



OPEN ACCESS

EDITED BY

Yihao Zheng,

Worcester Polytechnic Institute, United States

Yao Liu.

North University of China, China

Horea-Laurentiu Onea,

County Emergency Hospital Cluj-Napoca,

Romania

*CORRESPONDENCE

☑ 15920172292@126.com

Nianiin Xie

⋈ xnj-mm@163.com

Yuming Huang

phuangyuming@163.com

RECEIVED 20 June 2025 ACCEPTED 13 October 2025 PUBLISHED 31 October 2025

CITATION

Chen L, Huang Z, Wu Q, Deng H, Huang M, Xu Y, Wei J, Liu Y, Xie N and Huang Y (2025) Rotational vs. laser atherectomy in Chinese CTO-PCI: lesion-specific efficacy with comparable midterm safety Front. Cardiovasc. Med. 12:1650595. doi: 10.3389/fcvm.2025.1650595

COPYRIGHT

© 2025 Chen, Huang, Wu, Deng, Huang, Xu, Wei, Liu, Xie and Huang. This is an openaccess article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.

Rotational vs. laser atherectomy in Chinese CTO-PCI: lesionspecific efficacy with comparable midterm safety

Liansheng Chen¹, Zehan Huang¹, Quanmin Wu¹, Huiliang Deng¹, Meiping Huang¹, Yiqi Xu², Jinkun Wei³, Yong Liu^{1*}, Nianjin Xie^{1,4*} and Yuming Huang^{1*}

¹Department of Catheterization Lab, Guangdong Cardiovascular Institute, Guangdong Provincial People's Hospital (Guangdong Academy of Medical Sciences), Southern Medical University, Guangzhou, China, ²Pediatrics, Nanfang Hospital, Southern Medical University, Guangzhou, China, ³Department of Cardiovascular, Xiaolan People's Hospital of ZhongShan (The Fifth People's Hospital of ZhongShan), Zhongshan, China, ⁴Department of Cardiovascular, Guangdong Provincial People's Hospital Ganzhou Hospital, Ganzhou, China

Background: Chronic total occlusion (CTO) percutaneous coronary intervention (PCI) often requires plaque modification for device delivery. While rotational atherectomy (RA) and excimer laser coronary atherectomy (ELCA) are established adjuncts, their comparative efficacy and safety remain underexplored in Chinese populations.

Methods: This single-center retrospective study included 75 consecutive CTO-PCI patients treated with ELCA (n = 25) or RA (n = 50). Procedural success, complications, and major adverse cardiovascular and cerebrovascular events (MACCE) were analyzed over a median 17.5-month follow-up. Multivariable Cox regression adjusted for calcification severity, lesion length, ISR-CTO, and diabetes mellitus.

Results: RA was preferred for moderate/severe calcification (76% vs. 48%, p = 0.020), while ELCA dominated in ISR-CTO (20% vs. 2%, p = 0.024) and lesions >20 mm (56% vs. 30%, p = 0.044). Procedural success was comparable (RA 90% vs. ELCA 84%, p = 0.706). Procedure-related complications differed: RA had two coronary perforations (4% vs. 0%, p = 0.130), whereas ELCA showed a trend toward more transient slow/no-reflow (12% vs. 0%, p = 0.061). MACCE rates remained similar (19% vs. 13.3%, p = 0.815; adjusted HR 1.53, 95% CI 0.35-6.65, p = 0.569). Both techniques exhibited comparable procedural duration and radiation exposure (all p > 0.05). ELCA incurred higher total costs (US11,147 vs. 9,267, p = 0.007), driven by laser catheter expenses; however, procedural costs became comparable after excluding catheter-related expenditures (p = 0.210).

Conclusion: In Chinese CTO-PCI, ELCA and RA demonstrate lesion-specific utility—ELCA for ISR-CTO and long lesions, RA for calcified lesions—with comparable midterm safety. Procedural costs of ELCA and RA were equivalent in Device-excluded costs analysis.

KEYWORDS

chronic total occlusion, percutaneous coronary intervention, in-hospital outcomes, long-term outcomes, excimer laser coronary atherectomy, rotational atherectomy, procedural costs

Introduction

Chronic total occlusion (CTO) of the coronary arteries remains one of the most challenging lesion types in percutaneous coronary intervention (PCI). Successful CTO recanalization significantly improves myocardial perfusion, alleviates angina symptoms, enhances left ventricular function (1). However, CTO-PCI is often complicated by device delivery failure, particularly when balloons or microcatheters cannot cross the lesion despite successful guidewire passage, primarily due to severe calcification or noncompliant plaques (2, 3). This limitation underscores the critical need for effective plaque modification strategies.

Rotational atherectomy (RA) has been established as an effective adjunctive technique when conventional devices fail to cross or dilate CTO lesions (4). However, data from the 18th Oriental Congress of Cardiology (OCC-WCC 2024) indicate that RA utilization in China remains remarkably low (0.9%), significantly below Western adoption rates. RA requires dedicated RotaWireTM exchange, which becomes unfeasible if a microcatheter cannot cross the lesion, thus limiting its applicability. In recent years, excimer laser coronary atherectomy (ELCA) has emerged as a promising alternative, enabling plaque modification without guidewire exchange—even when microcatheters fail to traverse the occlusion (5). Despite these advantages, ELCA adoption in mainland China remains limited compared to RA. Both techniques may still fail in cases of extreme calcification or when the true lumen cannot be confirmed post-recanalization, carrying elevated procedural risks (6, 7).

Notably, direct comparisons between ELCA and RA in CTO-PCI are scarce in China. This study therefore aims to evaluate and compare procedural success rates, complications, and the incidence of major adverse cardiovascular and cerebrovascular events (MACCE) during follow-up between ELCA and RA for CTO treatment, providing critical insights for contemporary practice.

Methods

Study population

This study analyzed medical records of consecutive patients who underwent ELCA or RA at Guangdong Provincial People's Hospital (July 2020–August 2023). The choice between ELCA and RA was made at the operator's discretion, based on a comprehensive assessment of specific lesion characteristics. From 525 initially screened procedures, we identified 89 patients with CTO exhibiting device-uncrossable or balloon-undilatable lesions. Ultimately, 75 eligible patients were included in this study. The inclusion and exclusion process of the study subjects was detailed in Figure 1. The inclusion criteria for this study

Abbreviations

CTO, chronic total occlusions; PCI, percutaneous coronary intervention; RA, rotational atherectomy; ELCA, excimer laser coronary atherectomy; MACCE, major adverse cardiovascular and cerebrovascular events; TVR, target vessel revascularization.

