204)	0.004 (0.001, 0.011)	−0.775 (−1.107, −0.441)
Caribbean	1.621 (0.566, 4.410)	0.039 (0.014, 0.107)	1.293 (0.495, 3.520)	0.033 (0.013, 0.091)	−0.530 (−0.753, −0.306)
Central Asia	1.459 (0.827, 2.525)	0.015 (0.009, 0.027)	0.816 (0.386, 1.466)	0.008 (0.004, 0.015)	−2.173 (−2.688, −1.655)
Central Europe	38.948 (24.068, 57.814)	0.427 (0.264, 0.633)	0.491 (0.218, 0.956)	0.009 (0.004, 0.017)	−11.051 (−12.361, −9.721)
Central Latin America	30.088 (19.875, 41.816)	0.131 (0.086, 0.182)	2.604 (1.316, 4.703)	0.013 (0.007, 0.023)	−6.708 (−7.344, −6.067)
Central sub-Saharan Africa	28.005 (4.163, 95.851)	0.270 (0.040, 0.923)	12.346 (3.727, 40.632)	0.059 (0.018, 0.193)	−5.102 (−5.284, −4.919)
East Asia	40.269 (19.745, 69.221)	0.035 (0.017, 0.060)	7.640 (3.280, 14.938)	0.010 (0.004, 0.019)	−3.068 (−3.307, −2.828)
Eastern Europe	1.873 (0.967, 3.342)	0.011 (0.006, 0.019)	0.288 (0.134, 0.542)	0.003 (0.001, 0.005)	−4.258 (−4.662, −3.853)
Eastern sub-Saharan Africa	461.615 (205.006, 1061.966)	1.279 (0.568, 2.943)	171.137 (64.810, 409.268)	0.268 (0.102, 0.642)	−5.250 (−6.095, −4.398)
High-income Asia Pacific	0.974 (0.475, 1.824)	0.010 (0.005, 0.018)	0.444 (0.176, 0.916)	0.007 (0.003, 0.014)	−1.057 (−1.311, −0.803)
High-income North America	2.949 (1.815, 4.625)	0.014 (0.008, 0.021)	0.853 (0.446, 1.492)	0.004 (0.002, 0.007)	−3.610 (−3.799, −3.421)
North Africa and the Middle East	10.428 (4.889, 20.367)	0.020 (0.010, 0.040)	12.958 (5.851, 24.455)	0.021 (0.010, 0.040)	0.186 (0.067, 0.304)
Oceania	0.342 (0.146, 0.656)	0.034 (0.014, 0.065)	0.647 (0.275, 1.247)	0.033 (0.014, 0.064)	0.001 (−0.033, 0.034)
South Asia	611.287 (74.998, 1995.559)	0.389 (0.048, 1.271)	62.489 (28.997, 118.707)	0.039 (0.018, 0.075)	−6.333 (−7.442, −5.212)

(Continued)

TABLE 1 (Continued)

Location	1990		2021		1990–2021
	DALY cases, (95% UI)	DALY rate, per 100, 000 (95% UI)	DALY cases, (95% UI)	DALY rate, per 100, 000 (95% UI)	EAPC, %, (95% CI)
Southeast Asia	16.266 (7.816, 31.816)	0.028 (0.013, 0.055)	9.981 (4.504, 18.958)	0.018 (0.008, 0.034)	−1.532 (−1.616, −1.447)
Southern Latin America	0.867 (0.445, 1.525)	0.017 (0.009, 0.030)	0.287 (0.103, 0.632)	0.007 (0.002, 0.015)	−3.968 (−4.353, −3.581)
Southern sub-Saharan Africa	2.691 (1.194, 5.151)	0.036 (0.016, 0.069)	1.934 (0.812, 3.717)	0.024 (0.010, 0.046)	−1.123 (−1.355, −0.889)
Tropical Latin America	77.208 (48.489, 109.616)	0.452 (0.284, 0.642)	6.306 (3.607, 9.806)	0.037 (0.021, 0.057)	−5.497 (−6.528, −4.455)
Western Europe	16.334 (10.359, 22.728)	0.071 (0.045, 0.099)	2.190 (1.208, 3.767)	0.010 (0.006, 0.018)	−5.567 (−6.072, −5.058)
Western sub-Saharan Africa	16.164 (7.685, 30.010)	0.045 (0.022, 0.084)	31.482 (14.719, 59.569)	0.039 (0.018, 0.075)	−0.536 (−0.587, −0.485)

DALYs, disability-adjusted life years; OM, otitis media; PM2.5, fine particulate matter; EAPC, estimated annual percentage change; SDI, socio-demographic index; UI, uncertainty intervals; CI, confidence intervals.



health interventions have contributed to reductions in the disease burden (20). However, our analysis also reveals substantial regional disparities and unique challenges that require targeted interventions. Epidemiological changes were the primary driver of the decline in the neonatal OM burden attributable to PM2.5. This significant impact underscores the effectiveness of public health interventions

aimed at reducing air pollution and improving healthcare infrastructure. For instance, previous studies have shown that improvements in air quality through policy measures have led to substantial reductions in neonatal disorders (20). In China, a combination of air quality improvement measures, hospital-based birth strategies, and enhanced neonatal care has resulted in a



