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Key eco-physiological leaf traits suggest a moderate to high level of thermal tolerance of alpine plants in the Western Himalaya

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Investigating thermal tolerance is vital in understanding how plant species would respond to future global temperature increase with greater rates in alpine areas, especially in the Himalaya, a biodiversity hotspot. In this study, we investigated the leaf thermal tolerance of 52 species from the Himalayan alpine region, to assess 1) the response of alpine species to different temperatures (28°C, 33°C, 38°C, 43°C, 48°C, 53°C, and 58°C), 2) the dependence of thermal tolerance (T_{50}) on various eco-physiological leaf traits, and 3) variation in thermal tolerance among different growth forms. We found the thermal tolerance of various species to be in the range of 44.9°C to 65.9°C, the highest in graminoids ($53.8^{\circ}\text{C} \pm 8.2^{\circ}\text{C}$), followed by forbs ($49.8^{\circ}\text{C} \pm 2.2^{\circ}\text{C}$) and rosettes ($48.7^{\circ}\text{C} \pm 2.4^{\circ}\text{C}$). We observed a significant positive correlation between T_{50} and leaf traits such as leaf mass per area and leaf dry matter content. We also determined thermal safety margins (TSMs), which ranged from 20.3°C (*Malva neglecta*) to 40.5°C (*Calamagrostis emodensis*) for most of the species, with a few species under 20°C, except for *Rosularia alpestris* at 9.7°C. Our results suggest that alpine species from the Western Himalaya, with elevated T_{50} and wide TSMs, are currently within their thermal safety range and are not as susceptible to temperature rise in the near future, compared to species from tropical and subtropical eco-regions, provided these are able to modulate their leaf temperature within their range of tolerance.

KEYWORDS

thermal tolerance, alpine species, plant functional traits, growth forms, thermal safety margins, global climate change

1 Introduction

Global temperature has been on the rise, and it will continue to rise further in the future (McCulloch et al., 2024). With increase in global temperatures and sequential changes in climate patterns, it is expected that heat stress would threaten numerous plant species to the extent that it may lead to regional elimination of the already vulnerable species, which are

operating at their maximum temperature thresholds (Sastry and Barua, 2017; O'sullivan et al., 2017; Feeley et al., 2020; Slot et al., 2021). A species' ability to tolerate temperature is an essential trait of ecological importance, as this decides and governs their performance and distribution, thereby influencing the composition of communities and the functioning of ecosystems (Deutsch et al., 2008; Araújo et al., 2013; Khaliq et al., 2014; Feeley et al., 2020; Lancaster and Humphreys, 2020; Ahrens et al., 2021). While the consequences of global temperature warming have been evident in global mountain ecosystems, the effects are more prominent at higher elevations, such as in the alpine region, where low temperature-adapted native species could gradually become more vulnerable to the warming of the alpine environment (Dangles et al., 2017; Cuesta et al., 2020; Sklenář et al., 2023). Thus, it is of utmost importance to understand the thermal tolerance of alpine plants in evaluating their susceptibility to global warming, considering the current scenario of rapid rise in temperatures and changing climate patterns (O'sullivan et al., 2017; Sklenář et al., 2023; Hansen et al., 2025).

Most of the studies on the thermal tolerance of plants have been conducted in tropical and subtropical eco-regions, such as in the tropical forests of Brazil (Doughty and Goulden, 2008), rainforests of lowland tropical Peruvian Amazon (O'sullivan et al., 2017), Fairchild Tropical Botanic Garden in Coral Gables (Florida, USA) (Perez and Feeley, 2020), and tropical forests of Panama (Slot et al., 2021), or mostly focused on tropical tree species from the south-eastern Amazon region (Tiwari et al., 2021), specific tropical species such as *Ficus insipida* (Krause et al., 2010), tropical montane tree species from Rwanda (Africa) (Tarvainen et al., 2022), and various tropical tree species from Western Ghats, India (Sastry and Barua, 2017; Javad et al., 2025). These studies suggest that species occurring in these eco-regions are at greater peril, as they are already performing at their maximum thermal thresholds. In contrast, studies on the thermal tolerance of alpine species are limited. Such studies include investigation of thermal tolerance on specific species (such as *Loiseleuria procumbens*, *Soldanella pusilla*, *Rhododendron ferrugineum*, *Senecio incanus*, *Ranunculus glacialis*, and *Pterocarpus lasiospermus*), tropical alpine paramo species, and some alpine glacier foreland species from the Alps (Braun et al., 2002; Marcante et al., 2014; Buchner et al., 2015; Perera-Castro et al., 2018; Leon-Garcia and Lasso, 2019), and focused investigations on *Erysimum scoparium*, an evergreen shrub (González-Rodríguez et al., 2021). These studies have suggested that an increase in global temperature may pose a risk to alpine plant species occurring in these regions. However, studies on the thermal tolerance of plants to high temperatures from the Himalayan alpine region are lacking. The Himalaya, situated in the tropical latitudes, is reported to be warming at a much higher rate than the global average (Dimri et al., 2022) and also due to elevation-dependent warming; the higher elevations are reported to be warming at higher rates (Krishnan et al., 2019), which could place alpine vegetation communities at greater risks (Pepin et al., 2019). The Himalaya is home to numerous plant species, among which several are endemic, and so it is considered a very important biotic realm in the world (Wambulwa et al., 2021). Therefore, it is

essential that we study the thresholds of the thermal tolerance of Himalayan alpine species, which would facilitate the assessment and broadening of our understanding of the impact that global warming could pose to species in the alpine region.