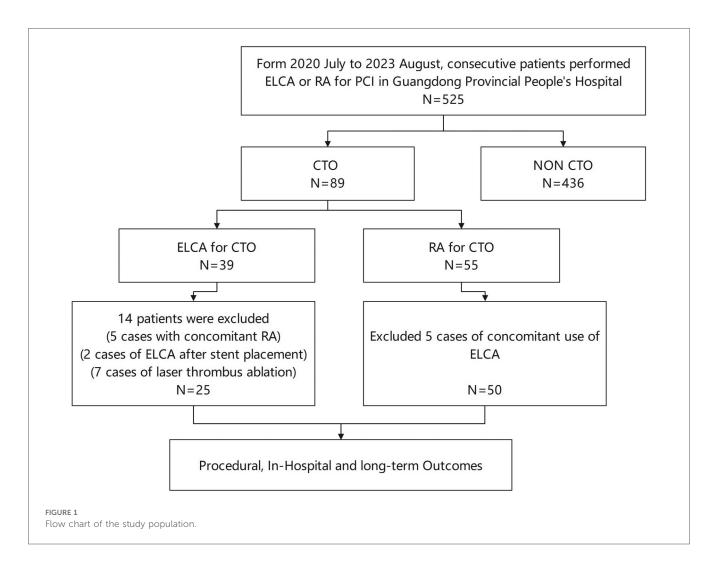
strictly adhered to the following points: (1) age ≥18 years; (2) CTO-PCI indications including angina symptoms and/or objective evidence of reversible myocardial ischemia (perfusion imaging/stress testing). The exclusion criteria were: (1) age >85 years or high bleeding risk contraindicating surgery; (2) contraindications to dual antiplatelet therapy; (3) history of radiation skin injury; (4) severe renal impairment without dialysis commitment. This study has been strictly approved by the Ethics Committee of Guangdong Provincial People's Hospital (approval number: KY2023-716-01), and in accordance with regulations, participants are not required to sign an informed consent form. Figure 2 presents representative cases of CTO-PCI, one performed with ELCA and the other with RA.

Definitions

A CTO was defined as a coronary artery occlusion with Thrombolysis in Myocardial Infarction (TIMI) flow grade 0 persisting for >3 months, as determined by symptom onset, documented myocardial infarction (MI) in the territory, or prior angiographic evidence. Lesion complexity was assessed using the Japanese CTO (J-CTO) score, with collateral circulation graded by the Werner classification (8). Moderate/severe calcification required clearly visible high-density shadows on angiography during both systolic and diastolic phases (9), while significant tortuosity was defined as ≥2 bends >70° or one bend >90° (10). The retrograde technique involved using specialized guidewires and microcatheters to approach the occlusion distally through collateral channels. Procedure time was measured from catheterization laboratory entry to exit. Technical success required successful stent/balloon delivery with <30% residual stenosis and TIMI 3 flow; procedural success additionally mandated absence of in-hospital MACCE, including death, periprocedural MI [Fourth Universal Definition (11)], urgent revascularization, pericardial drainage, surgical tamponade, or stroke. Follow-up MACCE comprised cardiovascular death, non-fatal MI, ischemia-driven revascularization, and stroke, with stent thrombosis defined by Academic Research Consortium criteria (12).

Excimer laser coronary angioplasty

ELCA was performed using the CVX-300 excimer laser system (Spectranetics Corporation, Colorado Springs, CO, USA), which operates at 308 nm wavelength with 135 ns pulse width and 165 mJ/pulse energy output (13). The Vitesse CTM laser atherectomy catheter (diameter range: 0.9-1.7 mm) was selected based on angiography or intracoronary imaging, maintaining a catheter-to-vessel diameter ratio of 0.67 ± 0.21 . All procedures employed saline-flush technique: (1) pre-irrigation with 0.9% saline to clear contrast media; (2) bolus injection of 5-10 ml saline before each laser activation; (3) continuous saline infusion (1 ml/s) during lasing. The catheter was advanced at 0.5-1 mm/s with pulsed activation (≤ 10 s/pulse, ≥ 5 s intervals) at energy densities of 35-80 mJ/mm² and frequencies of 35-80 Hz.



Rotational atherectomy

RA was performed using the Rotablator system (Boston Scientific, Marlborough, MA, USA). Burr selection was based on vessel diameter and plaque burden, with diameters ranging from 1.25 to 1.75 mm, and the maximum burr size was confirmed by angiography or intracoronary imaging to ensure adequate debulking. The rotational speed was maintained at 170,000–180,000 rpm, increased to 200,000 rpm for severely calcified lesions when needed. Following RA, the rotational guidewire was exchanged for a working guidewire, followed by balloon angioplasty or stent implantation to optimize angiographic results and minimize residual stenosis.

Follow-up

Follow-up data were collected through outpatient visits, hospital admissions, or telephone interviews, with clinical documentation during each encounter. The primary endpoint was MACCE, defined as a composite of cardiovascular mortality, non-fatal MI, ischemia-driven target vessel revascularization (TVR), and stroke. All procedures followed the Declaration of Helsinki principles.

Statistical analysis

Continuous variables with normal distribution were presented as mean \pm standard deviation and compared using Student's t-test, while non-normally distributed variables were expressed as median (interquartile range) and analyzed with Mann–Whitney U-test. Categorical variables were reported as frequencies (%) and compared using χ^2 or Fisher's exact tests. Time-to-event outcomes were assessed using Kaplan–Meier methodology (log-rank test) and Cox proportional hazards models with adjustment for key clinical confounders. A two-tailed p < 0.05 was considered statistically significant. All analyses were conducted using MedCalc (v14.12.0, Ostend, Belgium).