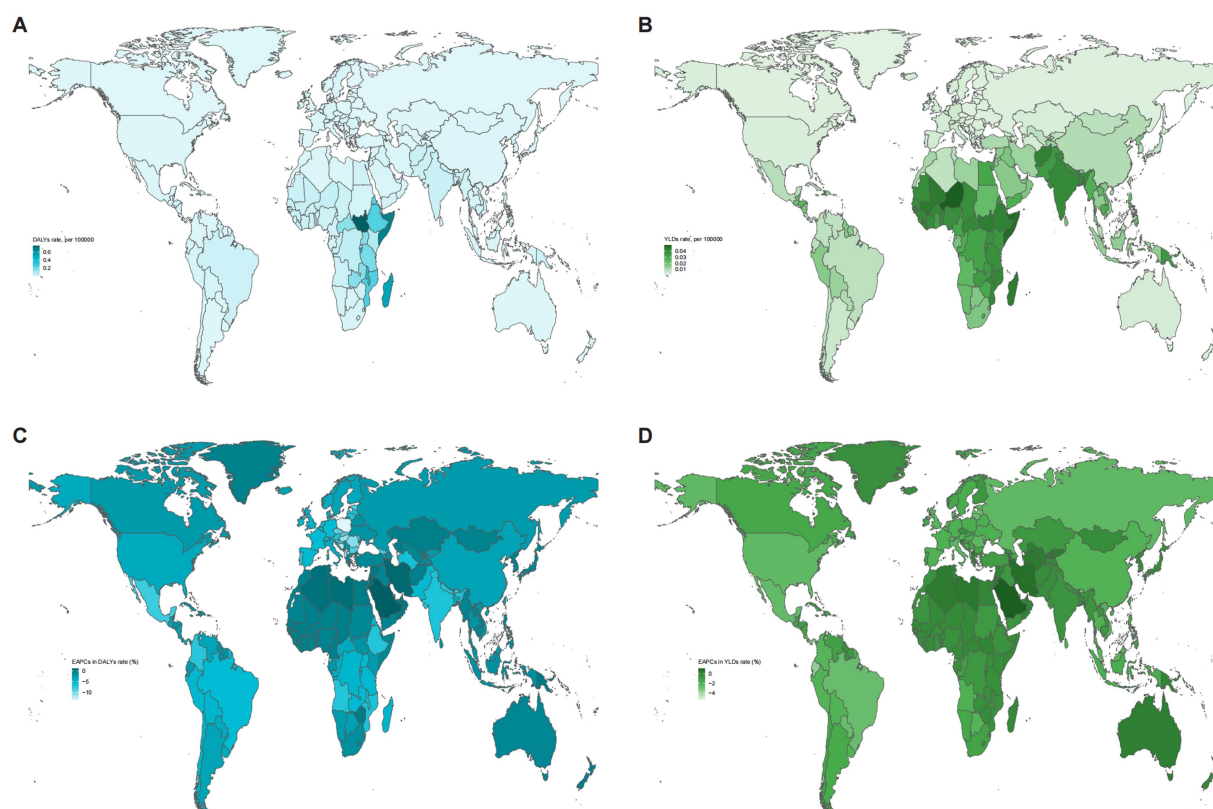


FIGURE 2

Global distribution (2021) and temporal trends (1990–2021) in DALY and YLD rates of neonatal OM attributable to PM<sub>2.5</sub> across 204 countries and territories: (A) DALY rates; (B) YLD rates; (C) EAPC of DALY rates; (D) EAPC of YLD rates. DALYs, disability-adjusted life years; YLDs, years lived with disability; OM, otitis media; PM<sub>2.5</sub>, fine particulate matter; EAPC, estimated annual percentage change.

significant reduction in the burden of PM<sub>2.5</sub>-related preterm births (21). These efforts highlight the importance of coordinated public health strategies in mitigating the impact of environmental factors on neonatal health. Regional differences in the burden of neonatal OM attributable to PM<sub>2.5</sub> emphasize the need for tailored public health strategies. High-income regions, such as North America and Western Europe, are primarily affected by ambient PM<sub>2.5</sub>, while low-income regions, such as Eastern sub-Saharan Africa, are more affected by household PM<sub>2.5</sub>. This distinction suggests that high-income regions should focus on reducing industrial and vehicular emissions, whereas low-income regions should prioritize improving indoor air quality through cleaner cooking fuels and better ventilation (22). These targeted approaches can maximize the effectiveness of public health interventions and optimize resource allocation.