Leaf temperature is principally influenced by the ambient temperature; however, it is also modulated by transpiration and leaf traits (Lambers et al., 1998; Defraeye et al., 2013; Scheffers et al., 2016). Structural leaf traits [such as leaf mass per area (LMA), leaf dry matter content (LDMC) and specific leaf area (SLA) (Jones, 1992; Loveys et al., 2002; Curtis et al., 2012; Sastry and Barua, 2017)], morphological traits (Leigh et al., 2017; Monteiro et al., 2016), and stomatal conductance (Jones, 1992; Manzi et al., 2025) regulate leaf-to-air temperature difference; these traits can also determine the levels and intensity of the temperature tolerance of plants. For example, in warm and arid climates, a leaf's dimension modulates leaf-to-air temperature difference, whereas species having increased structural leaf investment with smaller leaves, or species with bigger leaves and low stomatal conductance, showed a higher tolerance to increased temperatures (Leigh et al., 2017; Sastry and Barua, 2017; Manzi et al., 2025). Additionally, a plant's growth form also defines its level of temperature tolerance; rosette, cushion, and stunted growth forms are reported to have considerably higher levels of tolerance to increased temperature than the erect herbaceous plants and forbs (Buchner and Neuner, 2003; Leon-Garcia and Lasso, 2019). Furthermore, leaf habits, such as evergreen and deciduous, also influence leaf temperature tolerance (Zhang et al., 2012). Thus, it is apparent from all these studies that thermal tolerance in plants is greatly regulated and maintained by leaf traits and growth forms, and the latter need to be ascertained for understanding the inherent dependencies.

At present, our knowledge of the thermal tolerance of plants to higher temperatures and the relationship between leaf traits and leaf temperature is mostly from tropical regions and predominantly of tree species. The few studies conducted on the thermal tolerance of alpine plants suggest that future increases in temperature in these eco-regions may pose a risk to their existence (Larcher et al., 1998; Marcante et al., 2014; Buchner et al., 2015; Perera-Castro et al., 2018; Leon-Garcia and Lasso, 2019; González-Rodríguez et al., 2021). Alpine regions are primarily characterized by a decline in atmospheric pressure and, consequently, a regime of low temperatures and increased solar radiation intensities (Körner, 2007). Even though a low temperature regime persists in the alpine region, the possible damages to plants due to high temperatures at mid-day times during clear summer days are also a factual risk (Gauslaa, 1984; Neuner et al., 1999; Perera-Castro et al., 2018; González-Rodríguez et al., 2021; Sklenář et al., 2023). Moreover, on a daily basis, huge temperature fluctuations with sub-zero night temperatures are a characteristic of tropical alpine regions such as the Himalaya, and a plant's ability to endure this fluctuating environmental condition is the main feature in shaping the composition and structure of plant communities that occur along the elevation gradient (Rundel et al., 1994). Further, the limited ability of tropical alpine plants to acclimate and survive the cold winter temperatures may also limit the occurrence of tropical alpine species in hotter climate regions, which will therefore make

them highly susceptible to an increase in temperature (Sklénar et al., 2023).

Alpine environments are reported to be much influenced by erratic weather patterns, especially the precipitation pattern combined with frequent drought and heat waves (Choler, 2023). The ability to tolerate these erratic weather patterns must be a key feature for the survival of species found in this region. Therefore, we hypothesized that 1) thermal tolerance in species from colder environments will be greater, as species occurring in alpine regions may possess high thermal upper limits and be secured by a wide thermal safety margin to withstand higher temperatures physiologically than what is expected by their climatic niches (Leon-Garcia and Lasso, 2019). 2) Species having costlier leaf investments, such as high LMA, greater leaf thickness (LT), and LDMC, will also influence thermal tolerance (Sastry and Barua, 2017; Monteiro et al., 2016). 3) Species with shorter growth forms, such as rosettes, will have higher thermal tolerance, as they grow close to the ground surface and therefore are exposed to a warmer conditions (Squeo et al., 1991; Sklénar et al., 2016; Leon-Garcia and Lasso, 2019).

Thus, we conducted a study with the aim of evaluating thermal tolerance and thermal safety margins (TSMs) of alpine species belonging to different growth forms and their relationship with leaf functional traits. We selected three different sites from the Himalayan alpine region with a significant amount of climatic variation. The present study was thus undertaken with the following objectives: 1) to estimate the variation in thermal tolerance among various species and their growth forms and to evaluate the relationship between thermal tolerance and growth forms, 2) to elucidate the relationship between thermal tolerance and leaf traits, and 3) to study the variation in TSMs among various species to evaluate as to how vulnerable the Himalayan alpine species are to future temperature increase. We evaluated TSM as follows: $TSM = T_{50} - T_{leaf}$.

2 Materials and methods

2.1 Study area

The present study was conducted in the Western Himalaya Region at three sites: Ribling (32°34'19"N 76°58'27"E) and Chicham (32°20'46"N 77°59'06"E), both of which lie on the southern slopes, and Rohtang (32°22'48"N 77°15'05"E), which lies on the northern slope. The study sites are depicted in the map (Figure 1), and their description is provided in Supplementary Table S1. The region spanning these sites is rich and diverse in vegetation with high climatic variation, wherein one can find mountain slopes that receive more sunlight (southern slopes) and are drier and warmer, in contrast with the northern slopes, which are cold and humid (Måren et al., 2015). Further, the alpine region of the Himalaya is unique compared to other eco-regions across the globe, as the Himalaya is situated in the tropical latitudes, presenting exceptionally high elevations, thereby a rarefied atmosphere and high radiation in addition to a low temperature

regime. This uniqueness also endows this eco-region to harbor a rich diversity of plants (with diverse growth forms and life-forms) and many endemics. The recently reported "elevational dependent warming" posits a higher temperature increase in the alpine region of the Hindu Kush Himalaya–Tibet Plateau, compared to other eco-regions (Dimri and Allen, 2020).