Results

Baseline clinical characteristics

Seventy-five consecutive patients undergoing PCI for CTO were treated with either ELCA (n = 25) or RA (n = 50). Baseline characteristics were well-balanced between groups (Table 1), with no significant differences in mean age (ELCA:

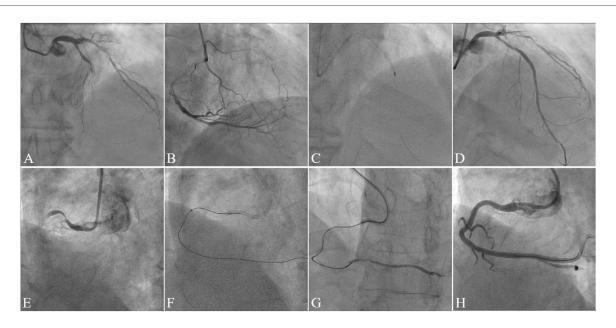


FIGURE 2
Case illustrations of CTO-PCI with rotational atherectomy (RA) and excimer laser coronary atherectomy (ELCA). Case 1. (A) Preprocedural angiography demonstrating mid-to-distal left anterior descending artery (LAD) occlusion (TIMI 0 flow); (B) Right coronary artery (RCA) angiography showing collateral circulation supplying the distal LAD; (C) Rotational atherectomy (RA) performed after failed antegrade wiring and balloon uncrossability; (D) Final angiography post-stenting demonstrating restored patency (TIMI 3 flow). Case 2. (E) Preprocedural angiography revealing proximal RCA occlusion (TIMI 0 flow); (F) Excimer laser coronary atherectomy (ELCA) initiated after failed antegrade microcatheter advancement; (G) Post-ELCA microcatheter advancement to the distal RCA true lumen (confirmed by contrast injection); (H) Final angiography post-stenting showing optimal vessel reconstruction.

TABLE 1 Demographic data in patients treated with ELCA group and RA group.

3 - 1				
Variable	ELCA group (ELCA for CTO), N = 25	RA group (Rota for CTO), N = 50	p-value*	
Male, n (%)	22 (88)	39 (78)	0.463	
Age (years)	64.76 ± 9.42	67.22 ± 8.58	0.261	
BMI (kg/m²)	23.25 ± 2.29	24.44 ± 3.30	0.161	
Hypertension, n (%)	10 (40)	16 (32)	0.493	
Diabetes mellitus, n (%)	15 (60)	23 (46)	0.253	
Dyslipidemia, n (%)	5 (20)	5 (10)	0.401	
Current smoker, n (%)	12 (48)	16 (32)	0.177	
Family History of CAD, <i>n</i> (%)	0 (0)	4 (8)	0.364	
Prior MI, n (%)	6 (24)	15 (30)	0.585	
Prior PCI, n (%)	9 (36)	14 (28)	0.479	
Prior CABG, n (%)	0 (0)	1 (2)	>0.999	
Serum creatinine, µmol/	85.60	79.68	0.551	
L	(71.00,112.26)	(66.39,108.48)		
Baseline LVEF (%)	54.00 ± 14.25	54.67 ± 11.99	0.844	
HDL-chol, mg/dl	0.96 ± 0.26	0.95 ± 0.19	0.788	
LDL-chol, mg/dl	2.43 ± 0.95	2.33 ± 0.79	0.620	

BMI, body mass index; MI, myocardial infarction; PCI, percutaneous coronary intervention; CABG, coronary artery bypass grafting; LVEF, left ventricular ejection fraction; HDL, high-density lipoprotein; LDL, low-density lipoprotein; ELCA, excimer laser coronary angioplasty; RA, rotational atherectomy; CTO, chronic total occlusion. $^*p < 0.05$ is considered significant.

 64.76 ± 9.42 vs. RA: 67.22 ± 8.58 years), comorbidities (hypertension: 68% vs. 72%; dyslipidemia: 52% vs. 58%; diabetes mellitus: 36% vs. 2%), smoking status (28% vs. 34%), or prior

revascularization [PCI: 24% vs. 30%; coronary artery bypass grafting (CABG): 8% vs. 6%] (all p > 0.05). Serum creatinine (1.12 \pm 0.31 vs. 1.08 \pm 0.28 mg/dl) and left ventricular ejection fraction (LVEF) (52.4 \pm 8.7% vs. 53.1 \pm 9.2%) were also comparable.

Angiographic characteristics

Angiographic characteristics of coronary artery lesions are compared in Table 2. Significant differences were observed between the groups in several parameters. The proportion of lesions longer than 20 mm was significantly higher in the ELCA group (56% vs. 30%, p = 0.044). CTO caused by in-stent restenosis (ISR-CTO) were more prevalent in the ELCA group (20% vs. 2%, p = 0.024). Most notably, moderate/severe calcification was significantly more frequent in the RA group (76% vs. 48%, p = 0.020). Lesion complexity assessed by J-CTO score was comparable between groups $(1.88 \pm 1.2 \text{ vs. } 1.86 \pm 0.9,$ p = 0.942), as was moderate/severe tortuosity (28% vs. 12%, p = 0.161). Although the distribution of CTO target vessels did not differ significantly between groups, the RA group showed a numerically higher rate of prior failed CTO-PCI (20% vs. 4%, p = 0.134). Both groups had high and comparable rates of collateral circulation and multivessel disease. No significant differences were observed in the distribution of target vessels or lesion locations between the two groups.

TABLE 2 Angiographic characteristics.

Variable	ELCA group RA Group (ELCA for CTO), N = 25 N = 50		p- value*
Vessels			0.337
LAD, n (%)	11 (44)	30 (60)	
LCX, n (%)	1 (4)	3 (6)	
RCA, n (%)	13 (52)	17 (34)	
Location			0.475
Ostial, n (%)	2 (8)	3 (6)	
Proximal, n (%)	14 (56)	20 (40)	
Middle, n (%)	9 (36)	26 (52)	
Distal, n (%)	0 (0)	1 (2)	
Multivessel, n (%)	17 (68)	17 (68) 32 (64)	
Blunt stump, n (%)	9 (36)	19 (38)	>0.999
Collateral circulation, n (%)	21 (84)	41 (82)	>0.999
ISR-CTO, n (%)	5 (20)	1 (2)	0.024
Lesion length >20 mm, n (%)	14 (56)	15 (30)	0.044
Prior failed CTO-PCI, n (%)	1 (4)	10 (20)	0.134
Moderate/severe calcification, <i>n</i> (%)	12 (48)	38 (76)	0.020
Moderate/severe tortuosity, n (%)	7 (28)	6 (12)	0.161
J-CTO score	1.88 ± 1.2	1.86 ± 0.9	0.942

LAD, left anterior descending artery; LCX, left circumflex artery; RCA, right coronary artery; CTO, chronic total occlusion; PCI, percutaneous coronary intervention; ISR, instent restenosis; ELCA, excimer laser coronary angioplasty; RA, rotational atherectomy. $^*p < 0.05$ is considered significant.