Sex disparities in the burden of neonatal OM are also noteworthy, with higher DALYs observed in male individuals compared to female individuals. This finding is consistent with previous research indicating that male neonates are more vulnerable to adverse health outcomes (23). This sex disparity may be attributed to biological differences, such as higher oxygen requirements and greater susceptibility to oxidative stress in male fetuses (23, 24). In addition, social factors, including differential access to healthcare and care-seeking behaviors, may contribute to this disparity (25). Future

research should explore these mechanisms to inform sex-specific interventions.

The increase in YLD cases in low SDI regions, despite a general decline in other regions, is concerning. This trend may be linked to inadequate healthcare infrastructure, limited access to medical care, and higher environmental exposures in these areas (26, 27). These findings highlight the need for targeted interventions to address health inequities and improve healthcare access in low SDI regions. Policies aimed at reducing environmental exposures and enhancing healthcare services in these regions could significantly mitigate the burden of neonatal OM attributable to PM<sub>2.5</sub>.

It is important to acknowledge the limitations of this study. First, the data relied on estimates from the Global Burden of Disease (GBD) study, which may have inherent uncertainties and limitations in data collection and estimation methods. Second, the analysis assumed a linear relationship between PM<sub>2.5</sub> exposure and neonatal OM, which may not fully capture the complexity of the exposure–response relationship. Third, the study did not account for potential confounding factors, such as socioeconomic status and genetic predispositions that could influence the observed trends.

Future research should focus on elucidating the specific mechanisms underlying the observed trends and identifying effective policy interventions to reduce the burden of neonatal OM attributable to PM<sub>2.5</sub>. Studies should also explore the impact of different sources