2.2 Study species

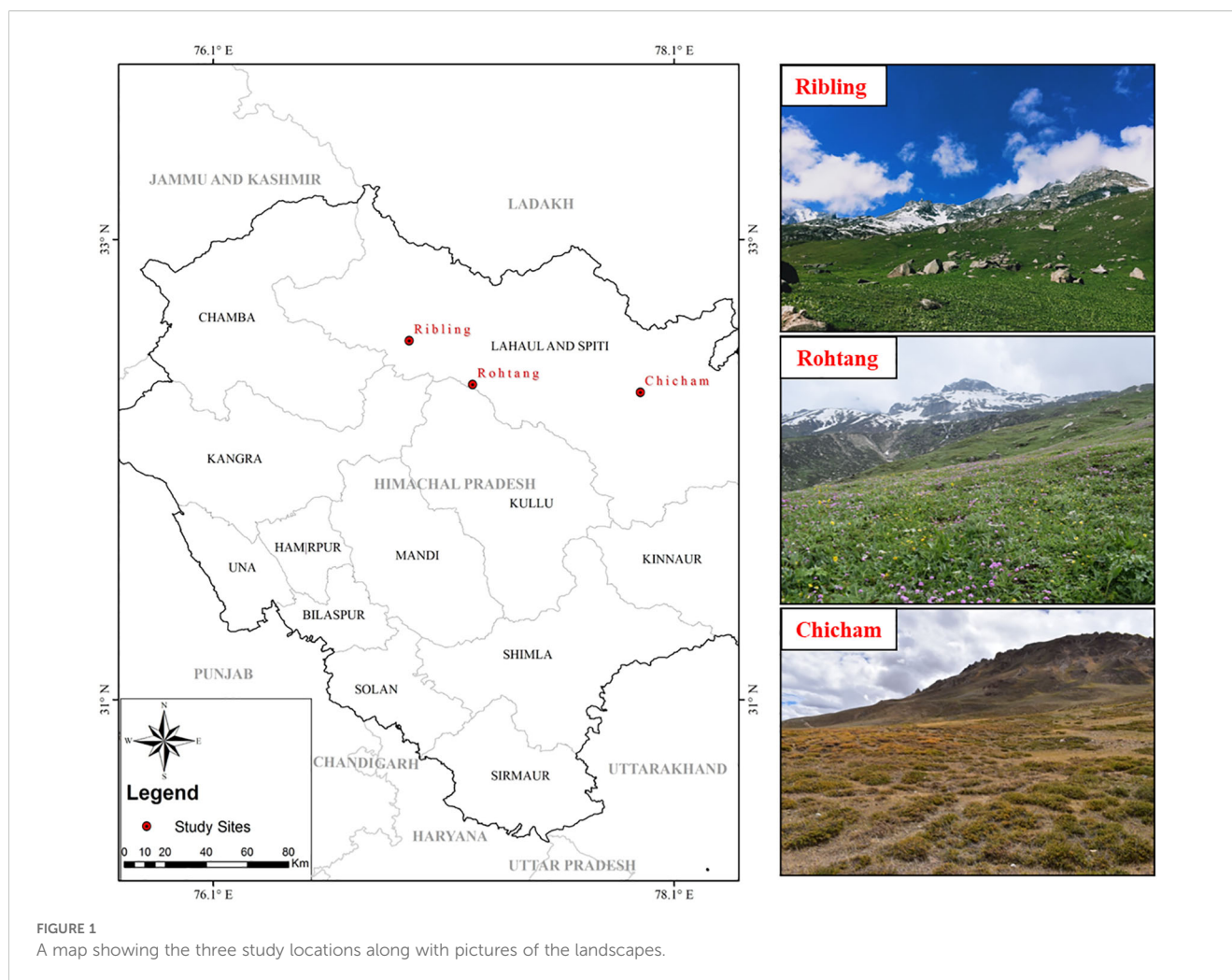
A total of 52 alpine plant species occurring at three distant sites were selected for the present study. The plant species were selected as representative of various growth forms (e.g., graminoid, forb, rosette, and dwarf shrub) and are common and abundantly found in the study area. A list of these species is provided in Supplementary Table S2 along with brief details. The study was carried out in 2022 and 2023 during the peak of the growing season from mid-June to mid-August.

2.3 Sampling and estimation of leaf eco-physiological traits

Mature disease-free and completely opened sun-facing leaves from several individuals ($n=7$) of various species were sampled to evaluate T_{50} , T_{crit} , and leaf functional traits. At least five to 10 leaves per plant were collected from each of the species. Sampled leaves were placed in a sealed plastic bag that contained a wad of rolled wet tissue to maintain moisture levels, which was then placed into an ice box containing ice packs to be transported to the lab. Fresh weight (FW) was recorded for the leaf samples collected. Thereafter, the saturated weight (SW) was determined after keeping the samples in a moist paper towel for 12 hours at 4°C. Also, the leaves were scanned using a digital scanner (imageCLASS D520, Canon Inc., Tokyo, Japan) to measure leaf area (LA) using the ImageJ software (version 1.47v). The samples were then put in properly labeled paper bags and kept in a hot air oven for 72 hours at 65°C to dry. The leaves were reweighed after drying to measure dry weight (DW) (Ryser et al., 2008; Pérez-Harguindeguy et al., 2013). LMA was estimated as the dry weight per unit area of leaf discs that were cut using a circular puncher to make an area of 0.8 cm². SLA was estimated as the inverse ratio of LMA. LDMC was measured as a ratio of dry weight to saturated weight, and RWC was estimated as $(FW - DW)/(SW - DW) \times 100$ (Rathore et al., 2018).