Procedural characteristics

Table 3 summarizes the procedural characteristics of both groups. During guidewire crossing of occluded lesions, severe plaque burden frequently prevented device advancement (microcatheters or balloons), with significantly higher devicecrossing failure rates observed in the ELCA group compared to the RA group prior to atherectomy (72% vs. 48%, p = 0.048). The two groups demonstrated comparable numbers of balloons used for pre-dilation $(5.76 \pm 3.11 \text{ vs. } 5.90 \pm 2.48, p = 0.846)$ and achieved similar maximum pre-dilation pressures $(15.52 \pm 3.4 \text{ atm vs.})$ 15.73 ± 4.3 atm, p = 0.845). Post-stent dilation pressures were also equivalent $(19.10 \pm 4.56 \text{ atm vs. } 21.24 \pm 3.69 \text{ atm, } p = 0.053).$ Intravascular ultrasound (IVUS) or optical coherence tomography (OCT) guidance was frequently used in both groups, with comparable utilization rates between the ELCA and RA groups (44% vs. 40%, p = 0.740). Both groups required implantation of comparable numbers of stents $(2.5 \pm 0.9 \text{ vs. } 2.3 \pm 0.8)$ with similar total stent lengths (72.8 \pm 35.6 vs. 68.4 \pm 26.4 mm; all p > 0.05). No significant differences were observed in technical success (88% vs. 96%, p = 0.413) or procedural success rates (84% vs. 90%, p = 0.706) between the two groups. Fluoroscopy time, total procedure duration, and radiation dose were marginally higher in the ELCA group compared to the RA group, although without statistical significance. Total procedural costs were significantly higher in the ELCA group (US\$11,147.48 \pm 2,334.89 vs. US\$9,266.65 \pm 2,711.36; p = 0.007), while device-excluded costs showed no significant difference (US\$6,433.19 \pm 2,334.89 vs. US\$7,291.65 \pm 2,711.36; p = 0.210).

Procedural complications and in-hospital outcomes

Table 4 summarizes procedural complications and in-hospital outcomes. No significant difference in major procedural complications was observed between groups (ELCA 24% vs. RA 16%, p = 0.600). However, the ELCA group showed a higher incidence of acute slow/no-reflow phenomena (12% vs. 0%, p = 0.061), while coronary perforation with cardiac tamponade occurred exclusively in the RA group (4% vs. 0%, p = 0.550), including one case requiring emergent pericardiocentesis followed by coil embolization. Two in-hospital deaths (multi-organ failure) occurred in the ELCA group, both adjudicated as unrelated to the laser procedure. No in-hospital mortality was observed in the RA group, though one patient required implantable cardioverter-defibrillator (ICD) implantation for recurrent ventricular tachycardia before discharge.

Clinical outcomes during follow-up

The clinical outcomes during follow-up are presented in Table 5. Patients with procedural failure were excluded from analysis, with the remaining cohort (follow-up rate: 88%) followed for a median of 16 months (IQR 12–26) in the ELCA group vs. 18 months (IQR 13.5–25.5) in the RA group. No significant between-group differences were observed in MACCE, cardiac rehospitalization, or all-cause mortality (all p > 0.05). No cardiac deaths occurred in either group. Non-cardiac deaths in the RA group (n = 3) included acute alcohol poisoning, complications of end-stage diabetes mellitus, and one undetermined cause. In the ELCA group, two stroke cases (lacunar infarction and brainstem infarction) were managed medically without residual disability. The RA group had one case of gastrointestinal bleeding (1-month post-PCI), potentially attributable to antiplatelet therapy, which resolved with hospitalization.

Cox proportional hazards regression models were used to assess the association between atherectomy modality (ELCA vs. RA) and clinical outcomes, with adjustment for baseline covariates (moderate/severe calcification, lesion length >20 mm, ISR-CTO, and diabetes mellitus). As detailed in Table 6, the adjusted analysis demonstrated no increased risk of MACCE with ELCA vs. RA (adjusted HR 1.53, 95% CI 0.35–6.65, p=0.569). Similarly, adjusted models showed no significant differences in cardiac rehospitalization (HR 1.39, 95% CI 0.33–5.84, p=0.653), recurrent angina (HR 0.78, 95% CI 0.09–6.87, p=0.824), recurrent MI (p=0.742), or TVR (p=0.754).

Figure 3 displays unadjusted Kaplan–Meier curves comparing event-free survival between ELCA and RA after CTO-PCI. Over a median follow-up of 17.5 months (IQR 13–25.25), MACCE-free survival did not differ significantly between groups ($\chi^2 = 0.41$, p = 0.523). Stroke-free survival showed a nominal difference

TABLE 3 Lesion characteristics and procedure details in patients treated with ELCA group and RA group.

Variable	ELCA group (ELCA for CTO), N = 25	RA group (Rota for CTO), N = 50), p-value*	
Access site			0.729	
Single radial access, n (%)	16 (64)	34 (68)		
Any femoral access, n (%)	9 (36)	16 (32)		
Guide size			0.509	
6F, n (%)	12 (48)	20 (40)		
7F, n (%)	13 (52)	30 (60)		
Failed to cross, n (%)	18 (72)	24 (48)	0.048	
Failed to expand, n (%)	1 (4)	2 (4)	>0.999	
TIMI >II flow post PCI, n (%)	22 (88)	49 (98)	0.203	
IVUS/OCT used, n (%)	11 (44)	20 (40)	0.740	
Largest burr used (mm)				
1.25, n (%)	-	22 (44)		
1.50, n (%)	-	27 (54)		
1.70, n (%)	-	1 (2)		
Largest laser catheter used (mm)				
0.9, n (%)	15 (60)	_		
1.4, n (%)	5 (20)	-	_	
1.7, n (%)	5 (20)	_		
Cutting balloons or double-coated balloons, n (%)	9 (36)	22 (44)	0.507	
Total fluoroscopy time (min)	60.47 ± 32.30	54.36 ± 36.40	0.547	
Total procedure time (min)	153.16 ± 58.75	139.30 ± 62.48	0.359	
AK (Gy)	2.65 (1.66,3.04)	2.06 (1.15,3.40)	0.206	
Mean stent numbers	2.53 ± 0.94	2.28 ± 0.78	0.296	
Total stent length (mm)	72.76 ± 35.55	68.39 ± 26.38	0.598	
Procedural costs (USD)	11,147.48 ± 2,334.89	9,266.65 ± 2,711.36	0.007	
Device-excluded costs (USD)	6,433.19 ± 2,334.89	7,291.65 ± 2,711.36	0.210	
Number of balloons	5.76 ± 3.11	5.90 ± 2.48	0.846	
Balloon diameter pre-dilatation, mm	2.20 ± 0.37	2.44 ± 0.37	0.011	
Maximum inflation pressure pre-dilatation, atm	15.52 ± 3.40	15.73 ± 4.30	0.845	
Balloon diameter post-dilatation, mm	3.46 ± 0.56	3.36 ± 0.56	0.512	
Maximum inflation pressure pro-dilatation, atm	19.10 ± 4.56	21.24 ± 3.69	0.053	
CTO technique			0.203	
Antegrade, n (%)	22 (88)	49 (98)		
Retrograde, <i>n</i> (%)	3 (12)	1 (2)		
Technical success, n (%)	22 (88)	48 (96%)	0.413	
Procedural success, n (%)	21 (84)	45 (90%)	0.706	
Contrast volume (ml)	138.40 ± 50.80	137.80 ± 49.99	0.961	