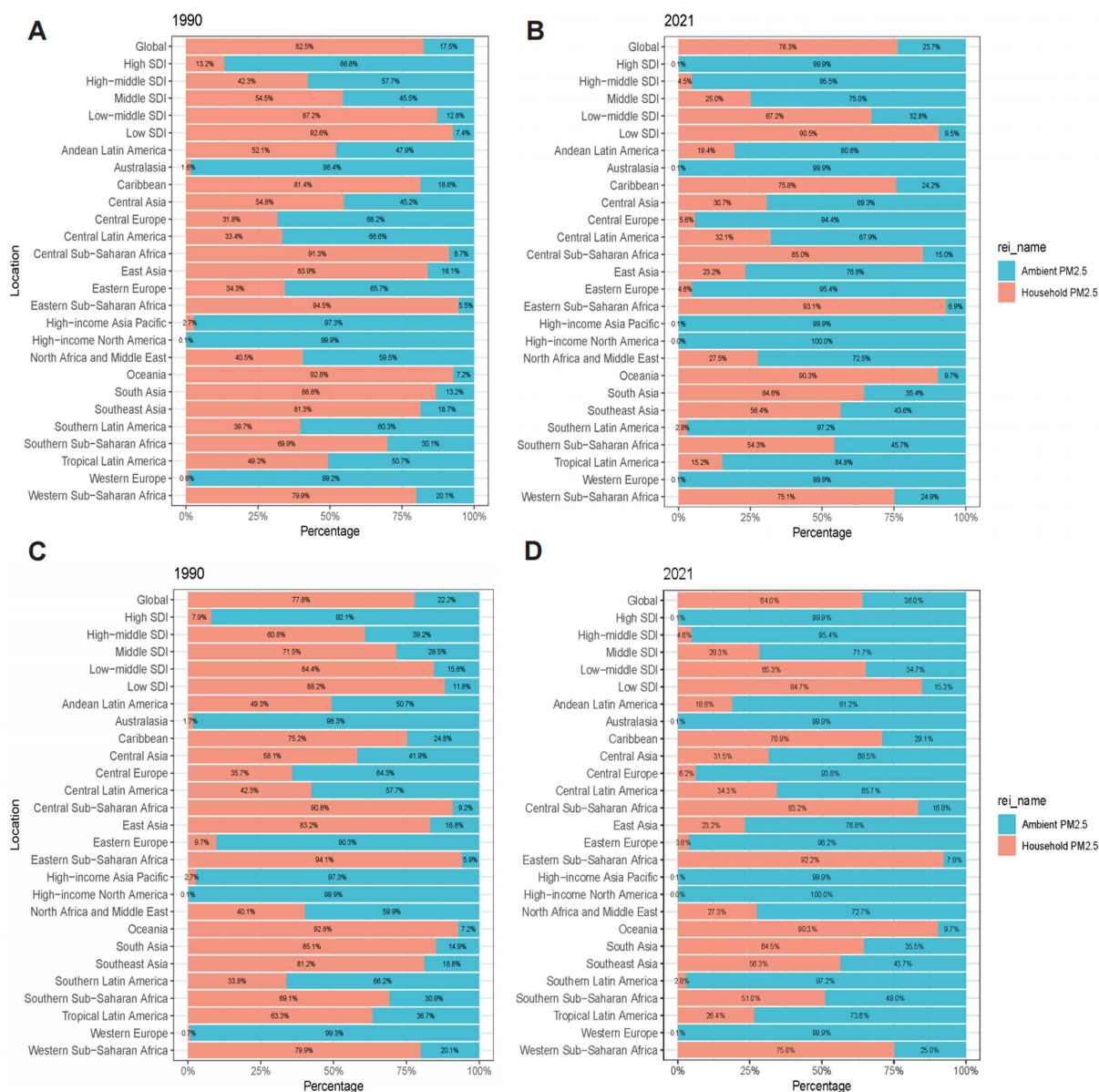


FIGURE 3

Contribution of ambient PM<sub>2.5</sub> and household PM<sub>2.5</sub> to the PM<sub>2.5</sub>-attributable neonatal OM burden across different locations: **(A)** DALYs in 1990; **(B)** DALYs in 2021; **(C)** YLDs in 1990; **(D)** YLDs in 2021. PM<sub>2.5</sub>, fine particulate matter; OM, otitis media; DALYs, disability-adjusted life years; YLDs, years lived with disability; SDI, socio-demographic index.

of PM<sub>2.5</sub> exposure, such as household and ambient pollution, on neonatal health outcomes. In addition, research should address the sex-specific vulnerabilities and social determinants of health to inform targeted interventions.

## 5 Conclusion

In conclusion, our study demonstrates a significant decline in the global burden of neonatal OM attributable to PM<sub>2.5</sub> from 1990

to 2021, driven primarily by epidemiological changes, which may be largely due to the implementation of effective public health interventions. However, substantial regional disparities persist, with low SDI regions facing higher burdens. Targeted public health interventions, particularly in low-income regions, are essential to further reduce the burden of neonatal OM attributable to PM<sub>2.5</sub>. Future research should focus on elucidating the specific mechanisms underlying these trends and developing effective policy interventions to address the ongoing challenges in low SDI regions.