2.4 Estimation of thermal tolerance (T_{50})

To measure T_{50} , leaf discs (0.8 cm²) were cut using a circular puncher from disease-free leaves ($n=7$) collected from seven individuals per species ($n=1$ leaf/individual), while whole leaflets were used for species that had succulent or very small leaves. From each leaf, leaf discs (or whole leaf, if succulent) ($n=7$ for each temperature) were placed onto muslin cloth with multiple layers to support the adaxial surface to avoid anaerobiosis and to cover the



abaxial surface with a single layer. These wrapped discs were then placed inside a Ziploc pouch and subjected to specific preset temperatures (28°C, 33°C, 38°C, 43°C, 48°C, 53°C, and 58°C), utilizing a water bath (JBN18 NOVA, Grant Instruments, Ltd., Cambridge, UK) for T_{50} estimation, following Krause et al. (2010) and Leon-Garcia and Lasso (2019). The mean growing season temperature (MGT) recorded at Ribling (one of the three study sites) was 22.7°C from July to August for the years 2016–2019. Therefore, our initial treatment temperature was + 5°C from the mean growing season temperature, and an increment of 5°C above this level was maintained throughout our temperature treatment. Each temperature treatment was maintained for 15 minutes (Leon-Garcia and Lasso, 2019). After the treatment, leaf discs were incubated in the dark for 24 hours at room temperature (25°C–28°C) by placing the discs on a wet tissue towel in a Petri dish (Leon-Garcia and Lasso, 2019). T_{50} and T_{crit} were estimated by observing a decrease in Fv/Fm ratio on dark-incubated leaf discs ($n=7$ discs/species), following Krause et al. (2010). The latter was measured using a portable fluorometer (FluorPen FP 110, Photon Systems Instruments, Czechia). A logistic curve was fitted to the change in Fv/Fm against temperature for all the studied species, and T_{50} and T_{crit} , the temperatures at which Fv/Fm is reduced to 50%

and 15%, respectively, were estimated. The R package “fitplc”, employing the Weibull model and a confidence interval 95%, was used to fit the curves, and T_{50} and T_{crit} were determined from these curves. The argument “Kmax” was modified to match the control mean Fv/Fm for all the species. From the curve, T_{50} and T_{crit} were determined at the temperature when the Fv/Fm value was 50% and 15%, respectively, of the upper asymptote.

2.5 Thermal safety margin

The difference between T_{50} and mean air temperature is often considered as the TSM, where it is assumed that air and leaf temperatures are equal (Sastry and Barua, 2017; O’sullivan et al., 2017). TSM was calculated as the difference between the optimal leaf temperature of a day (T_{leaf}) and T_{50} (Leon-Garcia and Lasso, 2019), assuming that the temperature of the leaf normally surpasses the temperature of the air (Krause et al., 2010; O’sullivan et al., 2017). T_{leaf} (Supplementary Table S4) was calculated from thermal images taken using a portable thermal imaging camera (FLIR T650sc, FLIR Systems AB, Täby, Sweden) on five to seven healthy sun-exposed leaves per plant, of seven plants per species, and at

least three images of the same leaf were taken; thermal imaging was undertaken only during the sunny days and between 10:00 am and 12:00 pm local time. The thermal images obtained were analyzed using the ResearchIR software (FLIR Systems AB, Sweden).

2.6 Statistical analysis

The means and standard deviation were calculated for all of the estimated parameters. The Shapiro–Wilk and Levene’s tests were used to check for the assumptions of normal distribution and homogeneity of variances before data analysis. To investigate the variation in T_{50} among all the studied species, we inspected the differences in Fv/Fm across all the 52 studied species using one-way ANOVA. Additionally, *post-hoc* multiple comparisons were performed using Tukey’s test to infer the differences among the species. The correlation among leaf traits was assessed using Spearman’s rank correlation coefficient, utilizing a species-level “means of values” dataset. Spearman’s coefficient applies to data distributions that are not normal, is not affected by outliers in the dataset, and is more robust compared to the conventional Pearson’s correlation. Spearman’s rank correlation analysis was performed using the “corrplot”, “datasets”, and “PerformanceAnalytics” packages to examine the relationship between T_{50} and leaf traits. For this, the estimates of T_{50} , T_{crit} , T_{leaf} and leaf traits were used. The variation in T_{50} among various growth forms was analyzed using a linear mixed-effects (LME) model with “Type III analysis of variance” using “Satterthwaite’s method” (Bates et al., 2015; Kuznetsova et al., 2017). The “growth form” was considered as a fixed effect and “species” as a random factor. The LME model was applied with the “lme4” and “lmerTest” packages. All the statistical analyses were performed in R (Ver 4.4.3, R Development Core Team, 2025).

3 Results

3.1 Thermal tolerance (T_{50}) of photosystem II

The response of chlorophyll *a* fluorescence Fv/Fm after dark adaptation in temperatures ranging from 28°C to 43°C revealed a slight to no change. A sudden decline in Fv/Fm was observed only after 48°C for most of the species. Further, a drastic decline in Fv/Fm was observed only after 53°C for a few of the species, such as *Bistorta affinis*, *Geum elatum*, *Hyoscyamus niger*, *Lindelofia longiflora*, *Mentha longifolium*, *Picrorhiza kurroa*, *Polygonum sp.*, *Ranunculus hirtellus*, *Rosularia alpestris*, *Rumex acetosa*, *Rumex nepalensis*, and *Sibbaldia cuneata* (see Supplementary Table S3). Furthermore, for most of the species, Fv/Fm was reduced to zero at 58°C. The temperature treatment logistic curves fitted to obtain T_{50} , T_{crit} and the response of Fv/Fm at various temperatures for all the species are provided in Supplementary Figure S1, and the mean values of Fv/Fm recorded at different temperatures are provided in Supplementary Table S3. The species such as *Calamagrostis*

emodensis, *B. affinis*, and *R. acetosa* showed the highest T_{50} at 65.9°C, 54.4°C, and 53.7°C, respectively. The species that showed a lower T_{50} were *Malva neglecta* (46°C) and *Plantago himalaica* (44.9°C). The T_{50} of *C. emodensis* (graminoid) was found to be considerably higher than that of other species. T_{crit} for all the studied species was observed to range from 35.67°C to 50.86°C. The variation in T_{50} among species was statistically significant ($F=2,371$; $p<0.001$), belonging to various growth forms such as, between forbs and rosettes, between rosettes and graminoid, and between rosettes and dwarf shrubs. The values of T_{50} and T_{crit} for all the study species are provided in Supplementary Table S4.