TIMI, thrombolysis in myocardial infarction; IVUS, intravascular ultrasound; OCT, optical coherence tomography; AK, air kerma; PTCA, percutaneous transluminal coronary angioplasty; PCI, percutaneous coronary intervention; CTO, chronic total occlusion; ELCA, excimer laser coronary angioplasty; RA, rotational atherectomy.

*p < 0.05 is considered significant.

 $(\chi^2=4.12,\ p=0.042)$, with two stroke events in the ELCA group (lacunar infarction at 13 months and brainstem infarction at 25 months post-PCI), both managed medically without residual deficits, vs. no strokes in the RA group. One RA patient developed target vessel-related acute inferior wall MI at 12 months (successfully treated with PCI), though MI-free survival demonstrated no intergroup difference ($\chi^2=0.46,\ p=0.496$). TVR-free survival rates declined comparably from 100% to 85.1% (ELCA) and 81.4% (RA) ($\chi^2=0.02,\ p=0.901$).

Discussion

As the first comparative analysis of ELCA and RA for CTO-PCI in a Chinese population, our study reveals comparable procedural success rates between ELCA and RA in CTO-PCI,

with RA preferentially utilized for moderate/severe calcification (p = 0.020), while ELCA dominated in longer lesions (p = 0.044) and ISR-CTO cases (p = 0.024). Despite complex lesion morphology (multivessel disease prevalence >60%), both techniques showed similar safety profiles, including in-hospital complications, stroke, MI, MACCE, and long-term survival, both confirmed by Kaplan–Meier analysis (Figure 3) and adjusted Cox models (Table 6).

In CTO-PCI, balloon uncrossable and undilatable lesions are challenging, accounting for 9% and 2% of failures, respectively, often due to severe calcification or poor plaque compliance (14). Both RA and ELCA are widely used to address these issues, with RA being the primary tool for debulking calcified lesions, whereas ELCA is particularly efficacious in treating device-uncrossable CTO lesions. However, each technique has distinct complication profiles: The higher incidence of transient slow/

TABLE 4 Incidence of in-procedure complications in patients treated with ELCA group and RA group.

Variable	ELCA group (ELCA for CTO), N = 25	RA group (Rota for CTO), <i>N</i> = 50	p- value*		
Procedural complications, <i>n</i> (%)	6 (24)	8 (16)	0.600		
Acute slow/no reflow, n (%)	3 (12)	0 (0)	0.061		
Coronary artery perforation, n (%)	0 (0)	2 (4)	0.550		
Acute heart failure, n (%)	0 (0)	0 (0) 0 (0)			
Ventricular tachycardia, n (%)	0 (0)	1 (2)	>0.999		
Emergent CABG, n (%)	0 (0)	0 (0)	-		
Covered stent implantation, <i>n</i> (%)	0 (0)	0 (0)	-		
Stent thrombosis, n (%)	0 (0)	0 (0) 0 (0)			
In-hospital MACCE, n (%)	2 (8)	1 (2)	0.532		
Death, n (%)	2 (8)	0 (0)	0.108		
Periprocedural MI, n (%)	0 (0)	0 (0)	-		
TVR, n (%)	0 (0)	0 (0) 0 (0)			
Stroke, n (%)	1 (4) 1 (2)		>0.999		
Cardiac tamponade, n (%)	0 (0)	2 (4)	0.550		
Pericardiocentesis, n (%)	0(0)	1(2)	>0.999		

CABG, coronary artery bypass grafting; MACCE, major adverse cardiovascular and cerebrovascular events; MI, myocardial infarction; ELCA, excimer laser coronary angioplasty; RA, rotational atherectomy; CTO, chronic total occlusion; TVR, target vessel revascularization.

no-reflow with ELCA (12% vs. 0%, p = 0.061) may be partially attributable to its photomechanical mechanism: ultraviolet laserinduced acoustic waves fragment plaque into microparticles, with inadequate saline flushing potentially contributing to microvascular embolization (15), while RA incurred two perforations (4%) potentially attributable to severe calcification (76% vs. 48% in ELCA). Our RA outcomes align with Safian et al.'s evidence that smaller burrs (1.25-1.50 mm in 98% of cases) reduce vascular complications vs. larger burrs (5.1% vs. 12.7%, p < 0.05) (16). Although no risk stratification using the Thrombolysis in Myocardial Infarction Risk Score for Secondary Prevention (TRS 2°P) was performed (17), all patients received standardized post-procedural dual antiplatelet therapy (DAPT), and Both techniques achieved benchmark success rates (RA 96% vs. ELCA 88%), consistent with Juan et al.'s multicenter ELCA data (91% overall success) (18) and French registry RA outcomes (19). These findings validate lesion-specific utility— RA for calcified niches, ELCA for ISR-CTO/long lesions requiring wire preservation-while emphasizing proactive risk mitigation (saline flushing for ELCA, burr-size optimization for RA) (20, 21). In clinical practice, selecting the appropriate technique based on lesion characteristics and optimizing procedural strategies can enhance procedural safety and efficacy.

Prior studies have consistently demonstrated that plaque modification techniques prolong procedural metrics in CTO-

TABLE 5 Clinical outcomes on follow-up.