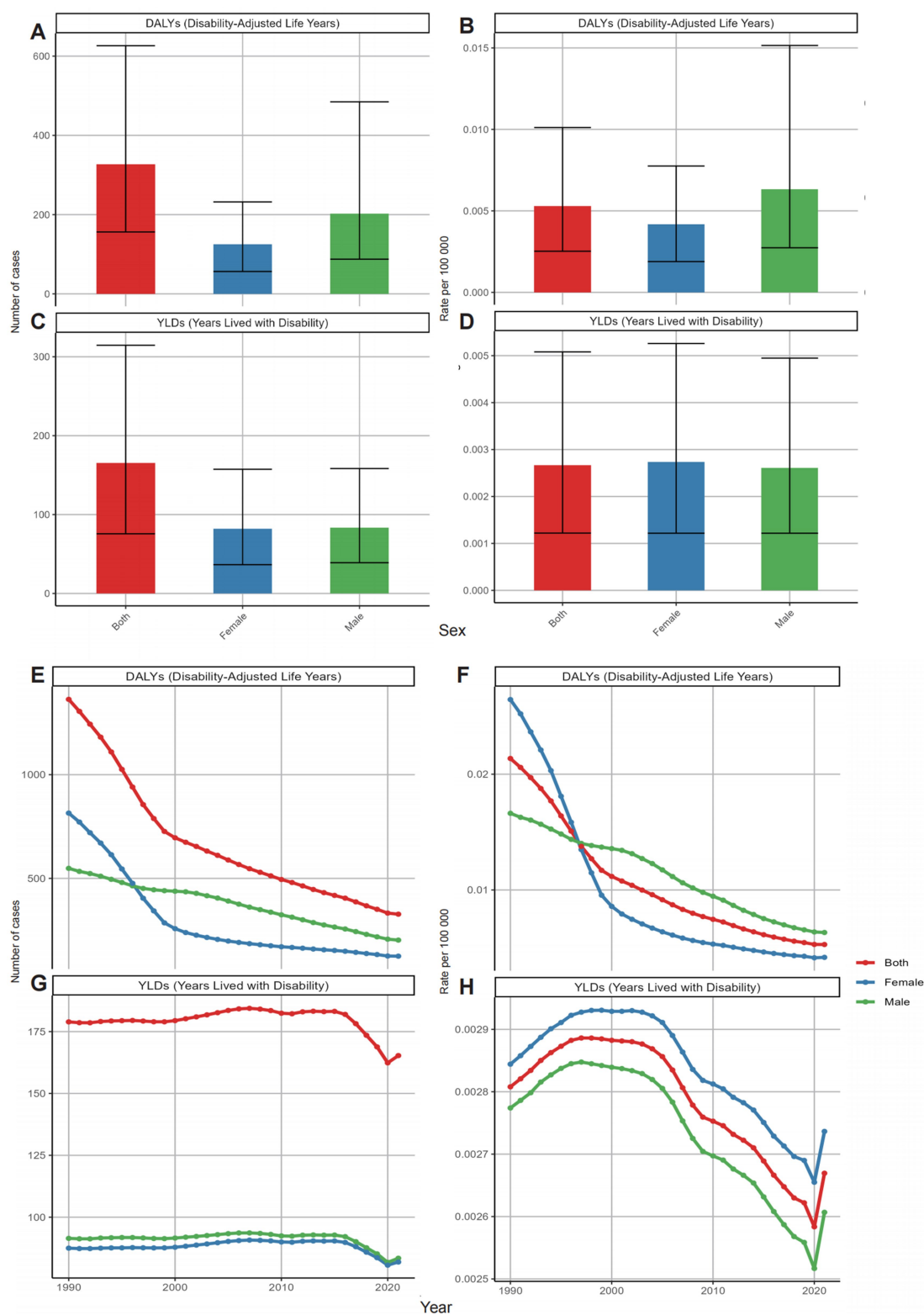


FIGURE 4

Global distribution (2021) and temporal trends (1990–2021) in neonatal OM attributable to PM<sub>2.5</sub> by sex: (A) DALY cases; (B) DALY rates; (C) YLD cases; (D) YLD rates; (E) trends in DALY cases; (F) trends in DALY