3.2 Leaf eco-physiological traits and their relationship with T_{50} , T_{crit} , and T_{leaf}

A significant positive correlation was observed between T_{50} , leaf mass area (LMA), and LDMC, but there was no significant correlation of T_{50} with other traits such as SLA, relative water content (RWC), and LT. A significant positive correlation was also observed between T_{50} and T_{crit} , and between T_{crit} and T_{leaf} . The results of Spearman’s correlation are depicted in Figure 2, and mean values of all the studied leaf traits are given in Supplementary Table S5.

3.3 Relationship between growth form and T_{50}

The T_{50} of the studied species was found to range from 44.9°C to 65.9°C (Supplementary Table S4). The highest T_{50} was observed for a graminoid (*C. emodensis*) at 65.9°C, followed by a rosette at 54.4°C (*Bistorta affinis*), a forb at 54°C (*R. acetosa*), and a dwarf shrub (*Rhododendron anthopogon*) at 49°C. Overall, the highest thermal tolerance was observed for graminoid ($53.8^{\circ}\text{C} \pm 8.2^{\circ}\text{C}$) and forb ($49.8^{\circ}\text{C} \pm 2.2^{\circ}\text{C}$), followed by rosette ($48.7^{\circ}\text{C} \pm 2.4^{\circ}\text{C}$) and dwarf shrub ($47.7^{\circ}\text{C} \pm 0.96^{\circ}\text{C}$). Since one of the species had an unusually high value of T_{50} , which may have impacted the statistical analysis, the data in the LME model were analyzed after both including and excluding the species, with “growth form” as a fixed effect and “species” as a random effect. Thus, the variation in T_{50} was not observed to be significantly different among the various growth forms (Figure 3 and Supplementary Table S6).

3.4 Thermal safety margin

The thermal safety margins of all the studied species were found to be much higher than their leaf temperature (T_{leaf}) (see Supplementary Table S4) recorded through thermal imaging during the study period. TSMs ranged from 20°C to 40.5°C for most of the species. A few species, such as *Epilobium royleanum*, *Potentilla cuneata*, *Psychrogeton andryaloides*, and *Taraxacum officinale* (at Ribling), had TSMs below 20°C, with *R. alpestris* having the lowest TSM at 9.7°C (see Supplementary Table S4).

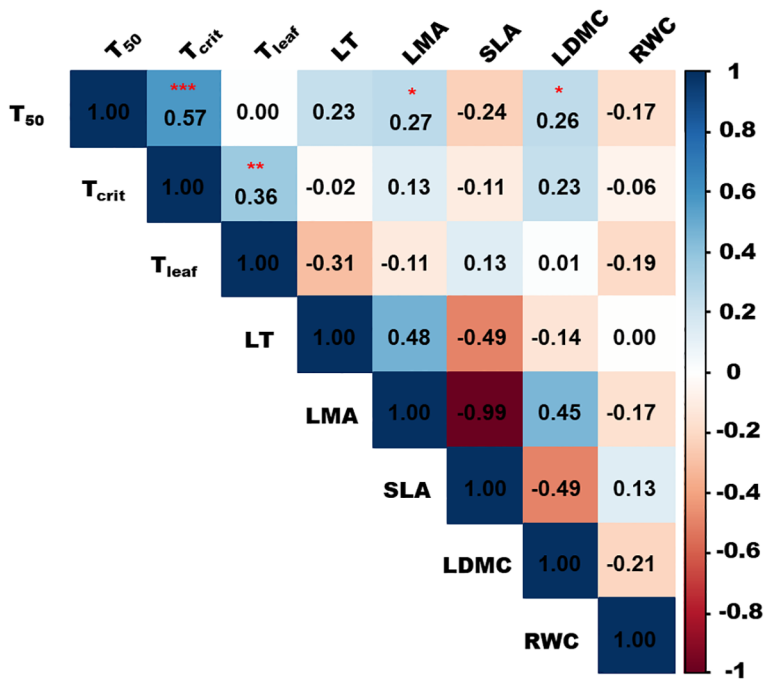


FIGURE 2
Correlation analysis between T_{50} , T_{leaf} , T_{crit} , and studied leaf traits. The colors represent correlation coefficients, indicating the strength and magnitude of the correlation. The blue color shows positive correlations, pink color shows negative correlations, and white color shows no significant relationship. "*" represents $p < 0.05$, "***" represents $p < 0.01$ and "****" represents $p < 0.001$.