Variable	ELCA group (ELCA for (Rota for CTO), N = 21 CTO), N = 45		p- value*
MACCE, n (%)	4 (19)	6 (13.3)	0.815
Cardiac death, n (%)	0 (0)	0 (0)	-
TVR, n (%)	2 (9.5)	5 (11.1)	>0.999
MI, n (%)	0 (0)	1 (2.2)	>0.999
Stroke, n (%)	2 (9.5)	0 (0)	0.098
Heart failure, n (%)	1 (4.8)	3 (6.7)	>0.999
Angina, n (%)	2 (9.5)	4 (8.9)	>0.999
Kidney failure, n (%)	0 (0)	2 (4.4)	>0.999
Ventricular tachycardia, n (%)	0 (0)	0 (0)	-
Cardiac rehospitalization, n (%)	4 (19)	8 (17.8)	>0.999
Gastrointestinal hemorrhage, n (%)	0 (0)	1 (2.2)	>0.999
All-cause mortality, n (%)	0 (0)	0 (0)	_
Mortality from other causes, n (%)	0 (0)	3 (6.7)	0.546
Poor medication adherence, <i>n</i> (%)	1 (4.8)	3 (6)	>0.999
Lost to follow-up, n (%)	1(4.8)	1(2.2)	0.538

MACCE, major adverse cardiac and cerebral events; TVR, target vessel revascularization; MI, myocardial infarction; ISR, in-stent restenosis; ELCA, excimer laser coronary angioplasty; CTO, chronic total occlusion; RA, rotational atherectomy.

*p < 0.05 is considered significant.

PCI. Karacsonyi et al. reported significantly longer procedure times (169 vs. 130 min) and fluoroscopy times (64 vs. 50 min) with ELCA in 752 CTO lesions (5). Similarly, Ayoub et al. observed that RA extended procedure duration (127 vs. 81 min), fluoroscopy time (54 vs. 35 min), and radiation dose (12,881 vs. 9,710 cGy·cm², p < 0.001) compared to non-RA cases (22). In our cohort, both ELCA and RA increased procedural duration and radiation exposure compared to conventional PCI—a pattern consistent with prior studies (23) —though inter-device differences were non-significant (p > 0.05). This aligns with the inherent technical complexity of atherectomy, requiring meticulous lesion preparation under prolonged imaging guidance.

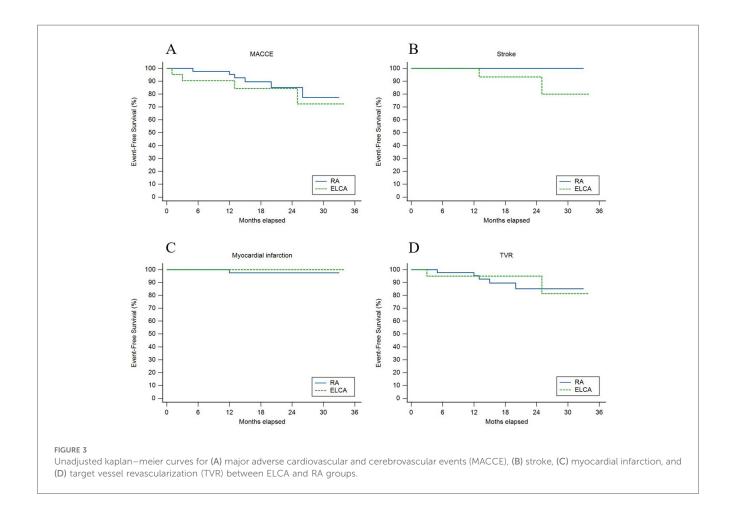
In China, RA and ELCA currently rely on imported devices, resulting in high equipment costs. In our study, laser catheters accounted for 46.87% of ELCA procedural costs, while RA burr systems represented 26.82% of total expenses. Although ELCA's overall procedural cost exceeded RA, device-excluded costs showed no significant difference (p = 0.210). Current challenges stem from limited reimbursement coverage for atherectomy under China's national health insurance system and regional policy disparities. Future cost reductions through device localization [prioritized in China's "14th Five-Year Plan" (24)]— a critical concern for most hospitals globally as evidenced by international comparative cost analyses (25)—and optimized reimbursement policies could expand accessibility, enabling broader clinical adoption to benefit patients.

^{*}p < 0.05 is considered significant.

TABLE 6 The hazard ratio of clinical outcomes during follow-up was compared between ELCA group and RA group.

Variable	Unadjusted		Adjusted			
	HR	95%CI	p-value*	HR	95%CI	p-value*
MACCE rate	1.51	0.42-5.35	0.526	1.53	0.35-6.65	0.569
TVR rate	0.90	0.17-4.66	0.901	1.33	0.23-7.81	0.754
MI rate	-	-	0.690	_	-	0.742
Stroke rate	-	-	0.435	-	-	0.850
Heart failure rate	0.77	0.08-7.45	0.824	1.13	0.11-12.14	0.921
Angina rate	1.14	0.21-6.23	0.883	0.78	0.09-6.87	0.824
Kidney failure rate	-	-	0.620	-	-	0.898
Cardiac rehospitalization rate	0.94	0.25-3.55	0.924	1.39	0.33-5.84	0.653

HR, hazard ratio; CI, confidence interval; MACCE, major adverse cardiac and cerebral events; TVR, target-vessel revascularization; MI, myocardial infarction. *p < 0.05 is considered significant.



During a median follow-up of 17.5 months, both ELCA and RA demonstrated comparable rates of TVR (9.5% vs. 11.1%, p = 0.754) and MACCE (19% vs. 13.3%, p = 0.569), with no cardiac deaths observed. These findings align with Ojeda et al.'s multicenter ELCA study (TVR 11.9% at 14 months) (26), confirming the long-term safety of both techniques. Notably, two stroke events occurred in the ELCA group (9.5% vs. 0%, p = 0.098): one lacunar infarction in a noncompliant smoker at 2 months post-PCI, and one brainstem infarction at 25 months without residual deficits. Both cases were adjudicated as unrelated to the procedure, consistent with prior ELCA studies

showing no increased late stroke risk (27). Cox regression adjusting for key anatomical and metabolic confounders (moderate/severe calcification, lesion length >20 mm, ISR-CTO, diabetes mellitus) revealed no MACCE difference between ELCA and RA (adjusted HR 1.53, 95% CI 0.35–6.65, p = 0.569), mirroring independent reports that neither RA nor ELCA independently elevate MACCE risk (28, 29).

This study provides the first comparative analysis of ELCA and RA in CTO percutaneous coronary intervention, specifically assessing procedural success, complication rates, and mid-term outcomes. A major strength lies in its focus on device-

uncrossable CTOs with ambiguous true lumen confirmation, demonstrating that both techniques can be performed with acceptable and controllable risks even in this high-risk setting. Additionally, the inclusion of a comparative cost analysis offers valuable practical insights for institutions adopting these techniques for CTO revascularization.