rates; (G) trends in YLD cases; (H) trends in YLD rates. DALYs, disability-adjusted life years; YLDs, years lived with disability; OM, otitis media; PM<sub>2.5</sub>, fine particulate matter.



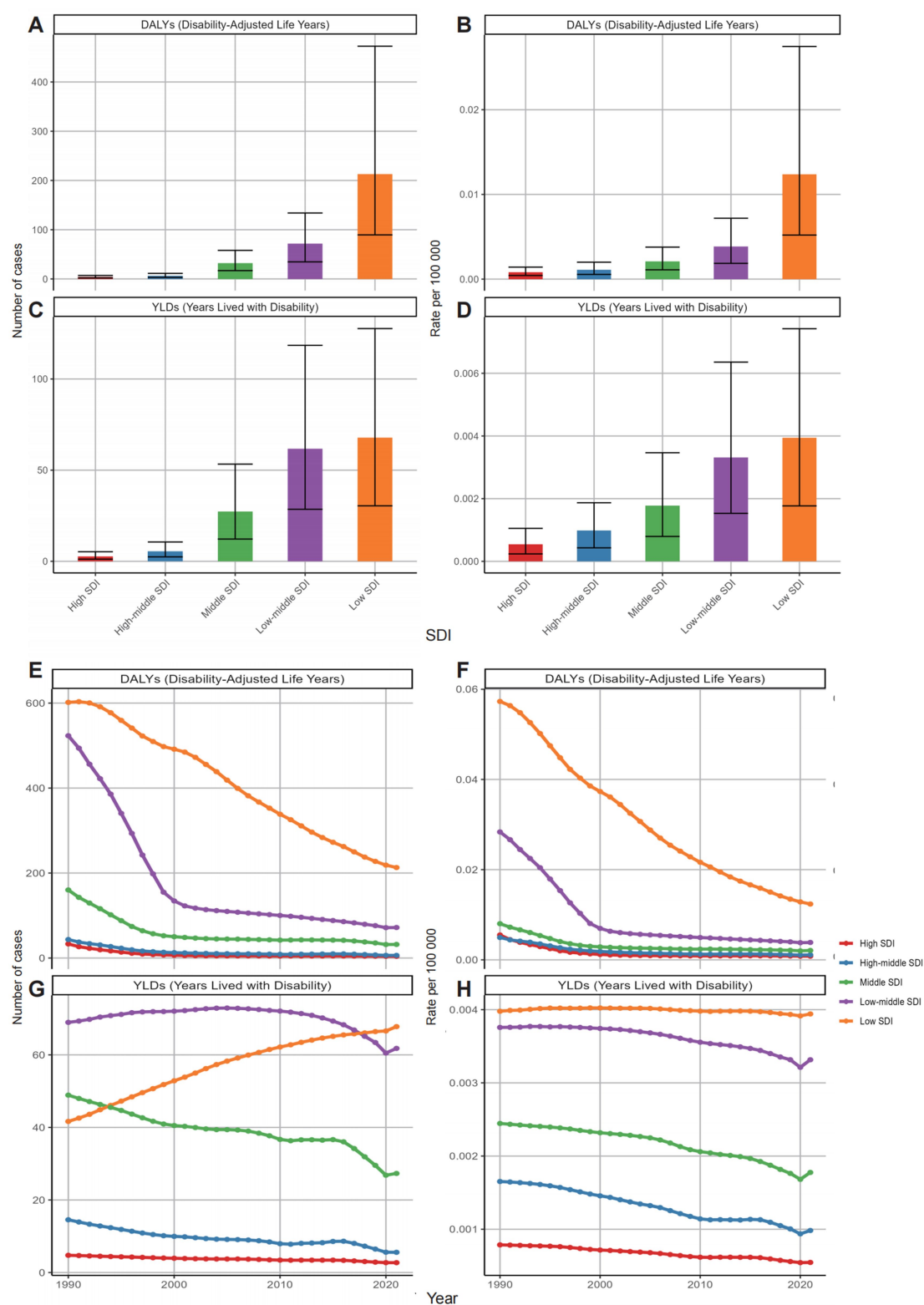
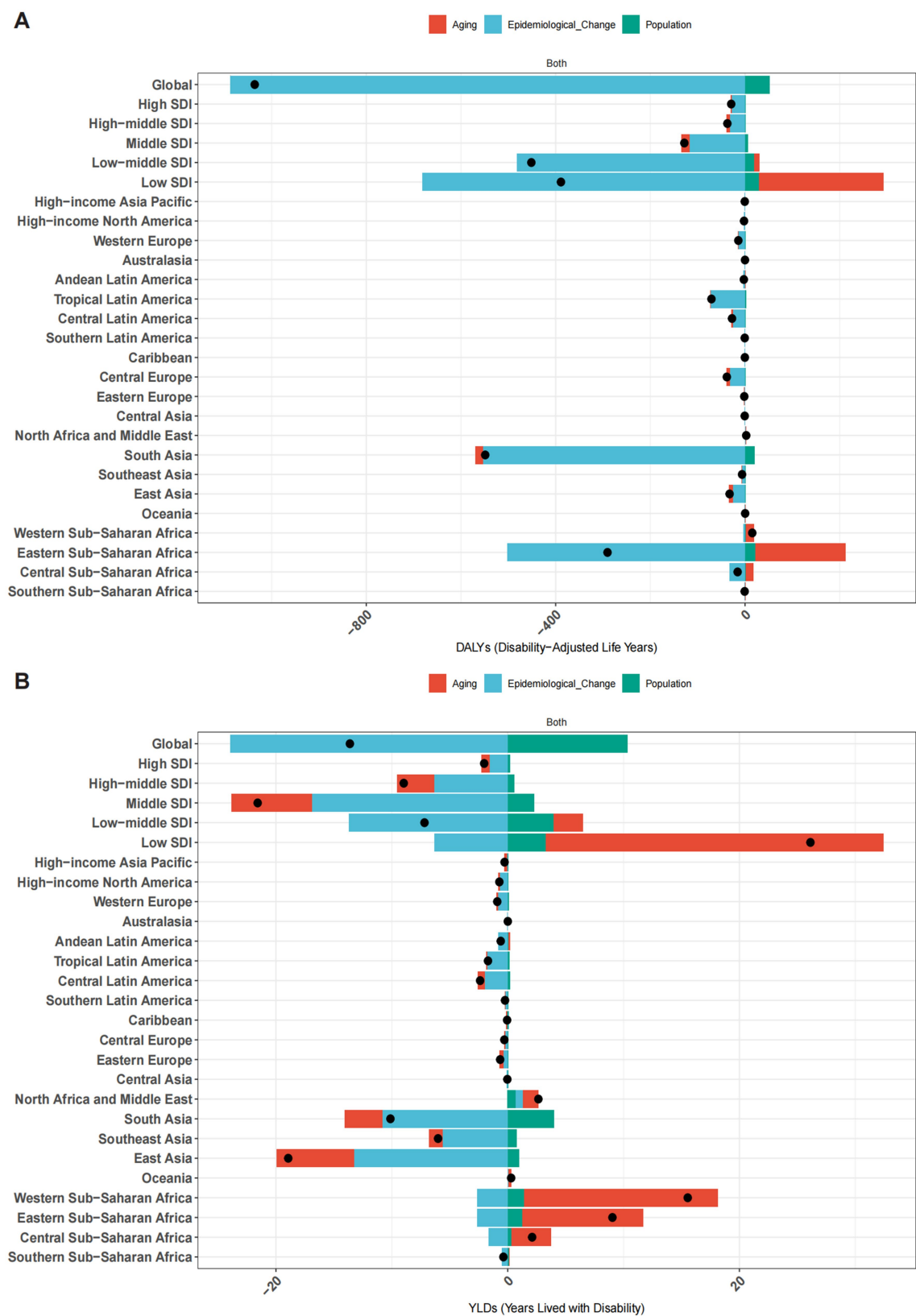