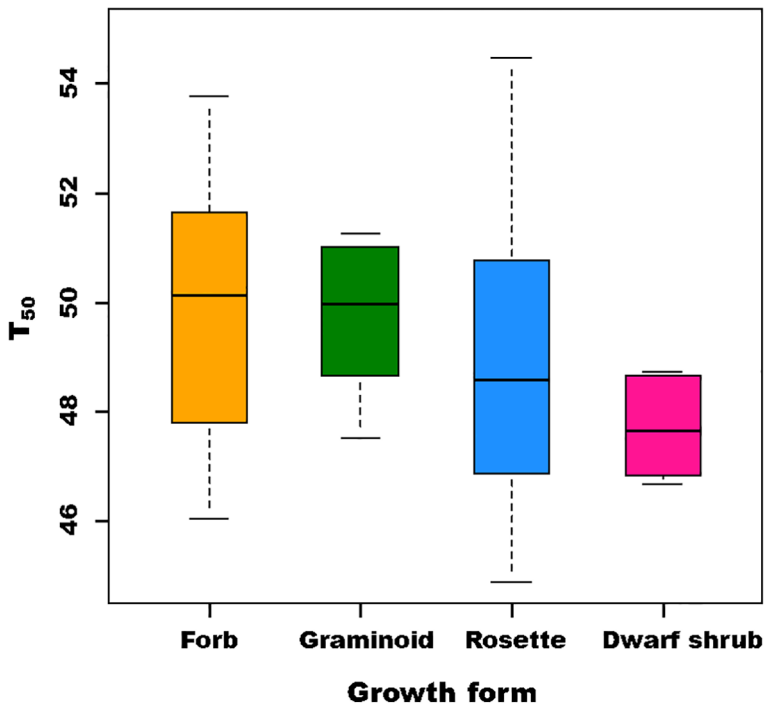
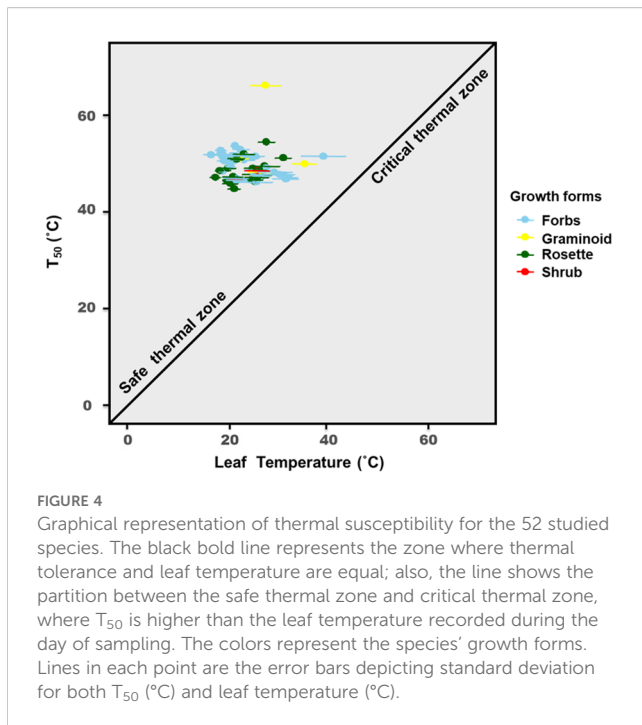


FIGURE 3
Box plots showing variation in T_{50} among different growth forms.



Therefore, it can be inferred that, currently, our studied species are not enduring temperatures close to their critical temperature (T_{crit} or T_{50}) (see Figure 4).

4 Discussion

The aim of our study was to estimate the critical temperature (T_{crit}), thermal tolerance (T_{50}), and TSM of alpine plant species from the Himalaya. We also evaluated whether there is any relationship between T_{50} and T_{crit} with T_{leaf} , LMA and other leaf traits, and whether T_{50} varies among various species and across different growth forms. We found the T_{50} of all the studied species to be higher than the current ambient air temperature recorded at the study sites (Supplementary Table S4). Similar studies conducted in other eco-regions have also reported such observations (Perera-Castro et al., 2018; Leon-Garcia and Lasso, 2019). Also, for most of the species, TSMs were found to be well above 20°C, which suggests that at present, these species may have a sufficient buffer from experiencing thermal damage caused by future warming conditions in the alpine region of the Himalaya, corroborating our first hypothesis. A high marginal difference between the T_{50} values of the studied species implies that species in these regions are, at present, not susceptible to an increase in temperature and are surviving within their thermal protection region. Further, the difference in thermal tolerance among species was non-random, wherein a significant positive correlation was observed with important leaf functional traits.

T_{50} describes the injury to photosystem II (PS II), which is an irrevocable event (Braun et al., 2002; Krause et al., 2010), as PS II is more sensitive to high temperatures than PS I (Berry and Bjorkman, 1980; Havaux, 1993). In the present study, we

observed T_{50} to range from 44.9°C to 53.7°C for most of the studied species, which is similar to reports from other alpine regions such as the Alps and the temperate eco-regions (Neuner et al., 2000; Braun et al., 2002; Körner, 2003; Leon-Garcia and Lasso, 2019; González-Rodríguez et al., 2021; Sklenar et al., 2023). For some species, such as *B. affinis*, *C. emodensis*, *G. elatum*, *H. niger*, *L. longiflora*, *M. longifolium*, *P. kurroa*, *Polygonum sp.*, *R. hirtellus*, *R. alpestris*, *R. acetosa*, *R. nepalensis*, and *S. cuneata*, we observed a dramatic change in F_v/F_m at 53°C. Apart from T_{50} , we found T_{crit} to also vary greatly among the studied species and to range between 35.67°C and 50.86°C. Perez and Feeley (2020) also reported somewhat similar values of T_{crit} for tropical tree species, varying between 37°C and 48°C. T_{50} and T_{crit} describe different amplitudes of thermal tolerance and suggest different extents of thermal damage caused to the leaf. The T_{50} describes the damage of the leaf at 50%, and T_{crit} indicates tissue damage at the initial stage, which is at 15% (O'sullivan et al., 2017; Perez and Feeley, 2020). Therefore, when we calculate the TSM using either T_{50} or T_{crit} values and subtract it from leaf temperature or air temperature (O'sullivan et al., 2017; Sastry and Barua, 2017; Leon-Garcia and Lasso, 2019; Perez and Feeley, 2020), we can understand how close the species are performing to their thermal threshold.

Further, we found T_{50} to have a positive correlation with leaf traits such as LMA and LDMC, which support our second hypothesis that species having increased leaf structural investment will have increased tolerance toward high temperature, as also suggested by various studies (Curtis et al., 2012; Monteiro et al., 2016; Sastry and Barua, 2017; Leigh et al., 2017). LMA is a key trait in explaining the resource acquisition strategies in "rapid-slow" leaf economic spectrums (Wright et al., 2004; Reich, 2014). As reported by Sastry and Barua (2017) and Zhang et al. (2012), T_{50} shows a positive relationship with species having higher LMA (evergreen species) and a negative relationship with species having lower LMA (deciduous species). This suggests that the species with lower LMA will be more vulnerable to rising temperatures. The increase in LMA is also reported to be associated with high tolerance to cold temperatures (González-Zurdo et al., 2016; Zhang et al., 2020). The correlation between T_{50} and LMA could be explained by the assertion that lower LMA indicates a high photosynthesis rate, which is accompanied by high conductance and transpiration (Brodribb et al., 2007; Reich, 2014), as leaf temperature is regulated by transpiration (Lambers et al., 1998; Defraeye et al., 2013; Scheffers et al., 2016) and stomatal conductance (Jones, 1992). Conversely, higher LMA and LDMC are linked with greater investment in leaf structure to generate robust tissues to enable such species to be more stress-tolerant, hence providing a higher capability to tolerate higher temperatures (Wright et al., 2004).