Several limitations warrant consideration. First, the singlecenter design and modest sample size (n = 75) may limit generalizability. post-hoc power analysis indicated insufficient statistical power (8.7%) to detect the observed 5.7% MACCE rate difference between ELCA and RA (19% vs. 13.3%), calculated using Cohen's h = 0.128 under $\alpha = 0.05$ two-tailed assumptions. While this raises concerns about Type II error, the non-significant p-value (0.569) and outcome rates aligning with multinational registries suggest clinical equipoise (4, 30). Second, non-randomized allocation introduced selection bias, as evidenced by RA's preferential use in calcified lesions (76% vs. 48%, p = 0.020). Although we adjusted for calcification severity in Cox models, unmeasured confounders (e.g., operator experience) may persist. Finally, the median 17.5-month followup precludes assessment of very late stent thrombosis—a critical endpoint requiring extended surveillance in CTO studies (31).

Conclusion

In this Chinese cohort, both ELCA and RA demonstrate comparable procedural success (88%–96%) and mid-term safety in balloon-uncrossable CTO lesions. ELCA provides a safe and effective alternative when RotaWireTM exchange is not feasible after successful CTO guidewire crossing, particularly for ISR-CTO or long lesions (>20 mm). Device selection should balance lesion morphology, institutional expertise, and cost considerations.

Data availability statement

The original contributions presented in the study are included in the article/Supplementary Material, further inquiries can be directed to the corresponding authors.

Ethics statement

The studies involving humans were approved by Guangdong Provincial People's Hospital (approval number: KY2023-716-01). The studies were conducted in accordance with the local legislation and institutional requirements. Written informed consent for participation was not required from the participants

or the participants' legal guardians/next of kin in accordance with the national legislation and institutional requirements.

Author contributions

LC: Writing – review & editing, Methodology, Software, Formal analysis, Writing – original draft, Data curation. ZH: Methodology, Writing – review & editing. QW: Writing – original draft, Data curation. HD: Software, Writing – original draft. MH: Writing – original draft, Supervision, Validation. YX: Investigation, Writing – original draft, Formal analysis. JW: Investigation, Formal analysis, Writing – original draft. YL: Supervision, Writing – review & editing. NX: Supervision, Writing – review & editing. YH: Validation, Supervision, Conceptualization, Project administration, Writing – review & editing.

Funding

The author(s) declare that no financial support was received for the research and/or publication of this article.

Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

Generative Al statement

The author(s) declare that no Generative AI was used in the creation of this manuscript.

Any alternative text (alt text) provided alongside figures in this article has been generated by Frontiers with the support of artificial intelligence and reasonable efforts have been made to ensure accuracy, including review by the authors wherever possible. If you identify any issue please contact us.

Publisher's note

All claims expressed in this article are solely those of the authors and do not necessarily represent those of their affiliated organizations, or those of the publisher, the editors and the reviewers. Any product that may be evaluated in this article, or claim that may be made by its manufacturer, is not guaranteed or endorsed by the publisher.

References

- 1. Suzuki Y, Tsuchikane E, Katoh O, Muramatsu T, Muto M, Kishi K, et al. Outcomes of percutaneous coronary interventions for chronic total occlusion performed by highly experienced Japanese specialists: the first report from the Japanese CTO-PCI expert registry. *JACC Cardiovasc Interv.* (2017) 10(21):2144–54. doi: 10.1016/j.jcin.2017.06.024
- 2. Karacsonyi J, Alaswad K, Choi J, Khatri J, Jaffer FA, Poomipanit P, et al. TCT CONNECT-230 the impact of Laser use on the outcomes of balloon uncrossable and balloon undilatable chronic total occlusion percutaneous coronary intervention. *J Am Coll Cardiol.* (2020) 76(17):B101-B2. doi: 10.1016/j.jacc.2020.09.246
- 3. Simsek B, Kostantinis S, Karacsonyi J, Alaswad K, Karmpaliotis D, Masoumi A, et al. Prevalence and outcomes of balloon undilatable chronic total occlusions: insights from the PROGRESS-CTO. *Int J Cardiol.* (2022) 362:42–6. doi: 10.1016/j. iicard.2022.04.057
- Tsai TC, Lo WJ, Chen WJ, Lai CH, Su CS, Chang WC, et al. Rotational atherectomy for chronically and totally occluded coronary lesions: a propensity score-matched outcomes study. Front Cardiovasc Med. (2022) 9:1061812. doi: 10. 3389/fcvm.2022.1061812
- 5. Karacsonyi J, Alaswad K, Choi JW, Vemmou E, Nikolakopoulos I, Poommipanit P, et al. Laser for balloon uncrossable and undilatable chronic total occlusion interventions. *Int J Cardiol.* (2021) 336:33–7. doi: 10.1016/j.ijcard.2021.05.015
- Chinese Society of Cardiology, Chinese Medical Association. Chinese experts consensus on the application of percutaneous antegrade techniques for recanalizing chronic total occlusion (CTO). Chin J Cardiol. (2023) 51(1):3–18. doi: 10.3760/ cma.j.cn112148-20220426-00310
- 7. Chinese Society of Cardiology, Chinese Medical Association. Expert consensus on the application of PCI retrograde techniques for recanalizing complex coronary chronic total occlusion. *Chin J Cardiol.* (2024) 52(12):1353–67. Chinese. doi: 10. 3760/cma.j.cn112148-20240430-00233
- 8. Morino Y, Abe M, Morimoto T, Kimura T, Hayashi Y, Muramatsu T, et al. Predicting successful guidewire crossing through chronic total occlusion of native coronary lesions within 30 min: the J-CTO (multicenter CTO registry in Japan) score as a difficulty grading and time assessment tool. *JACC Cardiovasc Interv.* (2011) 4(2):213–21. doi: 10.1016/j.jcin.2010.09.024
- 9. Wang W, Huo Y, Ge J. Chinese expert consensus on the diagnosis and treatment of coronary artery calcification lesions (2021 version). *Chin J Interv Cardiol.* (2021) 29 (5):251–9. In Chinese. doi: 10.3969/j.issn.1004-8812.2021.05.002
- 10. Gorgulu S, Kostantinis S, ElGuindy AM, Abi Rafeh N, Simsek B, Rempakos A, et al. Contemporary in-hospital outcomes of chronic total occlusion percutaneous coronary interventions: insights from the MENATA (Middle East, north Africa, Turkey, and Asia) chapter of the PROGRESS-CTO registry. *Am J Cardiol.* (2023) 206:221–9. doi: 10.1016/j.amjcard.2023.08.103
- 11. Hartikainen TS, Sörensen NA, Haller PM, Goßling A, Lehmacher J, Zeller T, et al. Clinical application of the 4th universal definition of myocardial infarction. *Eur Heart J.* (2020) 41(23):2209–16. doi: 10.1093/eurheartj/ehaa035
- 12. Cutlip DE, Windecker S, Mehran R, Boam A, Cohen DJ, van Es GA, et al. Clinical end points in coronary stent trials: a case for standardized definitions. *Circulation*. (2007) 115(17):2344–51. doi: 10.1161/CIRCULATIONAHA.106.685313
- 13. Egred M, Brilakis ES. Excimer Laser coronary angioplasty (ELCA): fundamentals, mechanism of action, and clinical applications. *J Invasive Cardiol*. (2020) 32(2):E27–e35. doi: 10.25270/jic/19.00325
- 14. Stone GW, Kandzari DE, Mehran R, Colombo A, Schwartz RS, Bailey S, et al. Percutaneous recanalization of chronically occluded coronary arteries: a consensus document: part I. *Circulation*. (2005) 112(15):2364–72. doi: 10.1161/CIRCULATIONAHA.104.481283
- 15. He P, Chen H, Yang J, Gao L, Guo J, Chen Y, et al. The efficacy of an intracoronary cocktail administration in preventing no-reflow during excimer laser coronary angioplasty in patients with in-stent restenosis: a pilot study. (ELCA-cocktail study). *Int J Cardiol.* (2025) 419:132666. doi: 10.1016/j.ijcard.2024.132666
- 16. Safian RD, Feldman T, Muller DW, Mason D, Schreiber T, Haik B, et al. Coronary angioplasty and rotablator atherectomy trial (CARAT): immediate and