FIGURE 5

Global distribution (2021) and temporal trends (1990–2021) in neonatal OM attributable to PM<sub>2.5</sub> by SDI subgroups: (A) DALY cases; (B) DALY rates; (C) YLD cases; (D) YLD rates; (E) trends in DALY cases; (F) trends in DALY rates; (G) trends in YLD cases; (H) trends in YLD rates. DALYs, disability-adjusted life years; YLDs, years lived with disability; OM, otitis media; PM<sub>2.5</sub>, fine particulate matter; SDI, socio-demographic index.



**FIGURE 6**  
Changes in DALYs (A) and YLDs (B) for neonatal OM attributable to PM2.5, decomposed by population-level determinants—population growth, aging, and epidemiological changes—from 1990 to 2021 globally, across five SDI regions, and within 21 GBD regions. Black dots represent the total change contributed by all three components. Positive values indicate a contribution to the increase in DALYs or YLDs, whereas negative values indicate a reduction. DALYs, disability-adjusted life years; YLDs, years lived with disability; OM, otitis media; PM2.5, fine particulate matter.

## Data availability statement

The original contributions presented in the study are included in the article/[Supplementary material](#), further inquiries can be directed to the corresponding author.

## Ethics statement

The studies involving humans were approved by Wushan County People's Hospital of Chongqing Institutional. The studies were conducted in accordance with the local legislation and institutional requirements. The ethics committee/institutional review board waived the requirement of written informed consent for participation from the participants or the participants' legal guardians/next of kin because the information used in this paper was sourced from the open-access GBD database. The Wushan County People's Hospital of Chongqing Institutional Review Board reviewed and approved the waiver of informed consent. Written informed consent was not obtained from the individual(s) for the publication of any potentially identifiable images or data included in this article because the information used in this paper was sourced from the open-access GBD database.

## Author contributions

XG: Conceptualization, Data curation, Funding acquisition, Software, Writing – original draft, Writing – review & editing. YX: Data curation, Methodology, Validation, Visualization, Writing – original draft. YT: Methodology, Software, Validation, Writing – review & editing. CY: Investigation, Writing – review & editing. ZZ: Investigation, Writing – review & editing. FS: Resources, Writing – review & editing. MR: Resources, Writing – review & editing. YL: Resources, Writing – review & editing. DW: Conceptualization, Formal analysis, Project administration, Supervision, Writing – review & editing.

## Funding

The author(s) declare that financial support was received for the research and/or publication of this article. This study was supported by the Medical Scientific Research Program (2024WSJK115) and the

Chongqing Medical Youth Top Talents Program (YXQN2025093), both funded by the Chongqing Municipal Health Commission.

## Acknowledgments

We appreciate all the academics who contributed to the GBD study.

## Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

## Generative AI statement

The authors declare that no Gen AI was used in the creation of this manuscript.

Any alternative text (alt text) provided alongside figures in this article has been generated by Frontiers with the support of artificial intelligence and reasonable efforts have been made to ensure accuracy, including review by the authors wherever possible. If you identify any issues, please contact us.

## Publisher's note

All claims expressed in this article are solely those of the authors and do not necessarily represent those of their affiliated organizations, or those of the publisher, the editors and the reviewers. Any product that may be evaluated in this article, or claim that may be made by its manufacturer, is not guaranteed or endorsed by the publisher.

## Supplementary material

The Supplementary material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fpubh.2025.1625071/full#supplementary-material>

## References

- Walter, CM, Schneider-Futschik, EK, Lansbury, NL, Sly, PD, Head, BW, and Knibbs, LD. The health impacts of ambient air pollution in Australia: a systematic literature review. *Intern Med J.* (2021) 51:1567–79. doi: 10.1111/imj.15415
- Liu, C, Chen, R, Sera, F, Vicedo-Cabrera, AM, Guo, Y, Tong, S, et al. Ambient particulate air pollution and daily mortality in 652 cities. *N Engl J Med.* (2019) 381:705–15. doi: 10.1056/NEJMoa1817364
- Marais, EA, Vohra, K, Kelly, JM, Li, Y, and Lu, G. The health burden of air pollution in the UK: a modelling study using updated exposure-risk associations. *Lancet.* (2023) 402:S66. doi: 10.1016/S0140-6736(23)02099-8
- Julaiti, M, Wubuli, D, Cui, T, Nijati, N, Huang, P, and Hu, B. Analysis of the relationship between environmental particulate matter exposure and congenital diseases, as well as the epidemiological trends and burden of impact on newborns. *Ecotoxicol Environ Saf.* (2025) 289:117465. doi: 10.1016/j.ecoenv.2024.117465
- Rajagopalan, S, Al-Kindi, SG, and Brook, RD. Air pollution and cardiovascular disease: JACC state-of-the-art review. *J Am Coll Cardiol.* (2018) 72:2054–70. doi: 10.1016/j.jacc.2018.07.099
- Sang, S, Chu, C, Zhang, T, Chen, H, and Yang, X. The global burden of disease attributable to ambient fine particulate matter in 204 countries and territories, 1990–2019: a systematic analysis of the global burden of disease study 2019. *Ecotoxicol Environ Saf.* (2022) 238:113588. doi: 10.1016/j.ecoenv.2022.113588
- Ji, N, Eckel, SP, Foley, H, Yang, T, Lurmann, F, Grubbs, BH, et al. Prenatal air pollution exposure is associated with inflammatory, cardiovascular, and metabolic biomarkers in mothers and newborns. *Environ Res.* (2024) 252:118797. doi: 10.1016/j.envres.2024.118797
- Ruttkay Pereira, DR, Pereira, MR, Rotta Pereira, MB, Costa, SS, Mott, MP, and Cantarelli, V. Otopathogens in the middle ear and nasopharynx of children with recurrent acute otitis media. *Int J Pediatr Otorhinolaryngol.* (2023) 169:111552. doi: 10.1016/j.ijporl.2023.111552