Thus, it is apparent that species having leaves that possess resilience toward stressful environments are not as susceptible to high heat stress, which otherwise may have caused impairment to their photosynthetic apparatus. Furthermore, the relationship between T_{50} and LMA may not be the same across all species, although we found a positive correlation between LMA and T_{50} . A study conducted on woody species from around the world by O'sullivan et al. (2017) found no significant relationship between

thermal tolerance and LMA. Therefore, further studies on various species from different regions and spanning a wide environmental gradient are required to better understand the relationship between thermal tolerance and leaf traits to accurately decipher whether these could be region- or species-specific. Furthermore, the observed values of T_{leaf} were found to be positively correlated with T_{crit} , but not with T_{50} , unlike that reported by Perez and Feeley (2020). A recent study by Cox et al. (2025) also reported a positive correlation between T_{crit} and T_{leaf} , the latter relates to leaf size and leaf thickness and also has a key role in leaf energy balance and in transpiration during heatwaves (Curtis et al., 2012; Leigh et al., 2012; Drake et al., 2018), which may explain its relationship with T_{crit} . Also, Cox et al. (2025) observed that variation in T_{crit} was related to T_{leaf} , which suggests that regulating leaf temperature by plants is a vital process in avoiding thermal damage.

We documented that the T_{50} of Himalayan alpine species varied across different growth forms; however, the differences among them were not found to be significant, unlike those suggested by Leon-Garcia and Lasso (2019). They reported that, among alpine plants, the rosette growth form was the most tolerant to high temperature compared to the other three growth forms: grasses, forbs, and shrubs. In our study, we had two species of dwarf shrubs, four graminoids, 18 rosettes, and 34 forbs. Although the relationship between T_{50} and growth forms showed non-significant results when analyzed using LME, there were important insights from the analysis. Moreover, we had undertaken the LME model considering *C. emodensis* (graminoid), which had the highest T_{50} (65.9°C); when we included it in the LME analysis, we observed $p=0.02$ (statistically significant), and when we excluded it, $p=0.3$ (non-significant). Notwithstanding this, we observed that rosette growth forms had a high T_{50} ranging from 44.9°C to 54.4°C, yet it was not the highest among the four growth forms studied. Graminoids had the highest T_{50} , ranging from 48°C to 65.9°C, which was followed by forbs (46.3°C to 53.7°C) and dwarf shrubs (46.7°C to 48.5°C). A similar finding of high thermal tolerance in grasses was reported by Leon-Garcia and Lasso (2019). A study by Sklenář et al. (2023) observed that growth forms such as shrubs and rosette-like growth habits have high resilience to high temperatures. This finding partially supports our third hypothesis that much shorter growth forms, such as rosettes, will have higher thermal tolerance, similar to the observation made by Buchner and Neuner (2003) and Leon-Garcia and Lasso (2019). From our study, it can be inferred that rosettes, graminoids, and other forbs had somewhat equivalent thermal tolerance, slightly higher than that of dwarf shrubs. Aside from high heat tolerance in rosette growth forms, these are also reported to have high tolerance toward cold temperature (Squeo et al., 1991). The reason behind rosette forms being highly tolerant to both temperature extremes may be because they have the ability to decouple the plant body temperature from the surroundings (Körner and Larcher, 1988). This in turn offsets an increase in leaf temperature from an increase in ambient air temperature (Salisbury and Spomer, 1964; Körner and Cochrane, 1983), which may also explain the need for higher tolerance to high temperature (Meinzer and Goldstein, 1985). In addition, the high T_{50} of graminoids may possibly lie in their morphological

characters, such as tillers and root systems. Xu and Huang (2001), in the case of *Agrostis palustris* Huds, suggested that a higher density of tillers may result in an increased rate of photosynthesis at the canopy level with better light interception and, consequently, a higher carbohydrate accumulation (Xu and Huang, 2001). A denser root system allows better nutrient and water uptake during thermal stress and also allows transpirational cooling using water from the soil surface (Engelke et al., 1985). Our results also showed that grasses had high LDMC, which is a trait that supports high thermal tolerance.

High T_{50} and variation in T_{50} among the growth forms (although not significant) may be an indication that growth forms coupled with traits that support high heat tolerance, traits other than those discussed here, such as hairiness, dense pubescence, or insulating features of leaf structure, may also influence thermal tolerance, as most of our species were found to have different leaf structures. For example, species such as *Anaphalis nepalensis*, *Arnebia euchroma*, *Picris hieracioides*, *Potentilla argyrophylla*, *P. andryaloides*, *S. cuneata*, and *Verbascum thapsus* have either sparsely or densely (tomentose) hairy leaves. Furthermore, the ambient humidity conditions could also be one of the factors influencing the thermal tolerances of species. Buchner and Neuner (2003) reported that species found in low-humidity areas showed higher tolerance to high temperature, whereas species occurring in high-humidity conditions showed a lower thermal tolerance. In our study, two species, viz., *P. argyrophylla* and *T. officinale*, both of which are common in Ribling and Rohtang, the sites representing low and high relative humidity, respectively, we found the T_{50} of these two species to be 1°C to 3°C higher in the low-humidity site compared to the high-humidity site. However, this finding was not consistent for other species, such as *L. longiflora*, *R. nepalensis*, and *R. acetosa*, which are also common in our study sites, which may be due to the ambient temperature at that particular point in time when we collected the data (see Supplementary Tables S1, S7), as ambient temperature is a main contributor in determining leaf temperature (Defraeye et al., 2013; Curtis et al., 2016). The T_{50} values that we have observed in our study on alpine plants of the Himalaya do align with reports from other alpine regions, such as temperate alpine, tropical alpine, and the Alps. The T_{50} ranging from 45°C to 57°C in these various studies and our present study implies that alpine plants have high thermal tolerance to a wide range of temperatures, which may be the reason that these plants are able to survive low threshold of cold night temperatures to high peaks of daytime temperature (Neuner et al., 1999; Neuner et al., 2000; Braun et al., 2002; Körner, 2003; Leon-Garcia and Lasso, 2019; González-Rodríguez et al., 2021; Sklenar et al., 2023).