late results of a prospective multicenter randomized trial. Catheter Cardiovasc Interv. (2001) 53(2):213-20. doi: 10.1002/ccd.1151

- 17. Yoshizaki T, Nakamura T, Horikoshi T, Watanabe Y, Kobayashi T, Saito Y, et al. Impact of atherothrombotic risk stratification in patients with heavily calcified lesions following rotational atherectomy. *J Cardiol.* (2024) 83(1):37–43. doi: 10.1016/j.jjcc.2023.07.013
- 18. Fernandez JP, Hobson AR, McKenzie D, Shah N, Sinha MK, Wells TA, et al. Beyond the balloon: excimer coronary laser atherectomy used alone or in combination with rotational atherectomy in the treatment of chronic total occlusions, non-crossable and non-expansible coronary lesions. *EuroIntervention*. (2013) 9(2):243–50. doi: 10.4244/EIJV9I2A40
- 19. Seret DG, Perier DM, Corcos DT, Angoulvant PD, Decomis DMP, Marcollet DP, et al. Focus on high speed rotational atherectomy by rotablator in 2021 and datas from France PCI registry. *Ann Cardiol Angeiol (Paris)*. (2021) 70(6):435–45. doi: 10.1016/j.ancard.2021.10.002
- 20. Levi Y, Lavi S, Solomonica A, Israeli Z, Bagur R. Small-size vs large-size burr for rotational atherectomy. *J Invasive Cardiol*. (2019) 31(6):183–6. doi: 10.25270/jic/19. 00007
- 21. Case BC, Bazarbashi N, Johnson A, Rogers T, Ben-Dor I, Satler LF, et al. A novel approach to saline/contrast delivery in excimer laser coronary atherectomy (ELCA) to enhance efficacy: MAXCon ELCA technique. *Catheter Cardiovasc Interv.* (2024) 103(6):917–23. doi: 10.1002/ccd.31037
- 22. Ayoub M, Corpataux N, Behnes M, Schupp T, Forner J, Akin I, et al. Safety and efficiency of rotational atherectomy in chronic total coronary occlusion-one-year clinical outcomes of an observational registry. *J Clin Med.* (2023) 12(10):3510. doi: 10. 3390/jcm12103510
- 23. Yamamoto K, Sakakura K, Hamamoto K, Hasegawa H, Tsukui T, Seguchi M, et al. Determinants of greater peak radiation skin dose in percutaneous coronary intervention for chronic total occlusion. *J Cardiol.* (2020) 76(2):217–23. doi: 10.1016/j.jjcc.2020.02.021
- 24. National Health Commission of the People's Republic of China. The 14th five-year plan for scientific and technological innovation in the health sector (2021). In Chinese. Available online at: http://www.gov.cn/zhengce/zhengceku/2021-10/18/content_5643562.htm (Accessed June 01, 2025).
- 25. Takura T, Komuro I, Ono M. Trends in the cost-effectiveness level of percutaneous coronary intervention: macro socioeconomic analysis and health technology assessment. *J Cardiol.* (2023) 81(4):356–63. doi: 10.1016/j.jjcc.2022.09.011
- 26. Ojeda S, Azzalini L, Suárez de Lezo J, Johal GS, González R, Barman N, et al. Excimer laser coronary atherectomy for uncrossable coronary lesions. A multicenter registry. *Catheter Cardiovasc Interv.* (2021) 98(7):1241–9. doi: 10.1002/ccd.29392
- 27. Azzalini L, Carlino M, Bellini B, Marini C, Pazzanese V, Toscano E, et al. Long-Term outcomes of chronic total occlusion recanalization versus percutaneous coronary intervention for Complex non-occlusive coronary artery disease. *Am J Cardiol.* (2020) 125(2):182–8. doi: 10.1016/j.amjcard.2019.10.034
- 28. Nishino M, Mori N, Takiuchi S, Shishikura D, Doi N, Kataoka T, et al. Indications and outcomes of excimer laser coronary atherectomy: efficacy and safety for thrombotic lesions-the ULTRAMAN registry. *J Cardiol.* (2017) 69(1):314–9. doi: 10.1016/j.jjcc.2016.05.018
- 29. Wang J, Huang J, Yakubu AS, Wu K, Huang Z, Zhong Z, et al. Safety and feasibility of rotational atherectomy for retrograde recanalization of chronically occluded coronary arteries. *Front Cardiovasc Med.* (2022) 9:854757. doi: 10.3389/fcvm.2022.854757
- 30. Tajti P, Karmpaliotis D, Alaswad K, Jaffer FA, Yeh RW, Patel M, et al. The hybrid approach to chronic total occlusion percutaneous coronary intervention: update from the PROGRESS CTO registry. *JACC Cardiovasc Interv.* (2018) 11(14):1325–35. doi: 10.1016/j.jcin.2018.02.036
- 31. Ishihara T, Okada K, Kida H, Tsujimura T, Iida O, Okuno S, et al. Long-term outcomes and clinical predictors of mortality following occurrence of stent thrombosis. *J Am Heart Assoc.* (2022) 11(7):e023276. doi: 10.1161/JAHA.121.02327