9. Gaddey, HL, Wright, MT, and Nelson, TN. Otitis media: rapid evidence review. *Am Fam Physician*. (2019) 100:350–6.
10. Grindler, DJ, Blank, SJ, Schulz, KA, Witsell, DL, and Lieu, JEC. Impact of otitis media severity on children's quality of life. *Otolaryngol Head Neck Surg*. (2014) 151:333–40. doi: 10.1177/0194599814525576
11. Shaikh, N. Otitis Media in Young Children. *N Engl J Med*. (2025) 392:1418–26. doi: 10.1056/NEJMcp2400531
12. Sedney, CJ, and Harvill, ET. The neonatal immune system and respiratory pathogens. *Microorganisms*. (2023) 11:1597. doi: 10.3390/microorganisms11061597
13. Lee, JH, Lee, R, Jang, H, Lee, W, Lee, JW, AiMS-CREATE et al. Association between long-term PM2.5 exposure and risk of infectious diseases - acute otitis media, sinusitis, pharyngitis, and tonsillitis in children: a nationwide longitudinal cohort study. *Environ Res*. (2025) 272:121137. doi: 10.1016/j.envres.2025.121137
14. Lee, S-Y, Jang, M-J, Oh, SH, Lee, JH, Suh, M-W, and Park, MK. Associations between particulate matter and otitis Media in Children: a meta-analysis. *Int J Environ Res Public Health*. (2020) 17:4604. doi: 10.3390/ijerph17124604
15. GBD 2021 Causes of Death Collaborators. Global burden of 288 causes of death and life expectancy decomposition in 204 countries and territories and 811 subnational locations, 1990–2021: a systematic analysis for the global burden of disease study 2021. *Lancet*. (2024) 403:2100–32. doi: 10.1016/S0140-6736(24)00367-2
16. Lu, J, Zhao, X, and Gan, S. Global, regional and national burden of tracheal, bronchus, and lung cancer attributable to ambient particulate matter pollution from 1990 to 2021: an analysis of the global burden of disease study. *BMC Public Health*. (2025) 25:108. doi: 10.1186/s12889-024-21226-w
17. GBD 2021 Risk Factors Collaborators. Global burden and strength of evidence for 88 risk factors in 204 countries and 811 subnational locations, 1990–2021: a systematic analysis for the global burden of disease study 2021. *Lancet*. (2024) 403:2162–203. doi: 10.1016/S0140-6736(24)00933-4
18. Global Burden of Disease Collaborative Network. Global burden of disease study 2021 (GBD 2021) socio-demographic index (SDI) 1950–2021. Seattle, United States of America: Institute for Health Metrics and Evaluation (IHME) (2024).
19. Chevan, A, and Sutherland, M. Revisiting das Gupta: refinement and extension of standardization and decomposition. *Demography*. (2009) 46:429–49. doi: 10.1353/dem.0.0060
20. Zhao, H, Zhang, X, Wang, W, Shi, J, Lai, W, Li, Y, et al. Global, regional, and national burden of ambient and household PM2.5-related neonatal disorders, 1990–2019. *Ecotoxicol Environ Saf*. (2023) 252:114560. doi: 10.1016/j.ecoenv.2023.114560
21. Tang, Z, and Jia, J. The association between the burden of PM2.5-related neonatal preterm birth and socio-demographic index from 1990 to 2019: a global burden study. *Int J Environ Res Public Health*. (2022) 19:10068. doi: 10.3390/ijerph191610068
22. Bowatte, G, Tham, R, Perret, JL, Bloom, MS, Dong, G, Waidyatillake, N, et al. Air pollution and otitis Media in Children: a systematic review of literature. *Int J Environ Res Public Health*. (2018) 15:257. doi: 10.3390/ijerph15020257
23. Tang, Z, and Jia, J. PM2.5-related neonatal infections: a global burden study from 1990 to 2019. *Int J Environ Res Public Health*. (2022) 19:5399. doi: 10.3390/ijerph19095399
24. Nielsen, BB, Liljestrand, J, Hedegaard, M, Thilsted, SH, and Joseph, A. Reproductive pattern, perinatal mortality, and sex preference in rural Tamil Nadu, South India: community based, cross sectional study. *BMJ*. (1997) 314:1521–4. doi: 10.1136/bmj.314.7093.1521
25. Victora, CG, Wagstaff, A, Schellenberg, JA, Gwatkin, D, Claeson, M, and Habicht, J-P. Applying an equity lens to child health and mortality: more of the same is not enough. *Lancet*. (2003) 362:233–41. doi: 10.1016/S0140-6736(03)13917-7
26. Langlois, EV, McKenzie, A, Schneider, H, and Mearns, JW. Measures to strengthen primary health-care systems in low- and middle-income countries. *Bull World Health Organ*. (2020) 98:781–91. doi: 10.2471/BLT.20.252742
27. Luo, Z, Jiang, D, Shan, S, Zhou, J, Sun, W, Wu, J, et al. Cross-country inequalities in disease burden and quality of Care of Stroke, 1990–2021: a systematic analysis of the global burden of disease study 2021. *Eur J Neurol*. (2025) 32:e70050. doi: 10.1111/ene.70050