We observed wide TSMs ranging from 20°C to 40.5°C for most of our study species. A study by Leon-Garcia and Lasso (2019) also reported wide TSMs ranging from 12.1°C to 30°C in 21 Andean tropical alpine plants. In contrast, a study by Perez and Feeley (2020) found modest TSMs between 6°C and 14°C, suggesting that species from this tropical region may be vulnerable to a rise in temperature in the future. Furthermore, there are other reports from tropical to subtropical to temperate regions (Curtis et al., 2016; O'sullivan et al., 2017; Sastry and Barua, 2017; Kitudom et al., 2022) that suggested

narrower TSMs of some species. These findings imply that species in these regions (tropical, subtropical, and temperate) could be more susceptible to future warming, as these species already exist near their maximum thermal threshold. Moreover, thermal tolerance is considered to be time-dependent (Sutcliffe, 1977), and extended periods of exposure to high temperatures will amplify the risk of damage regardless of the ability to withstand high temperatures (Buchner and Neuner, 2003). In tropical tree species of the Amazon, Kullberg et al. (2024) observed that although these Amazon species were able to acclimatize and increase their T_{50} with an increase in mean growing season temperature, acclimatization was, however, inadequate in consistently maintaining the TSMs in accordance with an increase in mean growing season temperature. This ultimately resulted in the decline of leaf health and thus the performance of trees, which suggests that continuous exposure to temperature stress will have a negative effect in the long run, even on species having wider TSMs. The RCP 2.6, RCP 4.5, RCP 6.0, and RCP 8.5 climate change scenarios predicts rise in global mean temperature by 1°C to 1.6°C, 2°C to 3°C, 3°C to 4°C, and 3°C to 5.1°C respectively, and these also indicate an increase in global temperature from 0.4°C to 2.6°C and 0.3°C to 4.8°C by the middle of 21st and end of 21st century (De Pryck, 2021). Additionally, a recent study by Hansen et al. (2025) reported that the rate of increase in temperature has dramatically increased above 50%. They also observed that just in the last couple of years, the increase in global temperature was recorded at 0.4°C, whereas during the 1970–2010 period, it was reported at 0.18°C. Moreover, higher elevations are reported to be warming up at an alarming rate because of elevation-dependent warming (Krishnan et al., 2019; Dimri et al., 2022). Therefore, even though the alpine species having wide TSMs at present are safe and nowhere near their maximum thermal thresholds, the threat of global warming to the alpine plant community is real, and the consequences are imminent. Further, the present study was conducted on mature plants and during the peak growing season, but studies on the thermal tolerance of young plants, considering the water stress conditions, need to be undertaken. The temperature near the soil surface is greater during the spring season when the snow melts, and the emerging new plantlets would be at greater risk of thermal damage. The ability to withstand, survive, and grow will ultimately depend on the inherent thermal tolerance of the species (Marcante et al., 2014). Drought- or water-stressed conditions are reported to increase thermal tolerance in tropical tree species (Sastry et al., 2018); however, these species are also reported to be performing at their maximum thermal threshold (Sastry and Barua, 2017). Therefore, such species could be more at risk due to the temperature increase, as global warming will be accompanied by erratic weather patterns (Choler, 2023). In addition, a rise in temperature will lead to a decline in soil water accessibility due to evaporation, which will affect the plant–water relations (Wahid et al., 2007; Beaumont et al., 2011). Therefore, studies focusing on the thermal tolerance of young plants and targeted toward drought effects will help in assessing the vulnerability of Himalayan alpine plants to future climate change scenarios. However, at present, our finding demonstrates that alpine species from the Himalayan alpine region have the ability to tolerate high

temperatures, suggesting that future warming may not essentially lead to range shifting (Lenoir et al., 2010), or the probable annihilation of the Himalayan alpine species, that is, if high temperature tolerance is the deciding factor in the fate of alpine plants in a warming world.

5 Conclusion

Our study reveals that the upper thermal threshold of species from the Himalayan alpine region at present is not near their critical point, as the thermal safety margins of most of the species were well above 20°C. T_{50} was also found to be higher, ranging from 44.9°C to 65.9°C, and showed a positive correlation with key leaf traits such as LMA and LDMC. The studied species had a wide range of TSMs and high T_{50} , which suggests that these species at present may not be adversely affected by a possible 1°C to 2°C rise in future temperatures. The significance of key leaf traits and associated mechanisms involved in imparting a relatively high tolerance to higher temperatures requires comprehensive and thorough studies. Such studies should include various species from different eco-regions spanning across the globe to estimate the level of their thermal tolerance and the threats of rising global temperatures on plants and their communities.

Data availability statement

The original contributions presented in the study are included in the article/Supplementary Material, further inquiries can be directed to the corresponding author/s.

Author contributions

NH: Conceptualization, Writing – review & editing, Data curation, Formal Analysis, Validation, Investigation, Methodology, Writing – original draft. AC: Conceptualization, Formal Analysis, Validation, Writing – review & editing, Data curation, Supervision.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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Supplementary material

The Supplementary Material for this article can be found online at: <https://www.frontiersin.org/articles/10.3389/fphgy.2025.1652412/full#supplementary-material>

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